

PERSONAL DEVELOPMENT



ALDER
Community High School

YEAR 8

Values and justice		
Autumn 1	Knowledge <ul style="list-style-type: none">• To know that rights and freedoms are things everyone in the UK should get such as the right to an education, family, shelter, healthcare etc• To know how people have spoken out for the rights of others throughout history• To know that legal rights are rights that are protected by law• To know how to take action about legal rights that you want to change• To know that a crime can be caused by many things including poverty, upbringing, peer pressure and addiction• To know how to share your view formally in a debate• To know that criminal trials take place in magistrates and crown courts• To know how to different courts in the justice system are used• To know that criminal trials take place in magistrates and crown courts• To know how youth courts trials run differently• To know that youth courts are different to adult courts including formality and purpose to protect young people who are more vulnerable• To know that the UK justice system aims to rehabilitate prisoners and deter others from committing crime	Key Vocabulary Law Crime Justice Legal rights Defendant Offender Criminal responsibility Youth justice



What are rights?

Autumn 2

Knowledge

- To know that human rights are things that all humans are entitled to. They are outlined in the Universal Declaration of Human Rights
- To know that international organisations such as Amnesty international, Oxfam, UNHCR and UNICEF work to protect human rights
- To know that children have a different set of rights that are outlined by the UNHCR and includes the right to education
- To know how to explain different views about who decides what these rights are
- To know that the law states that young people can work from the age of 13 with what the specific restrictions are.
- To know how children's rights are protected around the world
- To know that a contract of employment adds to statutory rights at work
- To know how to write a contract of employment that is protects rights

Key Vocabulary

Rights
Responsibility
Statutory
Contractual
Declaration
Human Rights
United Nations
Minimum wage



PSHE

Spring 1

Knowledge

- To know that consent is important and what this means legally and ethically
- To know how to recognise when a person is consenting or not and how to seek consent from another person
- To know how to explain how consent is given/ not given
- To know that there are different health risks related to drinking alcohol and know what they are
- To know how to demonstrate methods of raising awareness about the health risks relating to alcohol
- To know that there are risks and consequences to drug use and what they are.
- To know how to reduce the risks relating to my health
- To know that body image is the way we perceive ourselves and the impact this can have on us
- To know how to recognise the effects of body image on my mental health
- To know that there are laws around gambling and the risks associated with gambling
- To know how to make good choices in my life in relation to gambling

Key Vocabulary

Gambling
Addiction
Recreational
Consent
Lottery
Positive affirmations
Risk



Living in the wider world

Spring 2

Knowledge

- To know the different threats to our environment
- To know how to live in a more sustainable way
- To know the impact of global warming
- To know what we can do to help with climate change
- To know the different types of illegal drugs and how they can have a serious impact on our health
- To know how to use the information to help me to make good choices in my life
- To know what factors contribute to a young person joining a gang
- To know good decisions to keep myself safe and where to get help if needed
- To know about the issues around online safety and grooming and its impact on people
- To know how to use this information to keep myself safe online

Key Vocabulary

Fossil fuels
Deforestation
Global warming
Gang
Illegal drugs
Social drugs
Groomer
Advocacy

How to help at home

Support available for online safety- [Online Safety Hub - aldercommunityhighschool.onlinesafetyhub.uk](https://aldercommunityhighschool.onlinesafetyhub.uk)



Careers

Summer 1

Knowledge

- To know that career motivators play an important role in choosing the right career
- To know how to investigate and evaluate what I want in a career
- To know that there are myths and facts about careers and how to differentiate between the two
- To know how to apply information about career myths and facts to my own career
- To know what it means to be assertive and the importance of being assertive
- To know how to be assertive and use this to make decisions in my future career
- To know what interview and employability skills are
- To know how to use interview/ employability skills effectively in my own life and career

Key Vocabulary

Myth
Fact
Stereotype
Assertive
Employability skills
Interview skills



Health and wellbeing		
Summer 2	Knowledge <ul style="list-style-type: none">• To know what pride is, why it is celebrated and why it is important to celebrate and respect diversity• To know how to celebrate diversity and think about how we can support diversity in our school and the wider community• To know what social media is and can identify the risks associated with using social media platforms• To know how to avoid the risk of using social media and know how to use social media responsibly• To know what FGM is• To know how to access help and support with any concerns about FGM• To know what cancer is, how it develops in the body and how it is treated• To know how we can take preventative measures to stay healthy and where to get support if anyone around us is affected by cancer• To know what self-awareness and sensitivity is and the importance of this• To know how we can sensitively handle strong emotions, to be more self-aware and sensitive towards others• To know the different health problems caused by smoking tobacco, cannabis and vaping• To know how to make good and healthy choices in my life around smoking and vaping• To know what self-confidence is and the importance of this when working towards personal goals• To know how to apply different strategies to help build self confidence	Key Vocabulary <p>Social media Cancer Genetic predisposition FGM Self-awareness Vaping Smoking Self esteem Self confidence Growth mindset</p>
	How to help at home <p>Careers support available- Careers Education, Information, Advice and Guidance Alder Community High School</p>	



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