

PERSONAL DEVELOPMENT



YEAR 9

The changing nature of citizenship in the UK		
Autumn 1	Knowledge <ul style="list-style-type: none">• To know that successful communities are respectful, resilient and inclusive• To know how to analyse different views about our communities• To know how to discuss issues to do with immigration• To know that a Britain is religiously diverse and is majority Christian• To know how British religious diversity is changing• To know that British population is increasing due to higher immigration and people living longer• To know how to discuss issues to do with population change• To know that community cohesion means communities are strong and united• To know how to increase community cohesion• To know that your multiple identity is the different roles and ethnicities a person might have or be influenced by• To know how to discuss issues to do with multiple identities	Key Vocabulary Inclusion Ethnicity Migration Cohesion



The development of rights

Autumn 2

Knowledge

- To know that respect prevents discrimination and that the equality act law protects 9 characteristics from discrimination
- To know how to discuss issues to do with discrimination
- To know that the magna carta was one of the first written documents that outlined rights of citizens in the UK including establishing the rule of law
- To know how other documents have been developed to protect rights
- To know that political rights are the right to vote, assemble, protest and freedom of speech.
- To know how to exercise your political rights
- To know that the Chartists use petitions to campaign for political rights to extended to working class men
- To know how to evaluate the success of campaign methods
- To know that the suffragettes took direct action to get the franchise extended to Women
- To know how to evaluate the use of illegal campaign methods
- To know that basic rights at work include a minimum wage, fair breaks, holidays, sick pay and safety
- To know how rights at work are protected

Key Vocabulary

Franchise
Suffrage
Petitions
Citizenship



Careers and Year 9 Options

Careers and Year 9 Options		
Spring 1	Knowledge <ul style="list-style-type: none">• To know that employers are looking for certain skills and I know what these skills are• To know how to use information about what employers look for to make plans for my future• To know that I have a network of support who can help make decisions about Year 9 options• To know how to be positive, flexible and well prepared to make GCSE pathway choices• To know that skills and qualities are important and can identify mine• To know what a Curriculum Vitae is and what should go into it• To know how to create a CV• To know that there are different progression routes available after GCSE's and know what they are• To know how to reflect on careers education and use it to help me to make decisions about my life.• To know that it is important to research the careers available and what routes/ grades are needed to achieve these• To know how to investigate the world of work and use the skills to help me plan my future• To know what apprenticeships are and how they link to skills, interests, qualities and the future	Key Vocabulary <p>Labour Market Information Employee Employer Curriculum vitae T Levels Apprenticeships Aspirational</p>



SRE

Spring 2

Knowledge

- To know that there needs to be ground rules in SRE lessons
- To know how to apply the ground rules in discussion about SRE in PD lessons
- To know the concept of consent and the laws relating to it
- To know how to actively communicate and recognise consent
- To know the indicators of a healthy and unhealthy relationship
- To know how to safely form and maintain healthy relationships
- To know what CSE (Child sexual exploitation) is and the dangers
- To know how to get help if I have relationship/ consent/ CSE concerns
- To know how to minimise the risk of becoming a victim of CSE

Key Vocabulary

Consent
Abuse
Freedom
Relationships
Risks
Capacity
Choice
CSE

How to help at home

Careers and Work experience support available- [Careers Education, Information, Advice and Guidance | Alder Community High School](#)



Health and wellbeing

Summer 1

Knowledge

- To know the dangers of drinking alcohol in excess
- To know how to use this information to make good choices around alcohol in my own life
- To know the legal and personal implications of drug use
- To know how to use this information to make informed choices in my own life
- To know how to keep good mental health and ways to deal with anxiety
- To know how to apply these coping strategies in our own lives to keep us healthy
- To know what safe sex is and what different methods of contraception is available.
- To know about the health risks of tattoos and sun exposure
- To know how to use this information about tattoos/ sun beds/ sun exposure to make informed and healthy decisions in my life

Key Vocabulary

Mental health
Anxiety
Responsibility
Drug awareness
Tattoos
Sun exposure



Living in the wider world

Summer 2

Knowledge

- To know what pride is, why it is celebrated and why it is important to celebrate and respect diversity
- To know how to celebrate diversity and think about how we can support diversity in our school and the wider community
- To know what qualities and behaviours we should expect in positive and healthy friendships
- To know how to show these qualities to maintain positive and healthy friendships in my life
- To know how to calculate tax rates and how this may impact me when I start employment
- To know what different types of taxes are
- To know about different risky behaviours online and how they can affect a person's reputation
- To know how to handle pressure to share things online
- To know what hate crime is and how the law is applied differently to hate crime
- To know the impact of hate crime and how to seek help if concerned about hate crime
- To know what my hate crime and discriminatory language is.
- To know how to use appropriate language and how to challenge discriminatory language in our school community

Key Vocabulary

Inflation
Interest
Tax
Hate crime
Equality
Genuine friendships
Toxic friendships

How to help at home

Wellbeing support available- [Wellbeing Support | Alder Community High School](#)



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