

Sport Year 13 Curriculum

Half Term 1	Half Term 2	Half Term 3
<p><u>Exam Unit</u> <u>Unit 3 – Sports organization and development</u></p> <ul style="list-style-type: none"> • LO1 : Understand how sport in the UK is organised • LO2 : Understand sports development_ <p><u>Coursework Unit</u> <u>Unit 2 – Sports coaching and activity leadership</u></p> <ul style="list-style-type: none"> • LO3 : Being able to use methods to improve skills, techniques and tactics in sport • LO4 : Being able to plan sports and activity sessions. 	<p><u>Exam Unit</u> <u>Unit 3 – Sports organization and development</u></p> <ul style="list-style-type: none"> • LO1 : Understand how sport in the UK is organised • LO2 : Understand sports development • LO3 : Understand how the impact of sports development can be measured • LO4 : Understand sports development in practice <p><u>Coursework Unit</u> <u>Unit 2 – Sports coaching and activity leadership</u></p> <ul style="list-style-type: none"> • LO6. Be able to deliver sports and activity sessions • LO7. Be able to review sports and activity sessions 	<p><u>Exam Unit</u> <u>Unit 1 – Body systems and the effects of physical activity</u></p> <ul style="list-style-type: none"> • Revision and preparation for exam <p><u>Exam Unit</u> <u>Unit 3 – Sports organization and development</u></p> <ul style="list-style-type: none"> • Revision in preparation for exam <p><u>Coursework Unit</u> <u>Unit 17 - Sports Injuries and Rehabilitation</u></p> <ul style="list-style-type: none"> • LO1 : Know common sports injuries and their effects • LO2 : Be able to minimise the risk of sports injuries
Half Term 4	Half Term 5	Half Term 6
<p><u>Coursework Unit</u> <u>Unit 17 – Sports Injuries and Rehabilitation</u></p> <ul style="list-style-type: none"> • LO3 : Be able to respond to acute sports injuries when they occur • LO4 : Know the role of different agencies in the treatment and rehabilitation of sports injuries • LO5 : Be able to plan a rehabilitation programme for a specific sports injury 	<p><u>Revision for Exams</u></p> <ul style="list-style-type: none"> • Unit 1 - Body systems and the effects of physical activity • Unit 3 – Sports organization and development 	<p><u>Coursework Unit</u></p> <ul style="list-style-type: none"> • Bespoke curriculum - based on coursework needs