



Alsop High School

6th November 2025

Dear Parent/Carer,

Right to Withdraw from Sex Education Lessons – RSE and PSHE

At Alsop High School, we are committed to delivering a broad and balanced curriculum that supports the personal development and wellbeing of all students. As part of this, we provide Relationships and Sex Education (RSE) and Personal, Social, Health and Economic Education (PSHE), in line with statutory government guidance.

We would like to remind you of your right as a parent/carers to request that your child is withdrawn from the sex education elements of RSE and PSHE. This does not include content that is part of the science curriculum, which is statutory and cannot be withdrawn from.

You may request to withdraw your child from these specific sex education lessons up to three terms before your child turns 16. After this point, the decision to receive sex education rests with the student themselves.

If you would like to request the withdrawal of your child from these sessions please complete this form here [RSE and PHSE Lesson opt out. – Fill in form](#)

If you would like more information about the RSE/PHSE curriculum and what it includes, please contact Ms Bruns on n.bruns@ahs.omegamat.co.uk

We encourage you to discuss any concerns with us so that we can answer your questions and support your decision-making.

Yours sincerely,

N Bruns

Ms N Bruns
Vice Principal