**Challenge: Make a family salt dough piece**

Ingredients

* 500grams of plain flour
* 250grams salt
* 250 millilitres of water (add slightly more water if necessary)

Bake in oven on lowest heat for 3 hours or until rock hard (took about 4 hours for ours)

Method
* Mix the flour and salt then add the water
* Mix into a dough
* Roll out onto flat surface into desired shape about 1-1.5cm thick (remember to sprinkle some flour down to prevent sticking)
* Place on a baking tray
* Make hand imprints (as deep/clear as possible)
* Place in the oven on the -lowest heat possible- and leave for 3-4 hours or until completely solid top and bottom. (Alternatively you can leave to air dry for a couple of days in a cool dry place- this is the best option if you only have self-raising flour)
* Paint with your choice of paints/colours (I used acrylic paints)
* Seal with any kind of varnish or sealer to preserve it. Varnish, modpodge, PVA and water mix

Make sure the bottom is rock hard before taking it out the oven