

## Things to try at home today:

1. Draw your favourite dinner and feed it to your teddy.
2. Surprise somebody in your family with a hug.
3. See how many toys have got lost under the sofa.
4. Think of 3 different dance moves and teach them to your family.
5. Look for a thing that's growing.
6. Make a happy face with your snacks.
7. Build a den using sheets, pillows, your duvet etc.
8. Experiment with freezing things - can you make colourful ice? What happens if you put something inside the ice?
9. Hide treasure in your house and make a treasure map for your family to find it.
10. Close all the curtains in a room and use a torch or your phone to make shadows.
11. Listen for birds
12. Make window art
13. Find out how many times you can fold a piece of paper in half
14. Measure who is tallest in your family
15. Help with the washing up