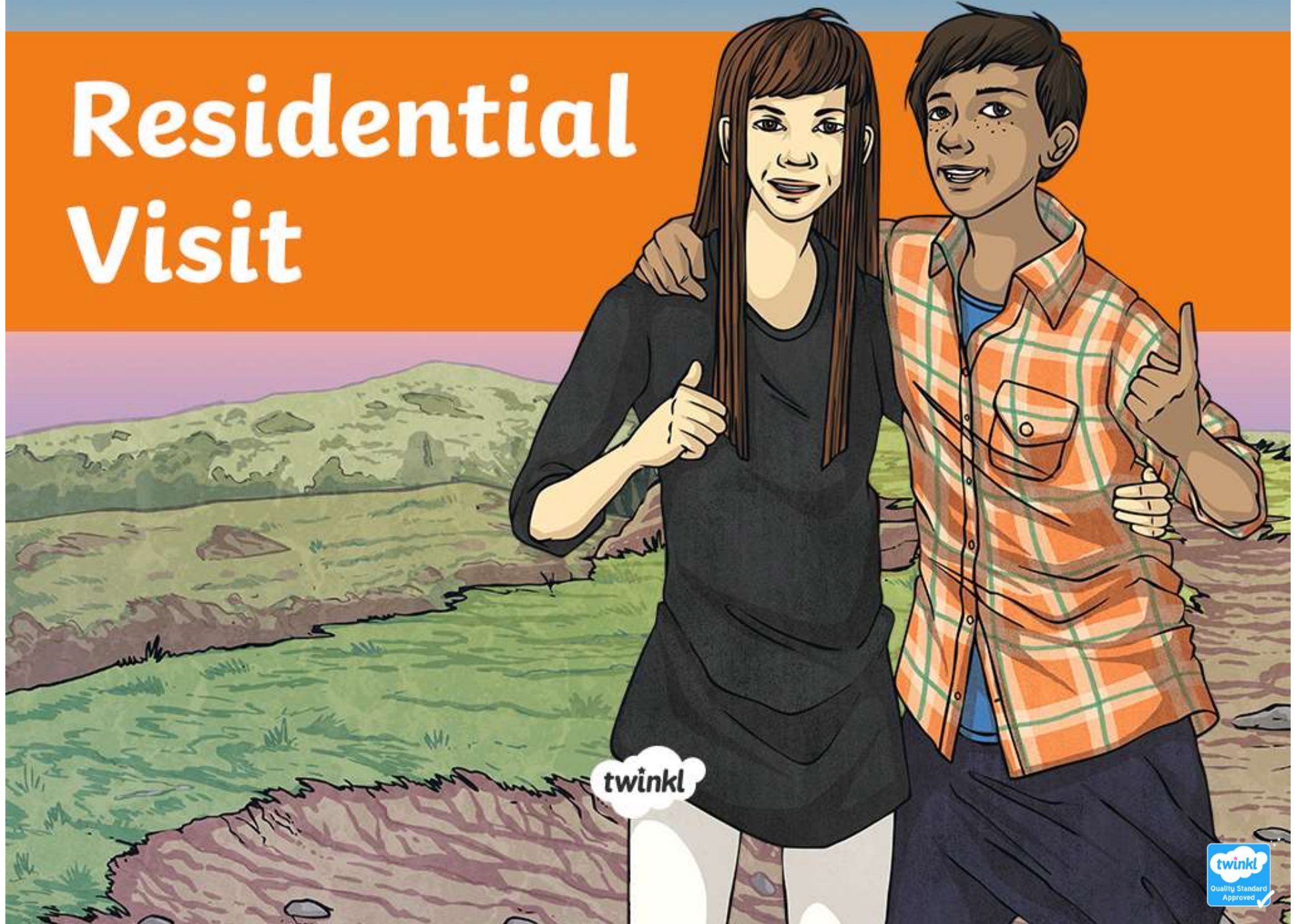


Residential Visit



What Are the Aims of the Trip?

- To have fun and try something new.
- To encourage children to be active, well-motivated learners.
- To develop teamwork and social skills.
- To develop confidence and self esteem.
- To promote physical activity and healthy lifestyles.

