

# MENU: WEEK 1

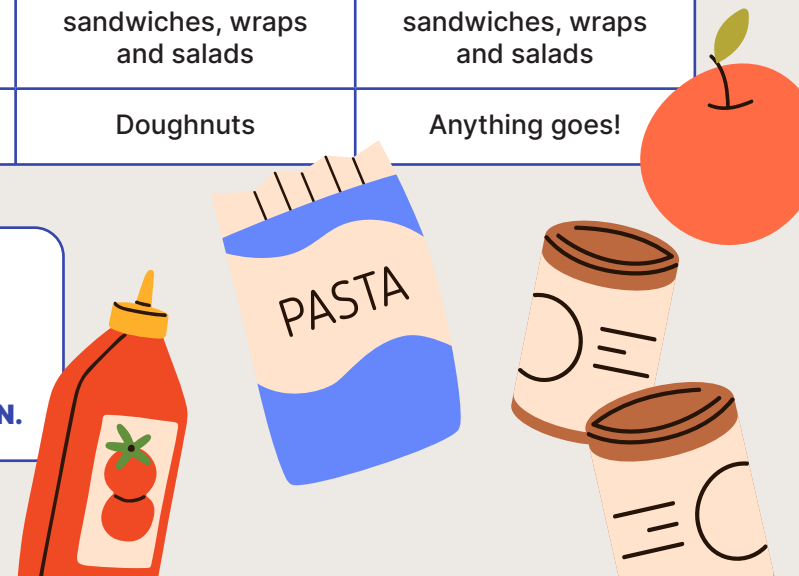
JAMIESON WEEK 1 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL &amp; CARBS BAR</b>	Chicken curry served with boiled rice and naan bread	Lancashire hot pot served with crusty bread	Roast turkey served with potato rostis and seasonal vegetables	Flavoured chicken taco boat served with rice and corn on the cob	Battered chicken nuggets served with chips and baked beans
	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta
	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans
<b>SNACK BAR</b>	Cheese and tomato pizzini (v)	Cheese pizza (v)	Chicken burger	Cheese and tomato panini (v)	Pork meatball sub
	Sausage rolls	Pepperoni pizza	Spicy bean burger (v)	Pepperoni and cheese panini	Plant based balls sub
<b>SANDWICHES &amp; WRAPS IN COLD DINER</b>	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads
<b>DESSERT</b>	Shortbread	Ginger bread	Mini muffins	Doughnuts	Anything goes!

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE**

**PLEASE NOTE THAT IF YOU DON'T HAVE SUFFICIENT FUNDS TO PURCHASE LUNCH, YOU WILL RECEIVE BASIC SANDWICH INSTEAD.**

**IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN ADVANCE AND WE WILL TRY TO OFFER AN ALTERNATIVE**

**SPECIFIC DIETARY REQUIREMENTS NEED TO BE COMMUNICATED With THE KITCHEN.**



# MENU: WEEK 1

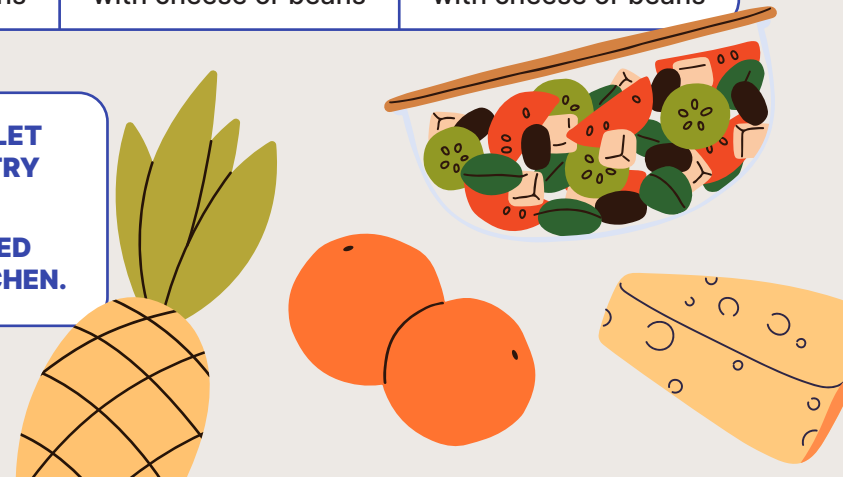
CYBER CAFE WEEK 1 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Chicken curry served with boiled rice and naan bread or Cheese and tomato pizzini (v)	Cheese pizza (v) or Pepperoni pizza served with chips and salad  Homemade pasta sauce served with penne or fusili pasta	Chicken burger or Spicy bean burger (v) served with potato rostis and corn on the cob  Homemade pasta sauce served with penne or fusili pasta	Flavoured chicken taco boat served with Rice or potato wedges and baked beans  Cheese and tomato panini	Pork meatball sub or Plant based balls sub served with chips and baked beans  Homemade pasta sauce served with penne or fusili pasta
<b>ON THE SIDE VEGETABLE OF THE DAY</b>	Chips  Rice	Chips  Baked beans	Potato rostis  Corn on the cob	Potato wedges  Baked beans	Chips  Baked beans
<b>GRAB &amp; GO</b>	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads
<b>JACKET POTATO</b>	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE**

