



WEEK 3

### Classic Favourites

MONDAY



### SOUTHERN STYLE

TUESDAY



### Great British Roast

WEDNESDAY



### <CURRY

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

#### BBQ CHICKEN FAJITA

Vegetable Rice

#### BEEF & TOMATO RAGOUT

Pasta

#### LEMON & THYME ROAST CHICKEN DINNER

Roast Potatoes, Gravy

#### CHICKEN KORMA

Rice

#### CHIP SHOP 'FRYDAY' FISH/PIZZA/SAUSAGE OR SALMON FISHCAKES

Chips

VEGETARIAN MEAL

#### FALAFEL & VEGETABLE FAJITA

Vegetable Rice

#### PLANT BASED RAGOUT

Pasta

#### ROAST BEETROOT, ONION & GOATS CHEESE PUFF PASTRY

#### SQUASH, CHICKPEA & SPINACH KORMA

Rice

#### VEGAN ONION BHAJI BURGER

Chips

VEGETABLE

#### SPICED SLAW

#### SALAD

#### SEASONAL VEGETABLES MIXED SALAD

#### ONION SALAD

#### PEAS SLAW

PASTA POTS

#### TOMATO & BASIL

#### CHEF SPECIAL

#### TOMATO & BASIL

#### CHEF SPECIAL

#### TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT

#### APPLE & BERRY PIE

Custard

#### WARM CHOCOLATE BROWNIE

Chocolate Sauce

#### LEMON SPONGE

Custard

#### SPICED APPLE SPONGE

Cinnamon Custard

#### PEAR & COCOA SPONGE

Custard

FRUIT

SELECTION OF FRUIT AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

	 <b>WEEK 1</b>	<b>Classic Favourites</b> <b>MONDAY</b> 	<b>SOUTHERN STYLE</b> <b>TUESDAY</b> 	<b>Great British Roast</b> <b>WEDNESDAY</b> 	<b>CURRY</b> <b>THURSDAY</b> 	<b>Fish &amp; Chips</b> <b>FRIDAY</b> 
<b>MAIN MEAL</b>		<b>CHICKEN STROGANOFF</b> Rice	<b>BEEF LASAGNE</b> Homemade Garlic Bread	<b>SALT &amp; PEPPER ROAST CHICKEN LEG</b> Potatoes, Gravy	<b>CHICKEN DOPIAZA</b> Rice	<b>CHIP SHOP 'FRYDAY' FISH/PIZZA/SAUSAGE OR SALMON FISHCAKES</b> Chips
<b>VEGETARIAN MEAL</b>		<b>MUSHROOM STROGANOFF</b> Rice	<b>VEGETABLE &amp; BEAN LASAGNE</b> Homemade Garlic Bread	<b>MACARONI CHEESE</b>	<b>PANEER &amp; CHICKPEA CURRY</b> Rice	<b>CHIPOTLE QUORN TORTILLA</b> Chips
<b>VEGETABLE</b>		<b>STEAMED BROCCOLI</b>	<b>GARDEN SALAD</b>	<b>SEASONAL VEGETABLES MIXED SALAD</b>	<b>CORIANDER &amp; ONION SALAD</b>	<b>TOMATO SALSA PEAS</b>
<b>PASTA POTS</b>						
		<b>TOMATO &amp; BASIL</b>	<b>CHEF SPECIAL</b>	<b>TOMATO &amp; BASIL</b>	<b>CHEF SPECIAL</b>	<b>TOMATO &amp; BASIL</b>
<b>JACKET POTATO</b>		<b>TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS</b>				
<b>DESSERT</b>		<b>BERRY &amp; APPLE CRUMBLE</b> Custard	<b>CORNFLAKE CRISPY CAKE</b>	<b>PEAR &amp; COCOA SPONGE</b> Custard	<b>APPLE &amp; CHOCOLATE PINWHEEL</b>	<b>CHEF SPECIAL</b>
<b>FRUIT</b>		<b>SELECTION OF FRUIT DAILY</b>				
<b>YOGHURT POTS</b>		<b>SELECTION OF YOGHURT POTS DAILY</b>				



**WEEK 2**

**Classic Favourites**  
MONDAY 

**SOUTHERN STYLE**  
TUESDAY 

**Great British Roast**  
WEDNESDAY 

**KURRY**  
THURSDAY 

**Fish & Chips**  
FRIDAY 

**MAIN MEAL**

**MACARONI CHEESE WITH A SELECTION OF TOPPINGS**

**SAUSAGE & MASH**  
Gravy

**ROAST TURKEY DINNER**  
Roast Potatoes, Gravy

**CARIBBEAN CHICKEN CURRY**  
Rice

**CHIP SHOP 'FRYDAY' FISH/PIZZA/SAUSAGE OR SALMON FISHCAKES**  
Chips

**VEGETARIAN MEAL**

**MACARONI CHEESE WITH A SELECTION OF TOPPINGS**

**PLANT BASED SAUSAGE & MASH**  
Gravy

**ROASTED BUTTERNUT SQUASH & EDAMAME BEAN WELLINGTON**  
Roast Potatoes, Gravy

**REGGAE REGGAE SWEET POTATO CURRY**  
Rice

**VEGAN FALAFEL BURGER**  
Chips

**VEGETABLE**

**SALAD**

**CARROTS & PEAS**

**SEASONAL VEGETABLES**

**GINGER FRIED GREENS**

**NAKED SLAW PEAS**

**PASTA POTS**

**TOMATO & BASIL**   **CHEF SPECIAL**   **TOMATO & BASIL**   **CHEF SPECIAL**   **TOMATO & BASIL**

**JACKET POTATO**

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

**DESSERT**

**JAM SPONGE**  
Custard

**PEAR & GINGER CRUMBLE**  
Cinnamon Custard

**CHOCOLATE SPONGE**  
Chocolate Sauce

**APPLE & BLACKBERRY CRUMBLE**  
Custard

**SYRUP SPONGE**  
Custard

**FRUIT**

**SELECTION OF FRUIT AVAILABLE DAILY**

**YOGHURT POTS**

**SELECTION OF YOGHURT POTS AVAILABLE DAILY**

