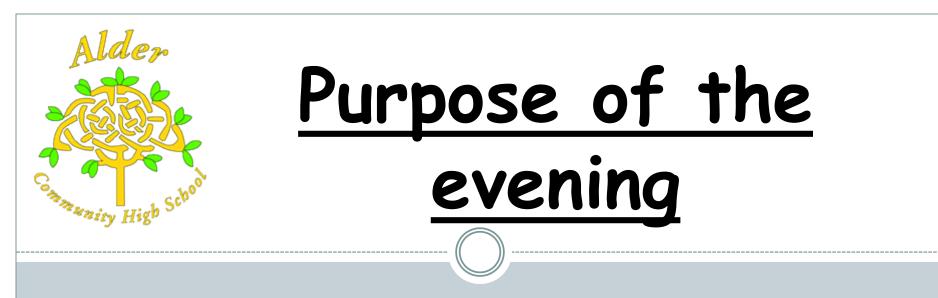


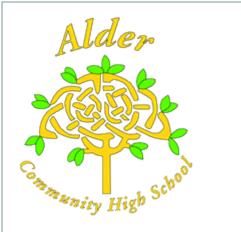
### Alder Community High School

# YEAR 11 Support and Guidance Evening



#### To maximise your child's:

- GCSE potential in <u>every</u> subject.
- Life chances.

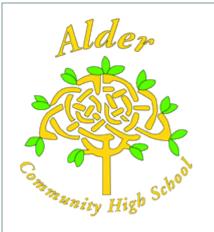


# <u>How can this be</u> <u>achieved?</u>

- Parent/carer and school working together.
- Ensuring your child knows we are working together.
- Giving you high quality guidance on how to support your child.

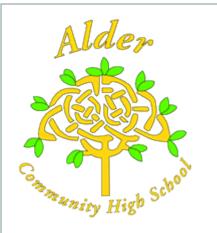


- Practical support
- Emotional support
- Academic support



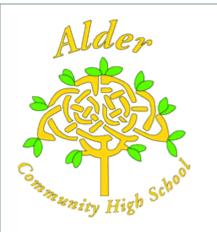
## Practical support.

- Arrange a quiet place for them to study at home.
- Encourage them to use the school library if home is not appropriate.
- Buy them any equipment they may need.
- Make sure they sleep well.
- Take their phones away from them during revision I dare you!!
- Remove all other social media devices.
- Keep them away from junk food. Nutritious food and water are essential.
- Write up a revision timetable with them.



## **Emotional support**

- Be there for them. Show an interest.
- Offer, but do not force help.
- Emphasise that "doing your best" is what is important.
- Be sensitive A hormonal adolescent experiencing exam stress, is often a dangerous mix.



### Academic support

Encourage your child to:

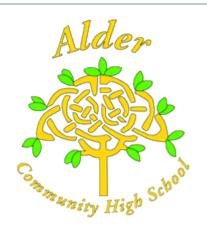
- Work through past papers using mark schemes and examiners reports.
- Establish a good working relationship with each subject teacher.



### <u>The excuse culture</u>

#### Do not believe the myths:

- "I work better with the TV on."
- "I can swot up a week before the exam. Everyone crams."
- "I have done all my homework."
- "Facebook has revision guides."



# <u>Study skills.</u>

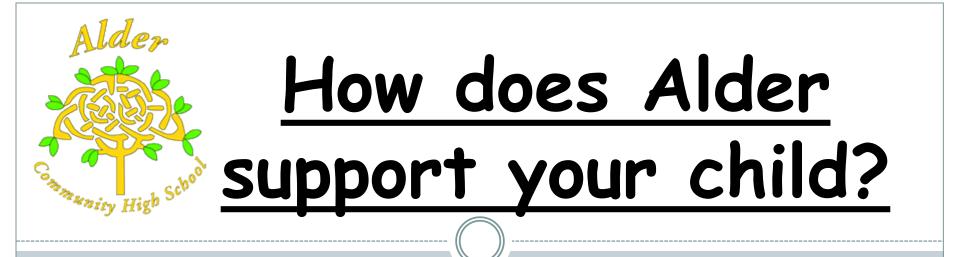
#### Encourage your child to:

- Revise little and often (30 minutes is ideal).
- Follow their revision timetable.
- Ensure that their timetable has repetition built into it. Repetition is key!
- Read the question what are they asking for? Is it descriptive or analytical.
- Read the 'GCSE revision guides for parents.'

#### 2 points to note:

- Highlighting their work is not effective.
- Just reading through notes is not enough.

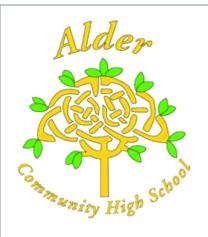




- Achievement meetings to analyse student data.
- General intervention.
- Easter and Whit intervention programmes.
- Adopt a year 11.
- Learning mentor.
- Pre-Public Exams (mocks)

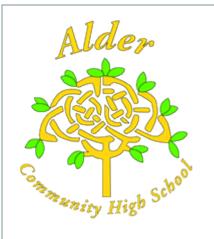


- Exams start at 8:45am and 1:45pm.
- You must arrive at least 15 minutes before the exam starts.
- Please read the "GCSE Examinations: Key information for Students"- document provided.





"If you're going to do something, you should do it well. You should sweat over it and make sure it's strong and accurate and beautiful, and you should be proud of it."





- Do not hesitate to contact me in school if necessary. (s.muddiman@alderchs.uk)
- I will reply within 24 hours.

Thank you for your time.