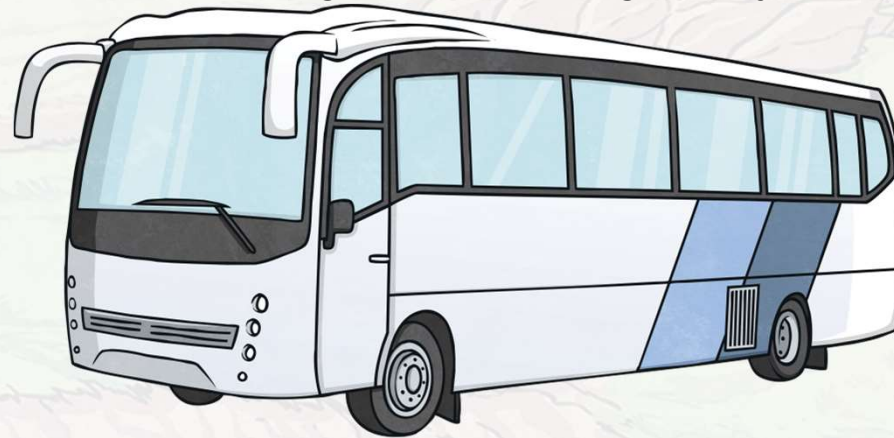


When Is the Residential Visit Taking Place?

The residential visit will take place between Monday 4th March and Friday 8th March 2024.

Departing from Aldermaston CE Primary School at approximately 9.30am on Monday.

Arriving back to Aldermaston CE Primary School at approximately 5.30pm on Friday (we will keep you informed).



Where Is the Residential Visit This Year?

The location: Abernant Lake, Wales.

The setting:
Manor Adventure Activity Centre

The sleeping arrangements:
En suite dormitories sleeping between 4-6
children



What Will the Children Eat?

The children will dine like kings and queens on our residential visit!

There's a kitchen on site and food is freshly prepared.

At least two choices and plenty of extras to fill up on at each meal.

You will be asked to share any special dietary requirements so we can notify the centre in advance.



What If My Child Has Medication?

All school staff are trained in first aid and there are qualified first aiders on the Manor Adventure team along with first aid facilities on site.

Some children will need to bring their own medicine with them.

Please label all medication and place in a clear plastic bag along with the forms explaining how and when medicine should be administered. These are handed in to staff on the morning of the trip.

If you have any concerns or questions, let us know and we can discuss these.



What Clothing Will My Child Need to Bring?

Our residential visit could be dry and sunny or cold and wet. Activities will take place in all but extreme weather.

The children need to come equipped with enough warm and comfortable clothes, suited to the activities.

There is a drying room so all children can start their activities in something dry.

Please provide old clothes and label everything with your child's name. This is so it can be returned to the right owner. Packing lists can be very useful!



What Clothing Will My Child Need to Bring?

Kit List

- several pairs of comfortable trousers;
- a warm jacket, for example a thick fleece or outdoor coat;
- a selection of tops, for example T-shirts, jumpers;
- several pairs of thick socks to use with walking shoes/boots;
- clothes for leisure time (try to avoid denim as this takes a long time to dry);
- suitable nightwear;
- Swimming costume/trunks
- enough clean underwear for the duration of the visit;
- hat, gloves and a cap;
- a toothbrush, some toothpaste, soap and a towel;
- a couple of plastic bags for wet or dirty clothes would be useful;
- a teddy bear!

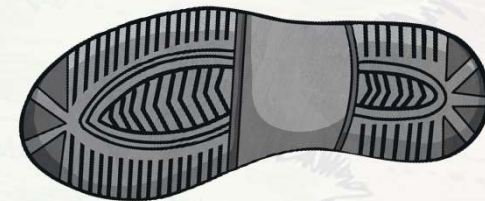


What Clothing Will My Child Need to Bring?

Footwear

Your child will need:

- old plimsolls, trainers or water shoes for water based activities;
- walking shoes/boots for hiking - these should be comfortable and preferably waterproof;
- 'soft shoes', for example slippers or light trainers, to wear indoors.



Will My Child Need to Bring Any Specialist Equipment?

Manor Adventure provides all the specialist equipment that will be needed – e.g. helmets and harnesses.

The staff at Manor Adventure will check all clothing and equipment to make sure it is suitable before an activity starts.



What Does a Typical Day Look Like?

Breakfast

Activity 1 Zip Wire

Activity 2 Archery

Lunch

Activity 3 Stand up Paddle Boarding

Activity 4 Fencing

Tea

Activity 5 Evening Walk



Evenings

Evening activities will take into account how tired children are feeling.

Activities may include:

- quiz nights;
- night walks (weather permitting);
- games night;
- disco.
- Or... having a hot chocolate and some quiet reading time



How Do I Know My Child Will Be Safe?

Full risk assessments carried out and safety is the top priority.

Instructors are fully qualified in the sports and activities they are leading.

Activities are aimed at challenging children in a supportive environment.

Our residential visit is about making happy memories and we want children to have a positive experience.



Can My Child Bring a Mobile Phone?

It is not necessary to bring a mobile phone on our residential visit.

Please leave all valuable items at home.

School will receive regular updates on how the group are doing and will share these with parents through our blog.



That's All Folks!

Any Questions?



