

# Year 7 Physical Education

Year 7...



Healthy for life  
assessment



Swimming  
assessment



Other competitive  
sports



Team and  
individual



Transition sports  
set by ability  
and gender



Dance



Healthy lifestyle  
(fitness)



Sports day



Healthy for life  
assessment

To Year 8...



# Year 8 Physical Education

Year 8...



Healthy for life  
assessment



Team and  
individual



Other competitive  
sports



Leadership



Outdoor adventurous  
activities



Dance



Healthy lifestyle  
(fitness)



Sports day



Healthy for life  
assessment

To Year 9...



# Year 9 Physical Education

Year 9...



Healthy for life  
assessment



Team and  
individual



Other competitive  
sports



Leadership



Outdoor adventurous  
activities



Dance



Healthy lifestyle  
(fitness)



Sports day



Healthy for life  
assessment

To Year 10...



# Year 10 Physical Education

Year 10...



Healthy for life  
assessment



Team and  
individual



Other competitive  
sports



Leadership



Outdoor adventurous  
activities



Dance



Healthy lifestyle  
(fitness)



Sports day



Healthy for life  
assessment

To Year 11...



# Year 11 Physical Education

Year 11...



Healthy for life  
assessment



Team and  
individual



Other competitive  
sports



Leadership



Outdoor adventurous  
activities



Dance



Healthy lifestyle  
(fitness)



Sports day



Healthy for life  
assessment