

Physical Education Department

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Curriculum Intent

- Provide a high-quality physical education experience that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.
- Provide opportunities for pupils to become physically confident in a way which supports their health and fitness.
- Give the opportunity for students to compete in sport and other physical activities which build character and help important values such as fairness and respect.

Department Aims

- Create to learning environment centred around Sport for All
- Develop competence to excel in a broad range of physical activities
- Develop students that are physically active for a sustained period of time
- Develop students that engage in competitive sports and activities
- Develop students that lead healthy, active lifestyles

KS3 PE Curriculum

- To study a broad range of activities throughout the key stage.
- Develop skills and techniques, helping students to implement appropriate strategies and tactics, understand the rules and regulations and officiate and coach in these sports.
- Students will also be required to evaluate their own and others' performance.

KS4 Core PE Curriculum

- Students will participate in the core PE programme.
- Take part in a range of activities that develop personal fitness and promotes an active, healthy lifestyle.
- Continue to develop a variety of tactics and strategies to overcome opponents in team and individual games in competitive situations.
- Opportunity to work as a team to develop a wide variety skills as a performer, coach or official.

Edexcel BTEC L1/2 First Award in Sport

- Provides an engaging and relevant introduction to the world of sport. It incorporates important aspects of the industry, such as fitness testing and training for sport and exercise, the psychology of sport, practical sports performance, and sports leadership.
- Enables students to develop and apply their knowledge, while also developing a range of relevant practical, communication and technical skills. The knowledge, understanding and skills learned in studying this course will aid progression to further study and, in due course, prepare learners to enter the workplace.

Edexcel BTEC L1/2 Technical Award in Performing Arts – Dance

The course gives students the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Students will have the opportunity to develop knowledge and technical skills in the following areas:

- Aptitude in dance, such as reproducing repertoire and responding to a stimulus
- Processes that underpin effective ways of working in dance, such as development of ideas, rehearsal, and performance
- Attitudes that are considered most important in dance, including personal management and communication

NCFE L1/2 Technical Award in Health and Fitness

This course provides core knowledge to pupils who are passionate about fitness and performance.

- Students study the structure and function of the human body and the effects of health and fitness activities on the body, through to the principles of training and how to structure a health and fitness programme.
- Knowledge, understanding and skills learned in studying this course will aid progression to further study and, in due course, prepare learners to enter the workplace.