



**26th Sunday in Ordinary Time - Luke 16: 19-31**

The poor man died and was carried by the angels to Abraham's side. The rich man also died and was buried, and in Hades, being in torment, he lifted up his eyes and saw Abraham far off and Lazarus at his side. And he called out, "Father Abraham, have mercy on me, and send Lazarus to dip the end of his finger in water and cool my tongue, for I am in anguish in this flame." But Abraham said, "Child, remember that you in your lifetime received your good things, and Lazarus in like manner bad things; but now he is comforted here, and you are in anguish."



## Gold Awards

Awarded for achievements in their work.

Year 1	<b>Elsie Simpson</b> for always being ready to share her ideas and knowledge in class discussions. Well done Elsie!
Year 2	<b>Stefan Gagat</b> for excellent effort in his pre-cursive handwriting and showing pride in his work. Well done Stefan!
Year 3	<b>Brogan Pawson</b> for working hard and showing great efforts in Maths this week! Keep up the great work, Brogan.
Year 4	<b>Cleo O'Hara</b> for working independently in maths when counting to 20. Well done Cleo!
Year 5	<b>Pippa Green</b> for showing true determination and perseverance in Maths!
Year 6	<b>Theo Bray</b> for outstanding knowledge in maths when completing reasoning questions.

## Super Citizens

For children showing the Gospel Value of **Love** for one another in all their thoughts and actions.

Year 1	<b>Nala Hamadziripi</b> for showing love to her friend when she was upset and giving her a hug. Well done Nala!
Year 2	<b>Holly Lord</b> for showing love and kindness by helping a classmate in PE, encouraging him and supporting him with care while he practiced hitting the ball. Thank you Holly!
Year 3	<b>Bonnie Farnworth</b> for showing love and care to her friends. She has been helping her friend, who has broken her arm, by offering to get her things and carry them for her.
Year 4	<b>Amelia Jackson</b> for a smiley can do attitude and for putting love and care into all your work. Well done!
Year 5	<b>William Rainford</b> for showing love by caring for others when they are hurt!
Year 6	<b>Brielle Moore</b> for demonstrating kindness when helping her peers in class.



Have you changed your email, phone number or address?

Please ensure we have your most up-to-date details so that we can contact you when we need to.

Please also regularly look at your account to see if you owe school for school dinners or school trips. Thank you

## Parents Evenings

Autumn term **Parents' Evening meetings** will take place on **Monday 13th & Tuesday 14th October.**

These will be online via Microsoft TEAMS and outline your child's start to the school year, successes and targets.

Meetings will be 5 minutes in duration and **parents will be able to book these from 6pm on Friday 3rd October.**

Please make every effort to attend these important meetings.



First Meeting - **Wednesday 1st October at 6pm in school**

New members are always welcome. Come and help us raise funds for projects in school.



First event - Halloween Discos on Wednesday 22nd October

**Nursery and infant Disco - 3.45pm until 4.30pm**

Parents must accompany nursery children.

Infants will be brought into the disco from the classroom.

**Junior Disco - 4.45pm until 5.45pm**

Juniors should go home and return to their disco at 4.45pm.

**Parent volunteers are needed for both discos. This will be helping to sell drinks and sweets during the evening.**

Price and final details to follow after the PTFA meeting on 1st October.



### **STARTING PRIMARY SCHOOL IN SEPTEMBER 2026?**

Tours of school will begin on 25th September and run throughout the autumn term. Please call the school office to arrange your personal tour with the Headteacher, Mr FitzGibbon.

The online application process is now open. See the link on the school's website, under the 'Parents' tab, then 'Admission to School'.

## School Trips and Visits from September 2025

Throughout the year, we plan trips and visits for all the classes that enhance or extend the children's learning.

Each occurrence is carefully planned so it just covers the costs of the trip—indeed some are also subsidised to bring costs down.

In previous years, families with children eligible for free school meals received the majority of trips and visits for free. From September 2025, we can no longer cover the cost of these in their entirety; instead we will ask for 30% of the cost of the visit.

We hope that parents find this acceptable and always ask all families to contact us, should the cost of the visit place them in a vulnerable financial situation.

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Our breakfast and after school club is an extremely busy and well attended provision. This means that we are full in various sessions across the week.

We apologise if this means you have been refused childcare at this time.

Please keep checking with us throughout the year.

