

Registered office: Littleport and East Cambs Academy, Camel Road, Littleport, CB6 1EW

## Covid-19 - Changes to Isolation Periods Information (for Schools only - 21.01.22)

The isolation period is still 10 days but can be reduced **to 5 full days** (as long as your child is well enough and without a temperature) and receives **2 consecutive negative** LFD results. The earliest they should take the first LFD test is on day **5**.

Any **positive test** after a first **negative test** would mean that the first negative is **null and void**. This would **reset** the isolation period and your child would still require 2 consecutive negative tests from this point forward. You must register results with the <u>NHS Website here</u> and you must e-mail both those results to school. You can order a pack of <u>LFD tests here</u>.

	Anyone who tests positive must isolate for a full 5 days.					Scenario 1 A negative test on Day 5 and then Day 6. Isolation ends on Day 6 once the 2 <sup>nd</sup> LFD test is negative.					
Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
Day Zero is the day symptoms started or the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.  Negative LFD						Negative LFD					
	Anyone who tests positive must isolate for a full 5 days.					Scenario 2 A negative test on Day 6 and then Day 7. Isolation ends on Day 7 once the 2 <sup>nd</sup> LFD test is negative.					
Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
Day Zero is the day symptoms started or the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.  Positive LFD						Negative LFD	Negative LFD				
	Anyone who tests positive must isolate for a full 5 days.					Scenario 3 A negative test on Day 7 and then Day 8. Isolation ends on Day 8 once the 2 <sup>nd</sup> LFD test is negative.					
Day Z <del>e</del> ro	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
	Day Zero is the day symptoms started or the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.  Positive LFD						Negative LFD	Negative LFD			
	Anyone who tests positive must isolate for a full 5 days.					Scenario 4 A negative test on Day 8 and then Day 9. Isolation ends on Day 9 once the 2nd LFD test is negative.					
Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
Day Zero is the day symptoms started or the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.  Positive LFD						Positive LFD	Positive LFD	Negative LFD	Negative LFD		
	Anyone who tests positive must isolate for a full 5 days.					Scenario 5 A negative test on Day 9 and then Day 10. Isolation ends on Day 10 once the 2 <sup>nd</sup> LFD test is negative.					
Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
	Day Zero is the day symptoms started or the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.  LFD						Positive LFD	Positive LFD	Negative LFD	Negative LFD	
такен и азуп	Anyone who tests positive must isolate for a full 5 days.						Scenario 6 isolation will end at 11:59pm on day 10 so no need to test as child can return on Day 11.				
taken ii asyn	Anyone v	vho tests pos	sitive must is	olate for a f	ull 5 days.	Scena					
Day Zero	Anyone v  Day 1	vho tests pos Day 2	Day	olate for a fo Day 4	ull 5 days.  Day 5	Scena Day 6					

In any scenario, the isolation period can only end if your child no longer has a high temperature. This applies even if they have tested negative twice. If children still have a high temperature after Day 10, they should stay off school and seek medical advice such as contacting your GP or phoning 111.

