



ALSTON LANE CATHOLIC PRIMARY SCHOOL & NURSERY

Learning and Growing as Children of God

WEEKLY NEWSLETTER Friday 3rd October 2025



27th Sunday in Ordinary Time - Luke 17: 5-10

At that time: The Apostles said to the Lord, 'Increase our faith!' And the Lord said, 'If you had faith like a grain of mustard seed, you could say to this mulberry tree, "Be uprooted and planted in the sea", and it would obey you.'



Gold Awards

Awarded for achievements in their work.

Year 1	Adamas Ivanauskas for trying his best with his work, always answering questions on the carpet and having a real passion for his learning. Well done Adamas!
Year 2	James Whitmore for always being one of the first to be ready to learn, with a big smile on his face! Well done James!
Year 3	Henry Feeney for FANTASTIC writing this week in English! His use of vocabulary, punctuation and grammar has made his Paddington Bear story brilliant to read.
Year 4	Connie Walker for excellent behaviour, confidence in class discussion and wonderful writing this week.
Year 5	Elsie Blakeman for always trying her best, being a fantastic role model and always showing Green Behaviours.
Year 6	Lizzy Roberts for displaying an excellent attitude towards her learning.

Super Citizens

For children showing the Gospel Value of **Love** for one another in all their thoughts and actions.

Year 1	Cora Logan for showing a real love for learning by always being eager to complete a challenge. Well done Cora!
Year 2	Bonnie Bannister for showing love to her friend who was feeling upset and letting a teacher know. Thank you Bonnie!
Year 3	Hugo Logan for showing love by being encouraging with his words when talking to his friends.
Year 4	Izzy Bamber for showing love by supporting others and helping them feel more confident around school.
Year 5	Darcy Mather for showing love to her friends when they are hurt and using her kindness and initiative to support and look after them.
Year 6	Connor Vernon for always showing respect to his peers, both in class and on the playground.

Parents Evenings

Autumn term **Parents' Evening meetings** will take place on **Monday 13th & Tuesday 14th October.**

These will be online via Microsoft TEAMS and outline your child's start to the school year, successes and targets.

Meetings will be 5 minutes in duration and **parents will be able to book these from 6pm on Friday 3rd October.** Please make every effort to attend these important meetings.

First event - Halloween Discos on Wednesday 22nd October



Nursery and infant Disco - 3.45pm until 4.30pm

Parents must accompany nursery children.



Infants will be brought into the disco from the classroom. Please send any costumes into school in a bag, or come and help them change at 3.30pm.

Junior Disco - 4.45pm until 5.45pm

Juniors should go home and return to their disco at 4.45pm.



Parent volunteers are needed for both discos. They will be helping to sell items and serve food during the evening.

Price: £5 for one child £4 for siblings (e.g 2 siblings will cost £9)

Tickets will be on sale from Tuesday 7th October

Ticket price includes entry to the disco, a glow stick, pizza or a hot dog, a small bag of sweets and a drink. (Additional cordial and water will be available during the event).

Children may buy additional 'glow' items during the disco, as well as sweets. Juniors may buy cans of drink.

If you are in a position to help this talented group of dancers compete in Las Vegas in October 2026, please click the link below to help them achieve this aspirational goal.

One of our own pupils was in the team who received a 'Golden Buzzer' and a fast pass to the final.

Thank you from King's Dance Academy.

Go Fund Me Page



School Trips and Visits from September 2025

Throughout the year, we plan trips and visits for all the classes that enhance or extend the children's learning.

Each occurrence is carefully planned so it just covers the costs of the trip—indeed some are also subsidised to bring costs down.

In previous years, families with children eligible for free school meals received the majority of trips and visits for free. From September 2025, we can no longer cover the cost of these in their entirety; instead we will ask for 30% of the cost of the visit.

We hope that parents find this acceptable and always ask all families to contact us, should the cost of the visit place them in a vulnerable financial situation.



Our breakfast and after school club is an extremely busy and well attended provision. This means that we are full in various sessions across the week. We apologise if this means you have been refused childcare at this time. Please keep checking with us throughout the year.

Thank you



Our annual harvest Worship will take place on Friday 10th October during our celebration assembly in the hall.

During this celebration, we gather and donate items for local food banks, which are critical throughout the year.

We will start the collection on Monday 6th October.

Further details of what we are collecting will be sent in a separate email. Thank you in anticipation.

