



Alston Lane Catholic Primary School And Nursery

Preston Road
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10.7.26

7.5.21

Dear Parents and Carers

As a part of your child's educational experience at Alston Lane Catholic Primary School and Nursery, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may already be aware, the Department for Education has announced changes to relationships and sex education which must be in place from September 2026.

[Personal, social, health and economic \(PSHE\) education - GOV.UK](#)

[Relationships and Sex Education guidance](#)

The new guidance focuses on relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, well-being, safeguarding and growth.

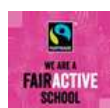
Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

The DfE continue to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. At Alston Lane, sex education will not be part of our teaching programme, as we believe this should be taught by parents, at home, when they believe it is the right time to do so.

This means that we have been reviewing our HRSE (Human Relationships and Sex Education) programme of study and policy so we can be sure our HRSE provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and disabilities

Whilst I am sure that there will be differences of opinion about this, we hope that consulting with you will help to inform our school's decisions on when and how certain content is covered, and





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enable us to reach a general consensus. Consequently, as part of our curriculum review we would appreciate your views on our draft policy for Human Relationships and Sex Education (HRSE).

Lancaster Diocese have worked with schools to provide a programme of study for HRSE which abides by statutory requirements.

What is taught, and how, is ultimately a decision for the school and consultation does not provide a parental veto on curriculum content as schools are legally required to teach the National Curriculum. The right to withdraw children from some lessons is explained within the policy.

As school community, we now have a 6 period of consultation on the school's policy, starting today and ending on 21st August.

The relevant documents can be found on our school website in the Curriculum Section (Human Relationships & Sex Education (HRSE):

Consultation Questions: (Please answer these through the online form on the website)

1. Which year groups will your child(ren) be in, from September 2026
2. The school's new HRSE policy meets statutory guidance and should be followed, in this form from September 2026 (Agree or Disagree)
3. If you disagreed with the previous question, please describe why this answer was selected.
4. Do you have any other comments or observations to make, in regard to the policy or its appendices?

Your views are very important to us and we will respond to you on the outcome of this process. Once we have considered all the feedback, the HRSE Policy will be uploaded to the school's website.

I hope this letter and information on the school website goes some way to answer any questions you may have. If you have any queries or concerns regarding the consultation process, please do not hesitate to contact the school.

Thank you for your continued support.

Mr M FitzGibbon

