



## ALSOP HIGH SCHOOL

Dear Parents/Carers

I am writing to give you an update on how we are supporting your child in Year 11 and to signpost you to some educational resources that might help support your child.

### **Elevate Education**

Students will be receiving a bespoke study skills programme run by an external company Elevate Education. Elevate Education work across the country in over 2000 schools sharing and teaching study skills that students can use in their exam revision and exams. Along with the students having bespoke sessions in school; Elevate also run parental workshops to help with supporting your child through their GCSE studies. Elevate Education's free webinars have been emailed out to all parents and reminder emails will be sent when they are upcoming.

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their online seminar series, you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

Here's what Elevate will be covering:

- What to do in the final days before any test or assessment
- How to establish a good routine for the night before
- How to optimise exam-room performance

### **Mock Examinations & Parents' Evening**

In January, your child will be sitting their mock examinations and a parents' evening will follow this in February. This will give you an opportunity to speak to staff face to face about your child's progress. We would expect students to be completing homework set and beginning to revise now. Below are various resources to support revision.

### **GCSE Pod**

We use an online platform called GCSE Pod, which has a variety of subjects where students have access to revision podcasts which they can listen to through their smartphones or online on their laptops. It has been shown that regular users make at least 1 grade better in their GCSE's. Please encourage your child to log in using the details below:

Username: School email address (@alsophigh.org.uk)

Password: Alsop123

**Some additional online resources to support subject revision are:**

### **English**

- Romeo and Juliet' - [http://shakespeare.mit.edu/romeo\\_juliet/full.html](http://shakespeare.mit.edu/romeo_juliet/full.html)
- 'A Christmas Carol'- <https://www.gutenberg.org/files/46/46-h/46-h.htm>
- Power and Conflict Poetry Anthology
- AQA 'Telling Stories' collection: <https://store.aqa.org.uk/resources/english/AQA-8702-TG-TALES.PDF>
- AQA Non-Fiction collection: <https://filestore.aqa.org.uk/resources/english/AQA-87002-RSB.PDF>
- Guardian opinion piece articles: <https://www.theguardian.com/uk/commentisfree>

### **Maths**

- Corbett Maths GCSE 5-a-Day <https://corbettmaths.com/5-a-day/gcse/>
- Mathsbot <https://mathsbot.com/gcseMenuBot.com>
- Adams Maths <https://www.adamsmaths.uk/home/year-11>
- Maths Genie <https://www.mathsgenie.co.uk/>

We also have access to an excellent online platform, Complete Maths that tailors' activities to your child abilities, creating a bespoke programme for them. All students have been given their individual usernames and passwords. If they have mislaid this information or you would like it sent to your email, please do not hesitate to let me know.

### **Science**

Revision guides and reading lists have been distributed, please encourage your child to use these. We also have access to MyGCSE Science Revision, an excellent online platform with videos, quizzes and exam questions that allow your child to tailor their revision and identify gaps and misconceptions

Username: school email address

Password: ahs

### **Self-Care**

We know that tests and exams can be a challenging part of school life for children and young people and their parents or carers. Students' wellbeing is our priority; staff are here to support students through this, and below are some websites which give some really useful advice:

Help your child beat exam stress – NHS ([www.nhs.uk](http://www.nhs.uk))

Exam Stress | Coping Strategies | DEAL | Samaritans

Exam Stress | How To Deal with Exam Stress | YoungMinds

Managing stress and building resilience – tips – Mind

Kind regards,

Mrs Kimber

Assistant Headteacher