**How do we tell our children?**

Be factual and honest, but don't say more than necessary. Death is a natural part of life and cannot be undone. Assure children that it was nobody's fault. There is nothing anyone did wrong.

As Christians, we believe that death is the doorway to Heaven and Mrs Allen now knows peace and happiness with God's special love.

Give them time and space to gather their thoughts and feelings and wait for them to come to you to share them.

When they do, help children to know the words to describe how they are feeling. They need to know that it is good to keep talking about Mrs Allen and for you to remember her together.

Allow children to ask questions – if they wish, let them write them down so they can ask when we return to school.

Invite them to go to church and light a candle and say a prayer together - show your child that Church is a place we can go to in memorial.

**Please note:**

Before discussing this outside the family, consider whether other parents have also had the opportunity to support their own children through the sharing of this news.