

# THIS WEEK'S MENU

WEEK 1	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	NOODLE BAR	NOODLE BAR	<p><b>Hot Dishes:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread</li> <li>Jacket Potato and Toppings</li> </ul> <p><b>Salads</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad </li> <li>Pesto Pasta Salad   </li> <li>Roasted Indian Chickpea Salad  </li> </ul> <p><b>Sandwiches and Baguettes</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich </li> <li>Chicken Salad Sandwich</li> <li>Cheese and Pickle Baguette </li> <li>Tuna Mayo Baguette</li> <li>BLT Baguette</li> </ul> <p><b>Wraps</b></p> <ul style="list-style-type: none"> <li>Pepper and Houmous Wrap </li> <li>BBQ Chicken Wrap</li> <li>Chicken Caesar Wrap</li> </ul>
	Satay Chicken Pho	Spiced Vegetarian Pho	
<b>TUE</b>	BURGER BAR	BURGER BAR	
	Beef Burger with Baked Garlic and Herb Wedges and Corn on the Cob	Beetroot and Feta Burger with Baked Garlic and Herb Wedges and Corn on the Cob	
<b>WED</b>	HOT DELI	HOT DELI	
	Spicy Vietnamese Chicken Banh Mi Bun	Sticky BBQ Quorn Pitta	
<b>THUR</b>	STREET	STREET	
	Chicken Katsu with Wholegrain Rice and Nut Free Satay Sweetcorn	Macaroni Cheese	
<b>FRI</b>	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	Battered Fish with Chips, Baked Beans and Peas	Veggie Burger with Chips, Baked Beans and Peas	

Nutritionist's Choice Vegetarian Vegan Oily Fish Wholegrain Halal

Our menu may be subject to change

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WEEK 2	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	SPICE IS NICE		<p><b>Hot Dishes:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread</li> <li>Jacket Potato and Toppings</li> </ul> <p><b>Salads</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad </li> <li>Pesto Pasta Salad   </li> <li>Roasted Indian Chickpea Salad  </li> </ul> <p><b>Sandwiches and Baguettes</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich </li> <li>Chicken Salad Sandwich</li> <li>Cheese and Pickle Baguette </li> <li>Tuna Mayo Baguette</li> <li>BLT Baguette</li> </ul> <p><b>Wraps</b></p> <ul style="list-style-type: none"> <li>Pepper and Houmous Wrap </li> <li>BBQ Chicken Wrap</li> <li>Chicken Caesar Wrap</li> </ul>
	Chicken Tikka Rice Box	Spinach and Chickpea Dahl with Yellow Rice	
<b>TUE</b>	TEX MEX		
	Mexican Beef Enchilada with Baked Garlic and Herb Wedges and Tex Mex Vegetables	Vegetable Fajita with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
<b>WED</b>	HOT DELI		
	Roast Gammon Baguette with Roast Potatoes and Gravy	Persian Vegetable Pitta	
<b>THUR</b>	PAN-ASIAN		
	Chicken Kottu Roti Box	Soya Yakisoba	
<b>FRI</b>	FRIDAY FAVOURITES		
	Southern Fried Chicken Goujons with Chips, Baked Beans and Peas	Cheese and Onion Slice with Chips, Baked Beans and Peas	

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WEEK 3	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	<b>FEASTIVAL</b>		<p><b>Hot Dishes:</b></p> <ul style="list-style-type: none"> <li>Paninis</li> <li>Pasta and Sauces</li> <li>Freshly Baked Pizza</li> <li>Soup and Bread</li> <li>Jacket Potato and Toppings</li> </ul> <p><b>Salads</b></p> <ul style="list-style-type: none"> <li>Tuna and Sweetcorn Pasta Salad </li> <li>Pesto Pasta Salad   </li> <li>Roasted Indian Chickpea Salad  </li> </ul> <p><b>Sandwiches and Baguettes</b></p> <ul style="list-style-type: none"> <li>Egg Salad Sandwich </li> <li>Chicken Salad Sandwich</li> <li>Cheese and Pickle Baguette </li> <li>Tuna Mayo Baguette</li> <li>BLT Baguette</li> </ul> <p><b>Wraps</b></p> <ul style="list-style-type: none"> <li>Pepper and Houmous Wrap </li> <li>BBQ Chicken Wrap</li> <li>Chicken Caesar Wrap</li> </ul>
	Jerk Chicken Burger with Baked Spiced Wedges and Mixed Salad	Tiger Bhaji Burger with Baked Spiced Wedges and Mixed Salad	
<b>TUE</b>	<b>PAN-ASIAN</b>		
	Mandarin BBQ Pork with Pineapple Rice and Nut Free Satay Sweetcorn	Sweet and Sour Vegetables with Pineapple Rice and Nut Free Satay Sweetcorn	
<b>WED</b>	<b>HOT DELI</b>		
	Persian Chicken Kebab with Herby Diced Potatoes and Mixed Salad	Sticky BBQ Pitta With Herby Diced Potatoes and Mixed Salad	
<b>THUR</b>	<b>STREET</b>		
	Firecracker Beef	Teriyaki Vegetarian Wrap with Wholegrain Rice	
<b>FRI</b>	<b>FRIDAY FAVOURITES</b>		
	Battered Fish with Chips, Baked Beans and Peas	Vegetable Goujons with Chips, Baked Beans and Peas	

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