**PLEASE NOTE THAT IF YOU DON'T HAVE SUFFICIENT FUNDS TO PURCHASE LUNCH, YOU WILL RECEIVE BASIC SANDWICH INSTEAD.**

**IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN ADVANCE AND WE WILL TRY TO OFFER AN ALTERNATIVE**

**SPECIFIC DIETARY REQUIREMENTS NEED TO BE COMMUNICATED With THE KITCHEN.**



# MENU: WEEK 2

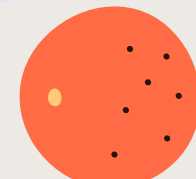
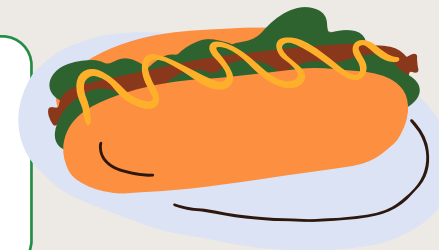
JAMIESON WEEK 2 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL &amp; CARBS BAR</b>	Beef curry served with boiled rice and naan bread	Cottage pie served with crusty bread	Cajun roast pork served with potato rostis and seasonal vegetables	Flavoured chicken taco boat served with rice and corn on the cob	Battered pollock served with chips and mushy peas
	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta
	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans
<b>SNACK BAR</b>	Cheese and tomato pizzini (v)  Classic hot dog	Fish finger bap  Sausage roll	Chicken burger  Spicy bean burger (v)	Cheese and tomato panini (v)  Pepperoni and cheese panini	Loaded cheese chips  BBQ pulled pork loaded chips
	<b>SANDWICHES &amp; WRAPS IN COLD DINER</b>	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads
<b>DESSERT</b>	Shortbread	Ginger bread	Mini muffins	Doughnuts	Anything goes!

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE**

**PLEASE NOTE THAT IF YOU DON'T HAVE SUFFICIENT FUNDS TO PURCHASE LUNCH, YOU WILL RECEIVE BASIC SANDWICH INSTEAD.**

**IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN ADVANCE AND WE WILL TRY TO OFFER AN ALTERNATIVE**

**SPECIFIC DIETARY REQUIREMENTS NEED TO BE COMMUNICATED WITH THE KITCHEN.**



# MENU: WEEK 2

CYBER CAFE WEEK 2 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Beef curry served with boiled rice and naan bread	Chicken strips served with potato wedges and salad	Chicken burger served with chips and baked beans	Flavoured chicken taco boat served with corn on the cob and potato wedges or rice	Texan beef burger served with chips and salad
<b>ON THE SIDE VEGETABLE OF THE DAY</b>	Chips	Potato wedges Salad	Chips Baked beans	Potato wedges or rice Corn on the cob	Chips Baked beans Salad
<b>GRAB &amp; GO</b>	Cheese and tomato pizzini Selection of sandwiches	Homemade pasta sauce served with penne or farfale pasta Selection of sandwiches	Homemade pasta sauce served with penne or farfale pasta Selection of sandwiches	Cheese and pizza sauce panini Selection of sandwiches	Selection of sandwiches
<b>JACKET POTATO</b>	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE**

