

PE Progression through Lancashire PE SOW: Striking/Fielding Games - Years 3, 4, 5 and 6

Aim of Striking/Fielding games	Year 3/4		Year 5/6	
	Children will learn how to hit or strike the ball into spaces, so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down.	Children will learn how to hit or strike the ball into spaces, so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down.	Children will develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, backstop, fielder and batter.	Children will develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, wicket-keeper, fielder and batter.
In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition.	In striking and fielding games, players learn to strike a ball and try to avoid fielders, so that they can run around bases to score runs.	In striking and fielding games, players learn to strike a ball and try to avoid fielders, so that they can run around bases to score runs.	Children will focus on developing their technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team.	Children will focus on developing their technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team.
Progression of performance of skills	<ul style="list-style-type: none"> Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy. 	<ul style="list-style-type: none"> Master fundamental movement skills and start to develop sport specific skills performing them with consistency and accuracy. 	<ul style="list-style-type: none"> Continue to develop sport specific skills and perform with consistency, accuracy, confidence and control. 	<ul style="list-style-type: none"> Continue to develop sport specific skills and perform them with consistency, accuracy, confidence, control and speed.
Developing Skills – Lancashire Scheme	<ul style="list-style-type: none"> Bowl underarm Strike a ball off a tee Catch a ball Field a ball and return it quickly 	<ul style="list-style-type: none"> Bowl underarm Perform a straight drive Catch a ball Field a ball and return it quickly 	<ul style="list-style-type: none"> Bowl underarm Strike a ball off a tee Strike a bowled ball Field a ball and throw back overarm. 	<ul style="list-style-type: none"> Bowl overarm Strike a bowled ball Field a ball and throw back overarm
Application of skills – Lancashire Scheme (Core Task)	<ul style="list-style-type: none"> Rounders type game The 'Run the loop' core task involves a team of four batters trying to score points by striking the ball and running between bases, and a team of four fielders trying to retrieve, throw and catch the ball quickly and accurately. 	<ul style="list-style-type: none"> Cricket type game The 'Run the loop' core task involves a team of four batters trying to score points by striking the ball and running between wickets, and a team of four fielders trying to retrieve, throw and catch the ball quickly and accurately. 	<ul style="list-style-type: none"> Rounders Level 1 competition The aim of this game is for a team to score as many runs as possible. Play the game 9V9. One team bats while the other team fields and bowls. The bowler bowls the ball underarm to the batter who hits the ball anywhere on the rounders pitch. 	<ul style="list-style-type: none"> Cricket Level 1 competition The aim of this game is for pairs to score as many runs as possible. Start with a three-pair game. One pair bats; one pair fields; and the third pair bowls and keeps wicket. The bowling pair take it in turns to bowl. Set a length for an innings
Character Education	<ul style="list-style-type: none"> Communication Evaluation 	<ul style="list-style-type: none"> Communication Evaluation 	<ul style="list-style-type: none"> Encouragement Decision Making Evaluation 	<ul style="list-style-type: none"> Encouragement Decision Making Evaluation