Thank you

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## Our Lady & St Michael's Church - Alston Lane



### Mass Times at Alston Lane

**Saturday evening at 5pm**

**Sunday morning at 8:30am and 10:30am**

All are welcome at Mass

### School Masses - Thursdays at 9am (unless stated otherwise)

2nd Oct	Year 3	Feast of the Guardian Angels
9th Oct	Year 6	Forgiveness
16th Oct	Year 5	Friends are a gift
6th Nov	Year 4	The gift of seeing
13th Nov	Year 3	God's colourful world
20th Nov	Year 6	Listening
27th Nov	Year 5	Forgiveness
4th Dec	Year 4	Talents
11th Dec	Year 3	Spreading peace

### Summer Week 1 (22nd Sept, 13th Oct)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Oriental Style Chicken & Sweetcorn Meatballs, Rice or Noodles	Cheese Swirl with Herby Potatoes (v)	Roast Gammon or Veg Meatballs (v), Roast Potatoes & Veg	Booths Beef or Veg Burger (v) Tortilla Chips	Fish or Vegetable (v) Fingers
<b>2</b>	Tomato & Mascarpone Pasta (v)	Veg Tikka Curry, Rice and Naan (v)	Summer picnic lunch - sausage roll & sandwiches	Pasta Tubes in Tomato Sauce (v)	Pizza Margherita (v)
<b>3</b>	Choice of sandwich	Jacket Potato	Jacket Potato	Jacket Potato	Choice of sandwich

### Summer Week 2 (29th Sept, 20th Oct)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Vegetarian Sausage Roll and herby potatoes (v)	Southern Style Chicken Goujons & Chilli Wedges	Booths Pork or Veg (v) Sausages & Yorkshire Pudding, mash & veg	Cook's Choice of Chicken or Veg Curry (v), Rice and Naan.	Crispy battered Fish & chips
<b>2</b>	Loaded Veg and bean Taco with Rainbow Rice (v)	Mac and Cheese with crusty bread (v)	Spaghetti Arrabbiata & Dough Balls (v)	Homemade Cheese Flan & Baby Potatoes (v)	Pizza Margherita & chips (v)
<b>3</b>	Jacket Potato	Choice of sandwich with Tortilla Chips	Jacket Potato	Jacket Potato	Choice of sandwich & Chips

### Summer Week 3 (6th Oct)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Booths Pork or Veg Hot Dog (v), Ketchup and Wedges	Golden Crumb Salmon or Veg Fingers (v) with Paprika Potatoes	Roast Chicken or Quorn (v), Roast Potatoes & Veg	Spaghetti Bolognaise with Dough Balls	Fish Fingers & Chips
<b>2</b>	Pasta Twists & Tomato Sauce with Dough Balls (v)	Loaded Pizza Panini & Tortilla Chips (v)	Tomato & Mascarpone Herby Bread (v)	Ploughman's Picnic lunch with Crusty Bread	Pizza Margherita & chips (v)
<b>3</b>	Jacket Potato	Jacket Potato	Choice of sandwich with Tortilla Chips	Jacket Potato	Choice of sandwich & Chips

