## **Aldermaston CE Primary School Newsletter**

## **Spring Term (1) 2023 No. 1**



**Dear Parents and Carers** 

#### **Healthy Living Week**

Our January has started in a very positive way with the children and staff fully embracing our healthy living week.

We've welcomed coaches in street dance, mini-fencing and judo alongside our daily 'walk a mile' to ensure the children have had an active week. The walking has been lots of fun and rather muddy – apologies for the extra washing I'm sure this has caused. The children responded really well to mini-fencing, which was completely new to them. There was lots of positive feedback so we've organised a mini-fencing club (details to follow). We're very grateful to Natalie and Martin (who both run morning clubs) for sharing their skills with our whole school for workshops this week.

There has been an impressive array of foods available in the different classes too. The preparation of healthy snacks has led to so many valuable learning conversations. Children have thought about what makes something healthy, where food comes from, food as colourful art and the economics of home cooking versus shop bought equivalents.

We've seen lots of links to our science and PSHE as children become more confident in understanding how their bodies work and in thinking about how we can look after them and how this helps us to feel well. Getting enough sleep was definitely one of the topics that children found relevant to their lives. Children under 6 years old are recommended to have more than 10 hours of sleep each night. For children aged between 6 and 12 years old, the NHS recommends 9 to 12 hours of sleep.

Each class shared their learning in our Friday assembly today and were very proud of their achievements. Please see our photo gallery from this week and flyers for all active breakfast clubs taking place in school, later in this newsletter.

#### Speak out. Stay safe.

As you will have seen from our letter last week, children have been taking part in some special class based NSPCC assemblies and linked learning. In KS1 and KS2, children have been meeting Buddy and understanding that all children have important rights:-

The right to be safe

The right to speak out and be heard

The right to get help when they need it

They have talked about how sometimes others behave in a way which is 'not OK' (abusive and unsafe) and how they can speak out for themselves and for others if something is worrying or concerning them. These assemblies have revisited the idea of sharing worries with a trusted adult and we have talked about the work of Childline and how to contact them.

#### **Attendance review**

Our whole school attendance for the Autumn Terms is 93%, which is below our target of 96%. Children who miss a lot of school will have gaps in their learning, it can affect their relationships with their peers and cause them anxiety. If your child's attendance for Autumn Term is below 90%, you will be receiving a letter to alert you to the fact they are considered to be in the Persistent Absence category. Regardless of the reasons for absence, we are required to let you know that your child's attendance is below 90%. There are often very good reasons for a child to have a temporary low absence rate including periods of genuine illness and authorised leave. If this is the case, your child's attendance figures will improve over the course of the whole year and there are unlikely to be any long term effects.

However, if you are finding it difficult to improve your child's attendance, we're here to help so please do let us know how we can offer support.

#### Family learning morning

Just a reminder about our next Family Learning Morning which is scheduled for 25<sup>th</sup> January. The focus for this morning will be writing and you will have the chance to join your children in their classroom and to take part in a writing lesson with them. If you will be joining us, please enter through the hall so we can get you signed in and offer you a hot drink before you start your lessons.

Wishing you a wonderful weekend.



Mrs M Higgs Headteacher



Our 2023 holiday club planning at The Oaks is well underway and with February half term fast approaching we are looking forward to our first holiday club of the year.

Our February half term holiday club will be running between Monday February

13th and Friday February 17th. The club will run from 8am-6pm, from

Aldermaston C of E Primary where we will have access to the school hall and outside areas.

The club is open to all children already attending primary school (aged 4-11y). The cost will be £38.50 per day. A 10% discount is available for Oaks children, for siblings and for full week bookings (one discount will apply per child).

A huge variety of activities will be available every day including organised games, craft activities and messy play. You and your children will recognise many of the Oaks staff if they come to our clubs, and will make new friends if they don't.

#### **NO NUTS STATEMENT**

We have a responsibility to provide a safe learning environment for everyone in our school and we take the management of allergies very seriously.

As our school currently has one or more pupils on roll who suffer from a serious nut allergy, we request that parents and carers **DO NOT** send food to school that contains nuts. This includes:-

- All types of nuts
- Spreads and sandwich fillings containing nuts like peanut butter and Nutella
- Cereal and chocolate bars which contain nuts
- Cakes or biscuits which contain nuts

Please check food labels if you are unsure about ingredients.



#### PLEASE SEE OUR FULL NO NUTS STATEMENT ON OUR SCHOOL WEBSITE

https://aldermaston.w-berks.sch.uk/parents/school-dinners/no-nuts-statement



# **School News**



#### **REMINDERS**

#### **NO Smoking on School Grounds**

Our school site is a no smoking zone and we therefore ask all parents to NOT smoke within the school grounds. Thank you.