**PLEASE NOTE THAT IF YOU DON'T HAVE SUFFICIENT FUNDS TO PURCHASE LUNCH, YOU WILL RECEIVE BASIC SANDWICH INSTEAD.**

**IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN ADVANCE AND WE WILL TRY TO OFFER AN ALTERNATIVE**

**SPECIFIC DIETARY REQUIREMENTS NEED TO BE COMMUNICATED WITH THE KITCHEN.**



# MENU: WEEK 3

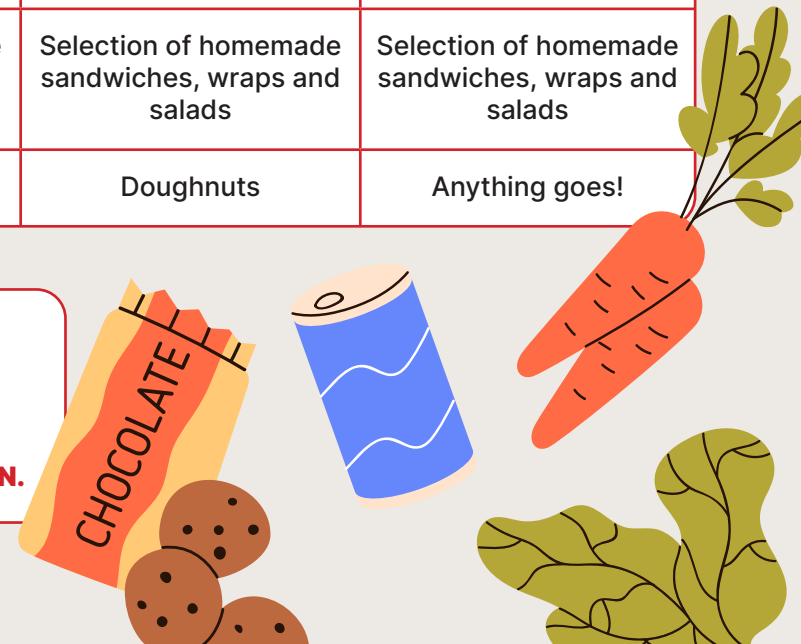
JAMIESON WEEK 1 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL &amp; CARBS BAR</b>	Chicken curry served with boiled rice and naan bread	Pork sausage served with mash, seasonal vegetables and gravy	Roast chicken breast served with potato rostis and seasonal vegetables	Flavoured chicken taco boat served with rice and corn on the cob	Donner kebab wrap served with chips and baked beans
	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta	Homemade pasta sauce served with penne or fusili pasta
	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans
<b>SNACK BAR</b>	Cheese and tomato pizzini (v)	Cheese and onion slice (v)	Chicken burger	Cheese and tomato panini (v)	Chicken tikka pasty
	Beef burger or cheese burger	Spicy chicken pizzini	Spicy bean burger (v)	Pepperoni and cheese panini	Vegan sausage rolls (v)
<b>SANDWICHES &amp; WRAPS IN COLD DINER</b>	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads	Selection of homemade sandwiches, wraps and salads
<b>DESSERT</b>	Shortbread	Ginger bread	Mini muffins	Doughnuts	Anything goes!

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE**

**PLEASE NOTE THAT IF YOU DON'T HAVE SUFFICIENT FUNDS TO PURCHASE LUNCH, YOU WILL RECEIVE BASIC SANDWICH INSTEAD.**

**IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN ADVANCE AND WE WILL TRY TO OFFER AN ALTERNATIVE**

**SPECIFIC DIETARY REQUIREMENTS NEED TO BE COMMUNICATED WITH THE KITCHEN.**



# MENU: WEEK 3

JAMIESON WEEK 1 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Chicken curry served with boiled rice and naan bread	Pork sausage and chips with beans or gravy	Chicken burger served with chips and baked beans	Flavoured chicken taco boat served with corn on the cob and potato wedges or rice	Donner kebab wrap served with chips and baked beans
<b>ON THE SIDE VEGETABLE OF THE DAY</b>	Potato wedges	Chips Salad	Chips Baked beans	Potato wedges or rice Corn on the cob	Chips Baked beans Salad
<b>GRAB &amp; GO</b>	Cheese and tomato pizzini Selection of homemade sandwiches, wraps and salads	Homemade pasta sauce served with penne or farfale pasta Selection of homemade sandwiches, wraps and salads	Homemade pasta sauce served with penne or farfale pasta Selection of homemade sandwiches, wraps and salads	Cheese and pizza sauce panini Selection of homemade sandwiches, wraps and salads	Homemade pasta sauce served with penne or farfale pasta Selection of homemade sandwiches, wraps and salads
<b>JACKET POTATO</b>	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans	Jacket potato served with cheese or beans

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE**

**PLEASE NOTE THAT IF YOU DON'T HAVE SUFFICIENT FUNDS TO PURCHASE LUNCH, YOU WILL RECEIVE BASIC SANDWICH INSTEAD.**

**IF YOU HAVE ANY ALLERGIES PLEASE LET US KNOW IN ADVANCE AND WE WILL TRY TO OFFER AN ALTERNATIVE**

**SPECIFIC DIETARY REQUIREMENTS NEED TO BE COMMUNICATED WITH THE KITCHEN.**



# SANDWICH MENU

SANDWICH	COST
Simple ham sandwich	£1.40
Simple cheese sandwich	£1.40
Simple egg mayonnaise sandwich	£1.40
Savoury cheese sandwich	£1.50
Chicken tikka sandwich	£1.50
Chicken & bacon sandwich	£1.50
Tuna mayonnaise sandwich	£1.50
Meatballs marinara sub	£1.50
Sausage roll	£1.50
Peri peri chicken wrap	£1.50
Coronation chicken & rocket wrap	£1.50
Falafel & roast pepper salsa wrap	£1.50

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE AND NOT ALL OF THE ABOVE WILL BE AVAILABLE EVERY DAY**



# SALAD MENU

SALAD	COST
Chicken ceasar pasta salad	£1.50
Tuna mayonnaise pasta salad	£1.50
Chicken tikka with rice salad	£1.50
Chicken & bacon with rice salad	£1.50
Meatballs marinara pasta salad	£1.50
Classic potato salad	£1.50
Cous cous and chargrilled veg	£1.50
Falafel & roast pepper with pasta	£1.50
Simple salad	£1.00
Cheese pot	£0.60
Tuna mayonnaise pot	£0.80

**PLEASE NOTE THAT THIS MENU IS A SUBJECT TO CHANGE AND NOT ALL OF THE ABOVE WILL BE AVAILABLE EVERY DAY**