Our Lady & St Michael's Church - Alston Lane

School Masses - Thursdays at 9am (unless stated otherwise)

9th Oct	Year 6	Forgiveness
16th Oct	Year 5	Friends are a gift
6th Nov	Year 4	The gift of seeing
13th Nov	Year 3	God's colourful world
20th Nov	Year 6	Listening
27th Nov	Year 5	Forgiveness
4th Dec	Year 4	Talents
11th Dec	Year 3	Spreading peace



Mass Times at Alston Lane

Saturday evening at 5pm

Sunday morning at 8:30am and 10:30am

All are welcome at Mass

Summer Week 1 (13th Oct)

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Oriental Style Chicken & Sweetcorn Meatballs, Rice or Noodles	Cheese Swirl with Herby Potatoes (v)	Roast Gammon or Veg Meatballs (v), Roast Potatoes & Veg	Booths Beef or Veg Burger (v) Tortilla Chips	Fish or Vegetable (v) Fingers
2	Tomato & Mascarpone Pasta (v)	Veg Tikka Curry, Rice and Naan (v)	Summer picnic lunch - sausage roll & sandwiches	Pasta Tubes in Tomato Sauce (v)	Pizza Margherita (v)
3	Choice of sandwich	Jacket Potato	Jacket Potato	Jacket Potato	Choice of sandwich

Summer Week 2 (20th Oct)

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Vegetarian Sausage Roll and herby potatoes (v)	Southern Style Chicken Goujons & Chilli Wedges	Booths Pork or Veg (v) Sausages & Yorkshire Pudding, mash & veg	Cook's Choice of Chicken or Veg Curry (v), Rice and Naan.	Crispy battered Fish & chips
2	Loaded Veg and bean Taco with Rainbow Rice (v)	Mac and Cheese with crusty bread (v)	Spaghetti Arrabbiata & Dough Balls (v)	Homemade Cheese Flan & Baby Potatoes (v)	Pizza Margherita & chips (v)
3	Jacket Potato	Choice of sandwich with Tortilla Chips	Jacket Potato	Jacket Potato	Choice of sandwich & Chips

Summer Week 3 (6th Oct)

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Booths Pork or Veg Hot Dog (v), Ketchup and Wedges	Golden Crumb Salmon or Veg Fingers (v) with Paprika Potatoes	Roast Chicken or Quorn (v), Roast Potatoes & Veg	Spaghetti Bolognese with Dough Balls	Fish Fingers & Chips
2	Pasta Twists & Tomato Sauce with Dough Balls (v)	Loaded Pizza Panini & Tortilla Chips (v)	Tomato & Mascarpone Herby Bread (v)	Ploughman's Picnic lunch with Crusty Bread	Pizza Margherita & chips (v)
3	Jacket Potato	Jacket Potato	Choice of sandwich with Tortilla Chips	Jacket Potato	Choice of sandwich & Chips

Dates for the Diary

October

- 6 3pm Year 2 Class Worship - Parents invited
- 7 Year 5 Anglo Saxon Day
- 9 Year 5 'Crucial Crew' visit to Stonyhurst
- 13 Parents' Evening Day 1 - online
- 14 Parents' Evening Day 2 - online
- 22 3.15pm Reception class learning showcase
- 22 PTFA Halloween Discos
- 24 Close for half term

November

- 3 INSET DAY - School closed
- 4 School reopens for Autumn 2 half term
- 10 Individual and family photographs
- 13 'Bug Busters' visit for Y1 and Y2
- 13 Y6 Secret War visit
- 24 6.30pm Governors' Meeting
- 26 Year 4 Helmsore Mill visit
- 28 Pantomime at The Grand
- 28 Planned Christmas fair date

December

- 5 Christmas Wreath Workshop – 7-9PM
- 7 Christmas Wreath Workshop—1-3PM
- 8 Junior Carol Concert in church
- 10 Christmas lunch
- 10 Nursery nativity in the hall
- 17 Infant nativity in the hall
- 19 School closes for Christmas

January

- 5 School reopens for the spring term
- 6 Year 3 swimming block starts till 15th Jan
- 15 Year 6 Viking Day
- 26 3pm Year 4 Class Worship - Parents invited

February

- 13 Close for half term
- 23 Inset Day - school closed
- 24 School reopens for spring 2 half term
- 24 Year 4 swimming block starts until 6th March

March

- 5 World Book Day
- 9 3pm Year 6 Class Worship – Parents invited
- 10 Science Roadshows
- 16 6.30pm Full Governors' Meeting
- 23 Parents' Evening day 1 – in school
- 24 Parents' Evening day 2 – in school
- 26 2.45pm Class Worship – Easter Focus – Year 3
- 27 Close for Easter holidays

April

- 3 Good Friday
- 5 Easter Sunday
- 13 School reopens for summer term

May

- 4 School closed - Bank Holiday
- 11-14 KS2 SATs Week
- 14-20 Book Fair
- 18-20 Year 4 at Tower Wood
- 18 3pm Year 1 Class Worship – Parents invited
- 21 Close for half term
- 22 INSET Day – school closed

June

- 1 School reopens for summer 2 half term
- 15 3pm Reception Class Worship – Parents invited
- 15 Class Photographs
- 15 6.30pm Full Governors Meeting
- 16 Sports Day – Juniors 1pm / Infants 2.30pm
- 27 Grimsargh Field Day – all invited to take part

July

- 2 Move Up Day (Y6 at Secondary Schools)
- 13 Reports to Parents
- 13 Leavers' Mass 6pm
- 15 Governors' SEC meeting 6pm
- 17 9.30am End of Year Whole School Mass
- 17 2.30pm Leavers' Assembly
- 17 Close at 3.30pm

**Some dates may change if necessary.
Please look regularly for changes.**



Happy Minds & Juno

bring you our

OCTOBER

HALF-TERM HOLIDAY CLUB

at St. Maria Goretti

27TH - 31ST OCTOBER

8:30AM - 4:00PM

Glow-in-the-Dark
Dodgeball

Football

Play-Doh
Modelling

Lego
Construction

Den
Building

Arts & Crafts

Lasertag

...and lots more!