#### Car Park

Please be considerate when parking in our school grounds to drop off and collect your child. The spaces on the left hand side of the drive are meant to be used for people who can drop off or pick their child/children up quickly, rather than for those needing to wait for a long time. If you need to wait, please park in the spaces to the right of the main drive or in the spaces in front of the field to the left of the main school building as you come into the entrance gate. Thank you.

#### **Use of Playground Equipment**

We would ask that **NO CHILDREN** are allowed to play on the school equipment in and around the playground. These areas are for use by the children during school time only and should **NOT BE USED** by children before school or after school. Our insurance only covers the use of this equipment with supervision by staff, who are trained in the correct use of the play equipment and we would not want any harm to come to the children without the correct supervision. Thank you.

#### Changes to collection at end of day

If your child is being collected by a different adult at the end of the day, please make sure you email the school on enquiries@aldermaston.w-berks.sch.uk or phone the school office to leave a message. We cannot accept this information directly from the children. Thank you.

#### **TERM DATES 2023**

Spring Term 2023

Last day of Term 3 Friday 10<sup>th</sup> February

School Closed to pupils

Monday 13<sup>th</sup> to Friday 17<sup>th</sup> February

First day of Term 4 Last day of Term 4 Monday 20<sup>th</sup> February Thursday 30<sup>th</sup> March

Summer Term 2023

First day of Term 5 Monday 17th April

May Day Holiday Coronation Holiday Monday 1st May—SCHOOL CLOSED Monday 8th May—SCHOOL CLOSED

Last day of Term 5
School Closed to pupils

Monday 29<sup>th</sup> May to Friday 2<sup>nd</sup> June

First day of Term 6 End of Pupil Term Monday 5<sup>th</sup> June Thursday 20<sup>th</sup> July

Friday 26<sup>th</sup> May

#### **ADVANCE NOTICE**

#### **School Lunch Price Increase**

We have been informed by our catering company, Dolce, that they will be increasing individual meal prices for children from 1st April 2023 to £2.60 per day.



#### REGULAR ACTIVITIES IN SCHOOL

#### **Morning Active Clubs before school**

Every Wednesday 8am—Gymnastics Club (Hall)
Every Thursday 8am—Judo Club (Hall)
Every Friday 8am—Street Dance Club (Hall)
All of these clubs will continue indefinitely

## After School

Every Tuesday after school—Reading Café (Larks Room) Every Thursday after school—Football

(Years 3 to 6 only—Field—started on Thursday 12th January

2023—last session Thursday 23rd March)

Every Thursday after school—Netball

(Years 4 to 6 only—Playground—started on Thursday 12th

January 2023—last session Thursday 23rd March)

#### Music Lessons during school time

Every Monday—Guitar
Every Tuesday—Violin/Piano
Every Thursday—Woodwind/Piano
Every Friday—Percussion/Drums

#### **EVENTS THIS TERM**

**Tuesday 17th January** 

7.30pm PTA Meeting at The Butt Inn

Wednesday 25th January

9 to 10.30am····· Family Learning Morning

Wednesday 1st February

All day ...... Whole School Trip to the Story Museum,

Oxford

**Monday 6th February** 

All day ...... Level 1 Bikeability Training for Year 5

Monday 13th to Friday 17th February

HALF TERM HOLIDAYS—SCHOOL CLOSED TO ALL PUPILS

Wednesday 22nd and Thursday 23rd February

All day ..... Level 2 Bikeability Training for Year 6

Monday 6th to Friday 10th March

YEAR 6 RESIDENTIAL TO ABERNANT, MANOR ADVENTURE

Tuesday 21st to Monday 27th March 2023

3.30 to 4pm ······ Travelling Book Fair

Tuesday 28th March

9.30 to 10.30am······· Easter Service at St Mary's Church, Aldermas-

ton

Thursday 30th March

3.25pm END OF PUPIL TERM

Friday 31st March to Sunday 16th April

EASTER HOLIDAYS—SCHOOL CLOSED TO PUPILS

Please see our online diary for more dates at: https://aldermaston.w-berks.sch.uk/calendar

#### **CONTACT DETAILS**

Tel: 0118 971 3362 Text: 0118 324 0216

E-mail:enquiries@aldermaston.w-berks.sch.uk

Website: www.aldermaston.org.uk

# **Healthy Living Week Photo Gallery**









# Oaks Holiday Clubs plenty Of indoor and outdoor fun!

## **Feb Half Term**

13th - 17th Feb (Mon-Fri) 1 week Aldermaston CE Primary School

### Easter

11th - 14th Apr (Tues-Fri) 1 week Mortimer St Mary's School

## **May Half Term**

30th May - 2nd Jun (Tues-Fri) 1 week Aldermaston CE Primary School

## Summer

7th - 11th Aug 14th - 18th Aug 21st - 25th Aug (Mon-Fri) 3 weeks Mortimer St Mary's School

## **Oct Half Term**

23rd - 27th Oct (Mon-Fri) 1 week Aldermaston CE Primary School

8am-6pm - For all children aged 4-11 - Ofsted Registered theoakschildcare.co.uk 0118 933 2960 office@theoakschildcare.co.uk

#### ALDERMASTON CofE PRIMARY SCHOOL

# **JUDO CLUB**





Welcome back to a new academic year of Judo! I hope you and your family have had a lovely Christmas break and you are feeling refreshed and ready for the term ahead.

