

## RSE – Key Points – Progression Document

	<b>EYFS/KS1</b>	<b>LKS2</b>	<b>UKS2</b>
<b>Key objectives (Linked to The PSHE Association PoS)</b>	<ul style="list-style-type: none"> <li>▪ use the scientific names introduced to name male and female body parts.</li> <li>▪ identify some differences between males and females.</li> <li>▪ identify the body parts that we keep private.</li> <li>▪ understand the words ‘no’ and ‘stop’.</li> <li>▪ understand that people’s bodies and feelings can be hurt.</li> <li>▪ describe how they have changed since they were a baby.</li> <li>▪ explain that other people have rights for their own body;</li> <li>▪ explain what germs are and why people need to keep clean</li> </ul>	<ul style="list-style-type: none"> <li>▪ understand life cycles and family trees</li> <li>▪ understand that there are many different types of families.</li> <li>▪ identify similarities and differences in different loving relationships.</li> <li>▪ understand they can choose what happens to their body and know when a ‘secret’ should be shared.</li> </ul>	<ul style="list-style-type: none"> <li>▪ name physical changes young people will experience during puberty and how to look after your body.</li> <li>▪ describe emotional changes young people might experience during puberty.</li> <li>▪ explain what a sexual relationship is and know some of the laws about this.</li> <li>▪ explain how babies are conceived and how they are born using scientific vocabulary.</li> <li>▪ use appropriate vocabulary when discussing differences in sex, gender identity and sexual orientation.</li> <li>▪ define consent and autonomy;</li> <li>▪ explain how to develop safe, respectful and healthy online relationships.</li> </ul>
<b>Notes and guidance</b>	<p>These objectives will be met during the following units:</p> <ul style="list-style-type: none"> <li>- Growing up</li> <li>- It’s my body</li> <li>- VIPs</li> <li>- Team Aldermaston</li> <li>- Safety First</li> </ul> <p>*We will be using the PANTS material to support the topic “Safety First”</p> <p>Throughout the school, the correct vocabulary will be used to describe body parts.</p>	<p>These objectives will be met during the following units:</p> <ul style="list-style-type: none"> <li>- Growing up</li> <li>- It’s my body</li> </ul>	<p>These objectives will be met during the following units:</p> <ul style="list-style-type: none"> <li>- Growing up</li> <li>- It’s my body</li> <li>- Digital Wellbeing</li> <li>- Safety First</li> </ul>