

# Monday Week 1

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## Meat-free option

Plant-based burger in a bap with diced potatoes (Vg) Served with vegetables of the day or salad and bread of the day

Yoghurt, fruit and freshly baked mini shortbread biscuit



## Meat option

Spaghetti bolognaise (beef)

Served with vegetables of the day or salad and Garlic bread of the day Yoghurt, fruit and freshly baked mini shortbread biscuit



# Tuesday Week 1

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## Meat-free option

Tomato pasta (V)

Served with vegetables of the day or salad and bread of the day Chocolate brownie



## Meat option

Italian style chicken goujons with diced potatoes

Served with vegetables of the day or salad and bread of the day Chocolate brownie



# Wednesday Week 1

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## Meat-free option

Margherita pizza and crinkle cut wedges (V)

Served with vegetables of the day or salad and bread of the day Fruit and jelly



## Meat option

Chicken and oriental style vegetable rice

Served with vegetables of the day or salad and bread of the day Fruit and jelly



# Thursday Week 1

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## Meat-free option

Quorn chicken pieces in a Yorkshire pudding (V)

Served with roast potatoes, vegetable of the day, gravy and bread of the day Lemon drizzle sponge



## Meat option

Sliced beef and Yorkshire pudding

Served with roast potatoes, vegetable of the day, gravy and bread of the day Lemon drizzle sponge



# Friday Week 1

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## Meat-free option

Sweet potato and lentil curry with a blend of brown and white rice (Vg) Served with chips and vegetables of the day or salad and bread of the day ice cram topped with cream



## Meat option

Baked fish fingers

Served with chips and vegetables of the day or salad and bread of the day ice cream topped with cream



# Monday Week 2

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## Meat-free option

Meat-free hotdog with diced potatoes (Vg)

Served with vegetables of the day or salad and bread of the day Yoghurt, fruit and freshly baked mini shortbread biscuit



## Meat option

Cottage pie (beef)

Served with vegetables of the day or salad and bread of the day Yoghurt, fruit and freshly baked mini shortbread biscuit

October 23 to

March 24

# Tuesday Week 2

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## Meat-free option

Roasted vegetable lasagne (V)

Served with vegetables of the day or salad and bread of the day Apple flapjack



## Meat option

Chicken nuggets with diced potatoes

Served with vegetables of the day or salad and bread of the day Apple flapjack

October 23 to

March 24

# Wednesday Week 2

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## Meat-free option

Margherita pizza with crinkle cut wedges (V)

Served with vegetables of the day or salad and bread of the day Fruit and jelly



## Meat option

Ham carbonara with penne pasta

Served with vegetables of the day or salad and bread of the day Fruit and jelly

October 23 to

March 24

# Thursday Week 2

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Meat-free option Vegetable pastry crown (Vg)

Served with roast potatoes, vegetables of the day, gravy and bread of the day Victoria sponge



Meat option

Roast Chicken and Yorkshire pudding

Served with roast potatoes, vegetables of the day, gravy, and bread of the day Lemon drizzle sponge

October 23 to

March 24

# Friday Week 2

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## Meat-free option

cheddar cheese and potato frittata (V)

Served with vegetables of the day or salad and bread of the day home made cookie



## Meat option

Baked battered fish and chips

Served with vegetables of the day or salad and bread of the day home made cookie

October 23 to

March 24

# Monday Week 3

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## Meat-free option

cheddar cheese and tomato quesadilla with diced potatoes (V) Served vegetables of the day or salad and bread of the day

Yoghurt, fruit and freshly baked mini shortbread biscuit



## Meat option

Pork sausage roll with diced potatoes

Served with vegetables of the day or salad and bread of the day Yoghurt, fruit and freshly baked mini shortbread biscuit

October 23 to

March 24

# Tuesday Week 3

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## Meat-free option

Macaroni cheese with cheddar (V)

Served with vegetables of the day or salad and bread of the day

jam sponge



## Meat option

Chicken curry with a blend of brown and white rice Served with vegetables of the day or salad and bread of the day

jam sponge

October 23 to

March 24

# Wednesday Week 3

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## Meat-free option

Margherita pizza with crinkle cut wedges (V)

Served with vegetables of the day or salad and bread of the day Fruit and jelly



## Meat option

Bubble salmon with crinkle cut wedges

Served with vegetables of the day or salad and bread of the day Fruit and jelly

October 23 to

March 24

# Thursday Week 3

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## Meat-free option

cheddar cheese and tomato pastry puff (V)

Served with roast potatoes, vegetables of the day, gravy and bread of the day Chocolate orange sponge



## Meat option

Roast chicken and Yorkshire pudding

Served with roast potatoes, vegetables of the day, gravy and bread of the day Chocolate orange sponge

# Friday Week 3

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## Meat-free option

Vegetable and bean burrito (Vg)

Served with vegetables of the day or salad and bread of the day Freshly baked marble shortbread



## Meat option

Baked fish fingers and chips

Served with vegetables of the day or salad and bread of the day Freshly baked marble shortbread