










WATT'S
FOR LUNCH?
FUEL YOUR DAY WITH A
HEALTHY SCHOOL LUNCH



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Main Dish	Homemade Meat & potato pie with beef gravy 	Chicken Tikka masala with steamed turmeric rice	Roast Gammon and gravy with crispy roast potatoes	Chilli Beef & broccoli with egg noodles 	Jumbo fish fingers served with chunky chips
Vegetarian Main Dish	Vegetarian meat & potato pie with vegetarian gravy	Sweet potato & chickpea curry with turmeric rice 	Spinach & ricotta raviolis in a rich tomato sauce	Sweet potato & falafel bites with vegetable rice	Spicy bean burgers on a soft white bun with salad & mayo 
Accompaniments	Garden peas / Macedoine carrots / Champ mash 	Sautéed green beans with chiffonade onions / Jacket wedges	Buttered carrot & swede mash / cauliflower cheese	Stir-fry vegetables 	Mushy peas / chips
Grab & go bar	Mini chicken fillets on a barm with sweet chilli mayo	Peperoni & cheddar paninis, cheese & caramelised onion Paninis	Sweet chilli chicken with rainbow peppers served on a warm ciabatta	New York hot dogs with BBQ onions	Southern style spicy chicken goujons on a soft barm with mayo
Daily Special	Salmon fishcakes	Cajun pork chops	Chicken pie	Creole chicken thighs with vegetable rice	Italian tomato pasta bake topped with grilled cheese
Dessert	Marble sponge & vanilla custard	Summer fruit cheesecake 	Saucy chocolate and orange pudding and custard	Blueberry fool	Chocolate and banana cookies



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



MENU