My name is Martin Rance, I represent ProCoach Judo, delivering judo tuition within your school. I am a full-time professional school Judo teacher with over 19 years of experience and a strong reputation for motivating pupils to learn all about judo in a fun and exciting way, gaining enjoyment from the sport

If your new to Judo this term I can not wait to share your Judo experience with you and you can be rest assured of a very warm welcome!

> Martin Rance British Judo Association 5th Dan British Judo Level 3 Coach

What is judo? It is many things to different people. It is a fun sport, an art, a discipline, a recreational or social activity, a fitness program, a means of self-defence or combat, and a way of life. It is all of these and more.



Professor Jigoro Kano founded Judo in 1882 as a structure for mental and physical education, deriving from the ancient forms of Japanese martial arts, Kano created a safe, yet effective form of self-defence.

It was introduced into the Olympic Games in 1964 and is practised by 40 million people in over 200 countries. People practice to excel

in competition, to stay in shape, to develop self-confidence, and for many other reasons. But most of all, people do Judo just for the fun of it.

Judo has the power to help educate, shape, and teach people.



By including Judo as part your educational development, it will help instil values such as honesty, respect, and friendship as well as:

- Building physical fitness, flexibility, and co-ordination,
- Improving focus and concentration,
- Developing positive attitudes about sports in general,
- Increasing self-esteem, self-discipline, self-respect, and courtesy toward others,
- Building character, and developing social and problemsolving skills.

Judo is a popular activity open exclusively to pupils at your school.

Lesson Times: Thursday's 8:00 - 8:45am



Years 1-6 - School Hall

To experience Judo, you need to have a go, so why not come along to your school Judo club for a no-obligation trial lesson and join in with your school friends

To sign up either enter the following url code: shorturl.at/auEKZ or please email procoachjudo@yahoo.co.uk\_to book your place.

#### Term Fee's

Tuition only £66.00 Tuition with kit Hire £72.00 per pupil per term

Fees are due at the start of each term (3 terms per year)



ePayment to ProCoach may be made with the following bank details:

Account Name: ProCoach Judo Account Number: 81413856 Sort Code: 401846

Please include the payment reference: ALD < Pupil name >

Pupils must provide half-terms notice in writing to withdraw from the Judo Club or pay half-term fees.

A Judo kit must be worn for each lesson, pupils may either hire kit from ProCoach or provide their own









# Join in the Fun at our Xtra Curricular Club...





# **GYMNASTICS**

Come have lots of fun at the Sports Xtra Gymnastics Club. Our family qualified coaches will introduce you to the fundamentals of Gymnastics in a fun, safe and inclusive environment. So if you would like to try out this Olympic sport, why don't you join the Sports Xtra Gymnastics Club!

# Book online www.sports-xtra.com

School/Location	Aldermaston Primary Weds AM		Duration	10 x sessions 45 Mins
Dates	11/01/23	То	22/0	3/23
	Exc 15/02/23			
Start Time	08:00		Pick Up Time	08:45 to school
Age Range	Years 1-8		Cost (£)	*£70
Other Info	Places Limited to 16 - book early to avoid disappointment!			
	*6% transaction fee applies - Early Offer £63 if booked by 23/12/22			

Sports XIIIa accepts on bability for any loss of or damage but term belongings to your child whils but this course. Your contact the lake will be healt on a database, see insules. good by Sports. Now to help keep you inhammed of future actives. If you do not work to receive future news and information, please contact us.

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Following a successful Mini Fencing Taster session at the school this week, I am delighted to be starting a breakfast club. All sessions will be with me and are suitable for all abilities.

To book your child's place email: bookings@philwestcricket.co.uk

I will reply to your email with bank details for payment or pay by cheque / cash into the school office by Friday 20<sup>th</sup> January (Cheques made payable to PWCC LTD) along with your child's name.

Any questions please feel free to email <u>bookings@philwestcricket.co.uk</u> or call 07585 553127

Kind Regards- Phil West www.philwestcricket.co.uk



# Aldermaston School

Book online

Friday 08:00-08:45

Street Dance All ages



company.class4kids.co.uk