

PHYSICAL EDUCATION (CORE)

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| QUALIFICATION | N/A |
| EXAMINING BOARD | Non-examined |
| CONTACT TEACHER | Mr Bibby |
| LESSONS PER FORTNIGHT | 2 |



Course Overview

- The focus of the PE curriculum at Key Stage 4 is on participation and encouraging students to enable students to lead healthy, active lifestyles.
- The curriculum encourages participation and competition in a range of traditional and non-traditional activities, building on the skills learned at Key Stage Three so that students can apply the skills in competitive situations.
- Students study a broad range of activities from the following:
 - Athletics
 - Badminton
 - Basketball
 - Dodgeball
 - Fitness
 - Football
 - Handball
 - Longball
 - Netball
 - Table Tennis
 - Trampolining
 - Volleyball