Prices



£22.50 per day

£100.00 for the whole week

You will need to provide your child with a packed lunch and snacks to last the day.

Book Here



happy-minds.org

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Early years choking hazards food safety advice

For babies and young children, food can be a choking hazard, especially when they do not chew their food well or they try to swallow it whole.

Choking can happen with any foods, but 'firm foods', bones and small round foods that can easily get stuck in the throat present a higher risk. Therefore, care givers should follow these five essential steps:

- 1** Make sure food is **suitably prepared and served** for babies and children under 5 years old. For suitable foods, see <https://www.nhs.uk/start4life/weaning/> Introduce babies to solid foods from around 6 months of age.
- 2** **Think about size, shape and texture of food.** Cut food into narrow batons, avoid round shapes and firm foods. Firm fruit & vegetables can be softened by cooking.
- 3** Ensure that babies and young children are **alert and seated safely upright** in a highchair or appropriately sized low chair whilst eating.
- 4** **Babies and young children should be supervised at all times** while eating. You will be able to identify the early signs of choking and prevent harm.
- 5** **Encourage babies and young children to chew food well.** Teach children how to chew and swallow food properly, and ensure they take their time during meals. This will reduce their risk of choking.

Care givers and parents should be familiar with how to respond to a choking incident in line with guidance on first aid for children:

How to stop a child from choking: <https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-stop-a-child-from-choking/>

How to resuscitate a child: <https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-resuscitate-a-child/>

Early years food choking hazards

Below is a table of advice on key foods for care givers who are involved with preparing and serving food for babies and young children (under 5 years old)

Vegetable and fruits	Advice
Pips or stones in fruit	Always check beforehand and remove hard pips or stones from fruit.
Small fruits	Cut small round fruits like grapes, cherries, berries, strawberries and cherry tomatoes, into small pieces: cut lengthways and then again cut them in halves (quarters).
Large fruits and firm fruits	Cut large fruits like melon and firm fruits like apple into slices instead of small chunks. For very young children, consider grating or mashing firm fruits, or softening them up by steaming or simmering.
Vegetables	Cut vegetables like carrots, cucumber and celery into narrow batons. For very young children consider grating or mashing firm vegetables and legumes like butter beans, chickpeas and tofu, or softening them up by steaming or simmering.
Skin on fruit and vegetables	Consider removing the skin from fruit and vegetables, especially for very young children. Peeled fruit and vegetables can be swallowed more easily.
Cooking fruit and vegetables	Consider softening firm fruit and vegetables (such as carrots, broccoli, yam and apples) by steaming or simmering until soft. Serve cut into slices or narrow batons.
Meat and fish	Advice
Sausages and hot dogs	Cut sausages and hot dogs into short strips. Cut them in half and then lengthways or as thinly as possible. Peeling the skin off the sausages helps them to be swallowed more easily.
Meat or fish	Remove bones from meat or fish. Cut meat into strips as thinly as possible. Remove skin and fat from meat and fish, it will help the food pass smoothly down the throat.
Cheese	Advice
Grate or cut cheese	Grate or cut cheese into short strips. Cut lumps of cheese as narrow as possible.
Nuts and seeds	Advice
Chop or flake whole nuts	Chop or flake whole nuts, peanuts and seeds. Whole nuts should not be given to children under five years old.
Bread	Advice
White bread and other breads	White bread can form a ball shape with a dough-like texture at the back of a child's throat, if not chewed properly. Brown bread or toasted white bread are good alternatives. Cut bread, chapatis, naan bread and other breads into narrow strips.
Snacks and other foods	Advice
Popcorn	Do not give babies and young children popcorn.
Chewing gum and marshmallows	Do not give babies and young children chewing gum or marshmallows.
Peanut butter	Do not give babies and young children peanut butter on its own, only use as a spread.
Jelly cubes	Do not give babies and young children raw jelly cubes.
Boiled sweets and ice cubes	Do not give babies and young children boiled, hard, gooey, sticky or cough sweets, or ice cubes.
Raisins and other dried fruits	Do not give babies under the age of 1 whole raisins or dried fruits. Cut them into small pieces.

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Please continue to ensure that no nuts or nut based products come into school as part of packed lunches. Thank you