

### Core PE Year 11 Curriculum

| Half Term 1  | Half Term 2  | Half Term 3   |
|--|--|---|
| <p><u>Development of skill and tactics in one of the following sports: netball, bench ball, dodgeball, fitness, football, tag rugby and badminton.</u></p> <ul style="list-style-type: none"> <li>• Linking physical activity and sport to health, fitness and mental well-being.</li> </ul> | <p><u>Development of skill and tactics in one of the following sports: netball, bench ball, dodgeball, fitness, football, tag rugby and badminton.</u></p> <ul style="list-style-type: none"> <li>• Linking physical activity and sport to health, fitness and mental well-being.</li> </ul> | <p><u>Development of skill and tactics in one of the following sports : netball, bench ball, dodgeball, fitness, football, tag rugby and badminton.</u></p> <ul style="list-style-type: none"> <li>• The positive impacts exercise can have on PSE well-being.</li> </ul> |
| Half Term 4  | Half Term 5  | Half Term 6   |
| <p><u>Development of skill and tactics in one of the following sports : netball, bench ball, dodgeball, fitness, football, tag rugby and badminton.</u></p> <ul style="list-style-type: none"> <li>• The positive impacts exercise can have on PSE well-being.</li> </ul>                    | <p><u>Development of skill and tactics in one of the following sports : netball, bench ball, dodgeball, fitness, rounders, soft ball and athletics.</u></p> <ul style="list-style-type: none"> <li>• Consequences of a sedentary lifestyle - Issues caused by inactivity.</li> </ul>         | <p><u>Development of skill and tactics in one of the following sports : rounders, athletics, fitness, soft ball and badminton.</u></p> <ul style="list-style-type: none"> <li>• Consequences of a sedentary lifestyle - Issues caused by inactivity.</li> </ul>           |

### Sport Qualification Year 11 Curriculum

| Half Term 1  | Half Term 2   | Half Term 3   |
|--|---|---|
| <ul style="list-style-type: none"> <li>• RO51- Exam Preparation for January external exam- first sitting- (4 Lessons)</li> <li>• LO2- Values of Sport. Performing Enhancing Drugs.</li> <li>• LO3- Hosting of major sporting events</li> <li>• LO4- NGB, promotion, development, infrastructure, Policies, Funding and support</li> <li>• Exam questions/ revision.</li> <li>• RO52- One practical a week- Officiating- LO3(One Lesson)</li> </ul> | <ul style="list-style-type: none"> <li>• RO52- Task 3 and 4</li> <li>• Officiating and Assessing performance with practice methods and how to improve.</li> </ul> | <ul style="list-style-type: none"> <li>• January- External exam- RO51- Contemporary issues in sport- First sitting.</li> <li>• RO52- Task 3 and 4</li> <li>• Officiating and Assessing performance with practice methods and how to improve.</li> </ul> |
| Half Term 4  | Half Term 5   | Half Term 6   |

|  |   |  |
|--|---|--|
| <ul style="list-style-type: none"> <li>• Revision for RO51 for those who need to resit exam.</li> <li>• RO52- Course work- LO3 and LO4</li> <li>• LO3- Officiating – practical assessment and grade. Witness Statements</li> <li>• LO4- Assessing strengths and weakness, methods of practice and how to improve. Use of technology to improve performance.</li> </ul> | <ul style="list-style-type: none"> <li>• Revision for RO51- LO1, LO2, LO3, LO4- Second exam sitting preparation</li> <li>• RO52- LO4- completed course work for this task. Skills, Strengths and weaknesses. Analysis of performance. Practice methods and use of Technology</li> <li>• Witness Statements for LO2, LO3 and LO3-</li> </ul> | <ul style="list-style-type: none"> <li>• Exam second sitting- RO51</li> <li>• Revision Exam Preparation</li> </ul> |
|--|---|--|