



## Alston Lane Catholic Primary School & Nursery

### Physical Education Long-term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	FMS – Baseline	FMS – Elmer	FMS – Transport	FMS – Caterpillar	FMS – Castles	FMS – Space
<b>Reception</b>	FMS – Baseline	FMS – Jack and the Beanstalk	FMS – Rosie’s Walk	FMS – How to catch a star	FMS– Mini-beasts	FMS – Seaside
<b>Year 1</b>	FMS – Baseline	Dance – Fire, Fire!	Gymnastics	FMS – Underarm Throw	FMS – Catching and Bouncing a ball	Athletics
<b>Year 2</b>	Games – Piggy in the Middle	Gymnastics	Dance - Explorers	Games – Striking and Fielding	Games – Net and Wall	Athletics FMS - End of KS1 Assessment
<b>Year 3</b>	Invasion Games – Handball	Gymnastics	Dance – Rock and Roll	Target Games – Dodgeball	Invasion Games – Netball	Athletics
<b>Year 4</b>	Invasion Games – Basketball	Dance – The Great Plague	Gymnastics	Invasion Games – Handball	Swimming Net & Wall Core Task 1	Athletics
<b>Year 5</b>	Invasion Games – Rugby	Gymnastics	Dance – Earthlings	Striking & Feilding Games - Rounders	Invasion Games – Hockey	Athletics
<b>Year 6</b>	Invasion Games – Rugby	Gymnastics	Dance – Heroes & Villains	Striking & Feilding Games – Cricket	Net & Wall Games – Tennis	Athletics