

Year 7 Food Technology Practical Ingredients

Half Term 3

All ingredients should be weighed and measured at home before the lesson

Chicken Kebabs

Date: Week commencing 31st January & 7th February

For the specific date required please ask your child to check their Food Technology group on Microsoft Teams

Ingredients:

- X1 chicken breast
- X1 pepper – chopped at home into large pieces
- X1 onion - halved and quartered at home
- Seasoning of your choice e.g Cajun
- Container to carry home

Kebab sticks will be provided by school.

