



My Curriculum Map

2026/2027

	TERM 1		TERM 2		TERM 3	
Nursery / Reception	Introduction to PE : Unit 1 Fundamentals : Unit 1	Dance : Unit 1 Introduction to PE : Unit 2	Gymnastics : Unit 1 Fundamentals : Unit 2	Games : Unit 1 Dance : Unit 1	Ball Skills : Unit 1 Gymnastics : Unit 2	Ball Skills : Unit 2 Games : Unit 2
Year 1/2	Invasion Games Fundamentals	Fitness Mindfulness	Gymnastics OAA	Sending and Receiving Dodgeball	Striking and Fielding Games Land Based Water Safety	Athletics Team Building
Year 3	Basketball Fundamentals Y3/4	Fitness Mindfulness	Gymnastics OAA	Dodgeball Sending & Receiving	Cricket Land Based Water Safety	Athletics Team Building
Year 4	Rugby Yoga	Dance Fitness	Gymnastics Swimming	Volleyball Y5/6 Swimming	Dodgeball Hockey	Athletics Cricket
Year 5/6	Rugby Yoga	Dance Fitness	Gymnastics Swimming	Volleyball Y5/6 Swimming	Dodgeball Hockey	Athletics Cricket