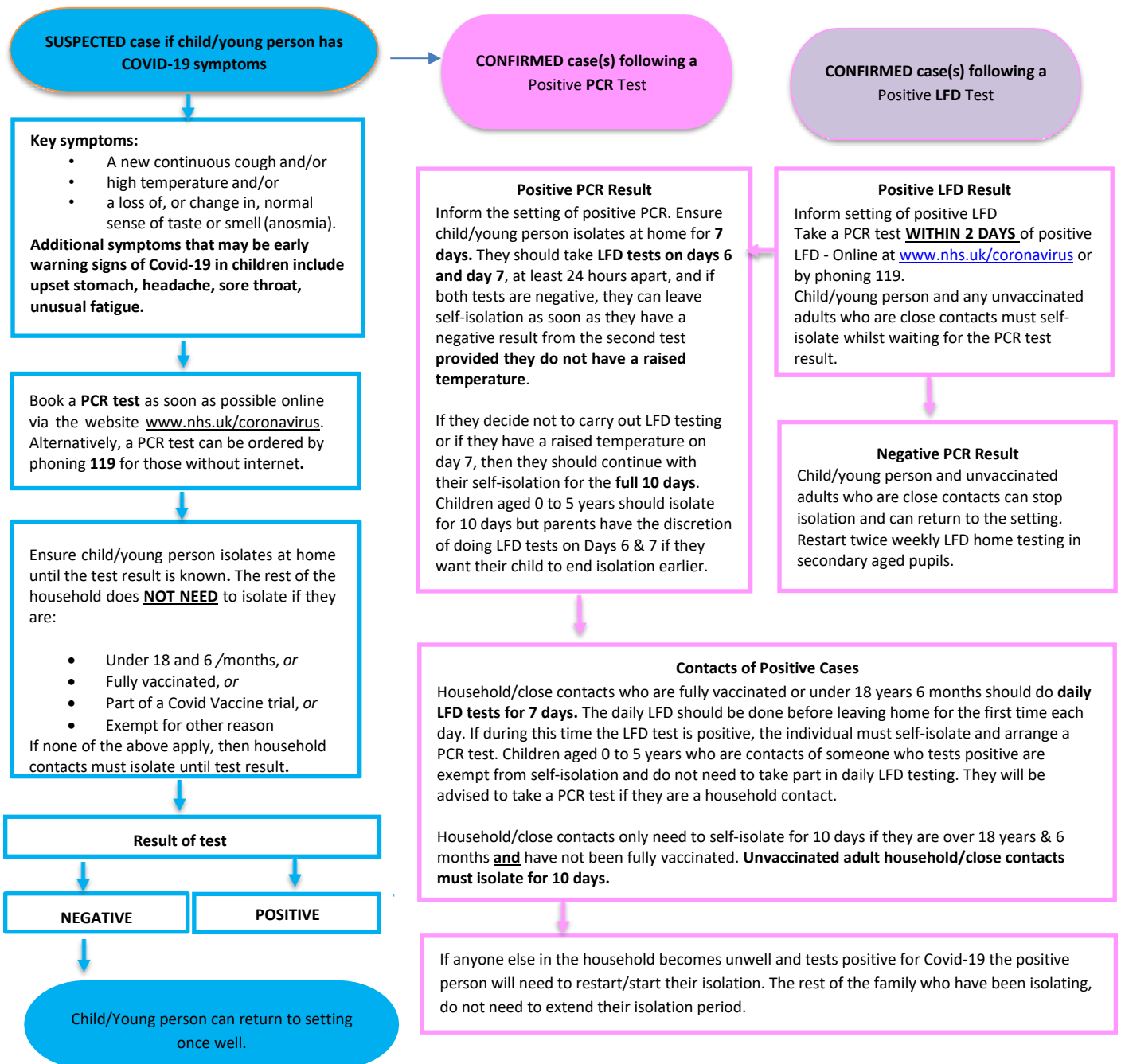


COVID-19 Guidance for Parents/Carers from 23rd December 2021

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a child/young person please follow the flow chart below



- With the emergence of the highly transmissible Omicron Variant, we continue to ask families/children to wash hands regularly, keep spaces well ventilated, wear face coverings (if aged 11 and over) in crowded public indoor areas, maintain distance, get vaccinated and take LFD tests prior to meeting people outside your household.
- Face coverings are to be worn by everyone over the age of 11yrs unless exempt on transport to and from educational settings.
- LFD test = Lateral Flow Device tests are rapid tests that can be used at home and the result is available within 30 minutes.
- PCR test = polymerase chain reaction test that can be booked online and is sent to a lab for the result.
- If you have previously received a positive Covid-19 PCR test result within the last 90 days and you are identified as a contact of someone with Covid-19 you should not take a PCR test. You should only take a PCR test if you develop any NEW symptoms of Covid-19 or if you have a positive LFD test result, or if you are required to take a PCR test upon entry into the UK.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms. If you have symptoms always book a PCR test.
- LFD tests are safe to use in pregnancy. They are not recommended for children under 5 years of age but can be used at parent/guardian discretion.
- If you have had a Covid-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have had a recent nosebleed, or have a nose piercing, use the other nostril to swab for the LFD test. Always follow the instructions on the pack as there are different types of LFD tests.