



PARKOUR CLUB

DM Movement will soon be running exciting Parkour sessions at Aldryngton

Perfect for burning off that early morning energy while learning to jump, balance, vault and move over obstacles in a fun and safe environment.

Sessions are led by a Level 2 qualified gymnastics and parkour coach with over 10 years of coaching experience.

Wednesday 7:45-8:30

£6.50 per session

Interested?

Sign up here

<https://dm-movement.classforkids.io/info/1>

Any questions please drop us an email

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