

Playdough Recipe

Ingredients



- 8 tablespoons plain flour
- 2 tablespoons salt (free flowing table salt)
- 60 ml warm water
- Food colouring (optional)
- 1 tablespoon vegetable oil
- Essential oil, such as lavender (optional)

Method

1. Mix the flour and salt in a large bowl. Mix in the water and oil (the food colouring can be added at this point if using). Mix together with a spoon.
2. Turn onto a floured surface and knead for a few minutes to make a soft, pliable dough. You can work more food colouring in at this point if you'd like a more vibrant colour and also a few drops of essential oil if using.
3. It can be stored in a plastic bag or tub in the fridge.

