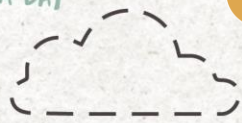
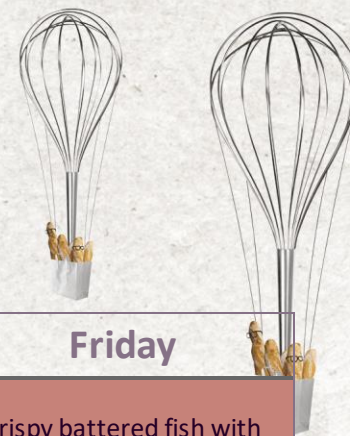






- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main Dish	Pork sausage, red onion gravy and mash potato	Fiery Mexican chilli with Steamed mixed rice	Thai red chicken curry with Braised rice	Roast turkey with sage & onion stuffing	Crispy battered fish with chunky chips
Vegetarian Main Dish	Quorn™ sausages with vegetarian red onion gravy	Quorn™ Chilli with steamed mixed rice	Aubergine and chickpea Dhansak, pilau rice and cucumber raita 	Vegetable bean stew with cheesy cobbler	Cheese & Onion pasties
Accompaniments 	Sautéed cabbage / Garden peas	Mexican style corn / Roasted new potatoes	Roasted root vegetables / spicy potato wedges	Carrot & swede mash / Broccoli florets Buttered parsley new potatoes	Mushy peas / sweetcorn
Street Food	Crispy chicken goujons on a barmcake with lettuce & Mayo	Hot Dogs With fried onions	Spicy chicken Burgers with salad & mayo	Chicken tikka naan breads	Beef burgers served on a soft white barm with your choice of sauce
Daily Special	Mince beef & onion stew	Cheesy pasta bake	Beef madras curry	Pork loin chops	Steak & kidney pudding
Dessert	Apple & cinnamon crumble with vanilla custard	Homemade Carrot cake 	Syrup sponge & custard	Mixed berry fool 	White chocolate chip cookies



MENU