



# Aldermaston C.E. Primary School

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Mrs. M Higgs - Headteacher



1<sup>st</sup> February 2024

Dear Parents and Carers

## **Spring Terms 2024 – Additional curriculum information (Years 5 & 6)**

During Spring Term 2, Year 5 and 6 will be taking part in units of work in science and PSHE which deliver lessons under our relationships and sex education policy.

The content of these units is described below: -

Spring Term (2)	<b>Science (Living things and their habitats)</b> <ul style="list-style-type: none"> <li>• <b>Lifecycles</b></li> <li>• <b>Reproduction</b></li> </ul>
Key learning	<ul style="list-style-type: none"> <li>• Children can describe the process of sexual reproduction in flowering plants</li> <li>• Children can describe the process of asexual reproduction in plants</li> <li>• Children can describe the process of sexual reproduction in animals</li> <li>• Children can observe and compare the life cycles of animals in our local environment with animals around the world</li> <li>• Children can compare how different animals reproduce and grow</li> <li>• Children can understand about the work of naturalists and animal behaviourists</li> </ul>

Spring Term (2)	<b>PSHE (Health and Wellbeing)</b> <b>Growing Up</b>
Key learning	<ul style="list-style-type: none"> <li>• Children can discuss and suggest ways to take care of their changing bodies during puberty</li> <li>• Children can reflect on how their thoughts and feelings change during puberty and how they can deal with difficult feelings and moods</li> <li>• Children can identify the features of a loving relationship and understand that there are different types of loving relationships</li> <li>• Children know about different types of physical contact, consent and the law</li> <li>• Children can discuss body image and how this can affect self esteem</li> <li>• Children are able to describe the process of human reproduction from conception to birth</li> </ul>

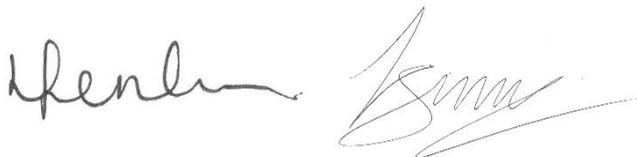
The science unit of work will primarily focus on factual knowledge about human bodies and reproduction whereas the PSHE unit will follow up with further opportunities to explore and discuss the emotions associated with puberty and the importance of respectful relationships. In both subjects, staff will encourage children to use the correct scientific vocabulary for parts of the body and the process of reproduction. We want to ensure that all our children are prepared for the physical and emotional changes that adolescence brings.



Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you think you might wish to withdraw your child from any lesson which goes beyond the national curriculum, please do contact us to discuss. Similarly, if you would like to know more about the resources used, please contact the school office.

We know that many of you will already have had discussions with your children about puberty and relationships and hopefully these lessons will build on this and offer an extra opportunity for further discussions at home.

Yours faithfully,

Handwritten signatures of Miss Jenkins, Mrs Jordan, and Mr Gunn.

**Miss Jenkins, Mrs Jordan and Mr Gunn**