# Dates for the Diary

## September

29 Flu vaccinations for pupils

## October

6 3pm Year 2 Class Worship - Parents invited

7 Year 5 Anglo Saxon Day

9 Year 5 'Crucial Crew' visit to Stonyhurst

13 Parents' Evening Day 1 - online

14 Parents' Evening Day 2 - online

22 3.15pm Reception class learning showcase

22 PTFA Halloween Discos

24 Close for half term

## November

3 INSET DAY - School closed

4 School reopens for Autumn 2 half term

10 Individual and family photographs

13 'Bug Busters' visit for Y1 and Y2

13 Y6 Secret War visit

24 6.30pm Governors' Meeting

26 Year 4 Helmsore Mill visit

28 Pantomime at The Grand

28 Planned Christmas fair date

## December

5 Christmas Wreath Workshop – 7-9PM

7 Christmas Wreath Workshop—1-3PM

8 Junior Carol Concert in church

10 Christmas lunch

10 Nursery nativity in the hall

17 Infant nativity in the hall

19 School closes for Christmas

## January

5 School reopens for the spring term

6 Year 3 swimming block starts till 15th Jan

15 Year 6 Viking Day

26 3pm Year 4 Class Worship - Parents invited

## February

13 Close for half term

23 Inset Day - school closed

24 School reopens for spring 2 half term

24 Year 4 swimming block starts until 6th March

## March

5 World Book Day

9 3pm Year 6 Class Worship – Parents invited

10 Science Roadshows

16 6.30pm Full Governors' Meeting

23 Parents' Evening day 1 – in school

24 Parents' Evening day 2 – in school

26 2.45pm Class Worship – Easter Focus – Year 3

27 Close for Easter holidays

## April

3 Good Friday

5 Easter Sunday

13 School reopens for summer term

## May

4 School closed - Bank Holiday

11-14 KS2 SATs Week

14-20 Book Fair

18-20 Year 4 at Tower Wood

18 3pm Year 1 Class Worship – Parents invited

21 Close for half term

22 INSET Day – school closed

## June

1 School reopens for summer 2 half term

15 3pm Reception Class Worship – Parents invited

15 Class Photographs

15 6.30pm Full Governors Meeting

16 Sports Day – Juniors 1pm / Infants 2.30pm

27 Grimsargh Field Day – all invited to take part

## July

2 Move Up Day (Y6 at Secondary Schools)

13 Reports to Parents

13 Leavers' Mass 6pm

15 Governors' SEC meeting 6pm

17 9.30am End of Year Whole School Mass

17 2.30pm Leavers' Assembly

17 Close at 3.30pm

**Some dates may change if necessary.**

**Please look regularly for changes.**



# Early years choking hazards food safety advice

For babies and young children, food can be a choking hazard, especially when they do not chew their food well or they try to swallow it whole.

Choking can happen with any foods, but 'firm foods', bones and small round foods that can easily get stuck in the throat present a higher risk. Therefore, care givers should follow these five essential steps:

- 1** Make sure food is **suitably prepared and served** for babies and children under 5 years old. For suitable foods, see <https://www.nhs.uk/start4life/weaning/> Introduce babies to solid foods from around 6 months of age.
- 2** **Think about size, shape and texture of food.** Cut food into narrow batons, avoid round shapes and firm foods. Firm fruit & vegetables can be softened by cooking.
- 3** Ensure that babies and young children are **alert and seated safely upright** in a highchair or appropriately sized low chair whilst eating.
- 4** **Babies and young children should be supervised at all times** while eating. You will be able to identify the early signs of choking and prevent harm.
- 5** **Encourage babies and young children to chew food well.** Teach children how to chew and swallow food properly, and ensure they take their time during meals. This will reduce their risk of choking.

Care givers and parents should be familiar with how to respond to a choking incident in line with guidance on first aid for children:

**How to stop a child from choking:** <https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-stop-a-child-from-choking/>

**How to resuscitate a child:** <https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-resuscitate-a-child/>

# Early years food choking hazards

Below is a table of advice on key foods for care givers who are involved with preparing and serving food for babies and young children (under 5 years old)

Vegetable and fruits	Advice
Pips or stones in fruit	Always check beforehand and remove hard pips or stones from fruit.
Small fruits	Cut small round fruits like grapes, cherries, berries, strawberries and cherry tomatoes, into small pieces: cut lengthways and then again cut them in halves (quarters).
Large fruits and firm fruits	Cut large fruits like melon and firm fruits like apple into slices instead of small chunks. For very young children, consider grating or mashing firm fruits, or softening them up by steaming or simmering.
Vegetables	Cut vegetables like carrots, cucumber and celery into narrow batons. For very young children consider grating or mashing firm vegetables and legumes like butter beans, chickpeas and tofu, or softening them up by steaming or simmering.
Skin on fruit and vegetables	Consider removing the skin from fruit and vegetables, especially for very young children. Peeled fruit and vegetables can be swallowed more easily.
Cooking fruit and vegetables	Consider softening firm fruit and vegetables (such as carrots, broccoli, yam and apples) by steaming or simmering until soft. Serve cut into slices or narrow batons.
Meat and fish	Advice
Sausages and hot dogs	Cut sausages and hot dogs into short strips. Cut them in half and then lengthways or as thinly as possible. Peeling the skin off the sausages helps them to be swallowed more easily.
Meat or fish	Remove bones from meat or fish. Cut meat into strips as thinly as possible. Remove skin and fat from meat and fish, it will help the food pass smoothly down the throat.
Cheese	Advice
Grate or cut cheese	Grate or cut cheese into short strips. Cut lumps of cheese as narrow as possible.
Nuts and seeds	Advice
Chop or flake whole nuts	Chop or flake whole nuts, peanuts and seeds. Whole nuts should not be given to children under five years old.
Bread	Advice
White bread and other breads	White bread can form a ball shape with a dough-like texture at the back of a child's throat, if not chewed properly. Brown bread or toasted white bread are good alternatives. Cut bread, chapatis, naan bread and other breads into narrow strips.
Snacks and other foods	Advice
Popcorn	Do not give babies and young children popcorn.
Chewing gum and marshmallows	Do not give babies and young children chewing gum or marshmallows.
Peanut butter	Do not give babies and young children peanut butter on its own, only use as a spread.
Jelly cubes	Do not give babies and young children raw jelly cubes.
Boiled sweets and ice cubes	Do not give babies and young children boiled, hard, gooey, sticky or cough sweets, or ice cubes.
Raisins and other dried fruits	Do not give babies under the age of 1 whole raisins or dried fruits. Cut them into small pieces.

THIS SCHOOL IS A



Please continue to ensure that no nuts or nut based products come into school as part of packed lunches. Thank you