

P.E Curriculum 2026-2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Intro to P.E 1	FUNdamentals 1	Dance 1	Gymnastics 1	Ball Skills 1	Games 1
Year 1	Team Building	FUNdamentals	Dance	Ball Skills	Athletics	Games Sending & Receiving / Target Games
Year 2	Team Building	Ball Skills	Dance	Gymnastics / Yoga	Athletics	Striking & Fielding
Year 3	Tennis	Tag Rugby	Gymnastics	Dance	Athletics	Cricket/Rounders
				Swimming		
Year 4	Hockey	Netball	Gymnastics	Tennis	Athletics	Cricket/Rounders
	Swimming					
Year 5	OAA	Tag Rugby	Gymnastics / Yoga	Netball	Athletics	Cricket/Rounders
Year 6	OAA	Hockey	Gymnastics	Tennis	Athletics	Cricket/Rounders

*Continue to use extension lessons for units as required/dependant on needs of class.

Curriculum Design Principles

Key Stage 1 provision is based heavily upon developing pupils' motor competencies and working towards mastery of running, jumping, throwing and catching. This will allow greater development of sport specific skills and application of knowledge and understanding during and throughout Key Stage 2. In both key stages pupils will be taught about what it means to be healthy and developing participation skills for life. This will include learning about how to stay healthy and as appropriate and linked to other areas of the curriculum, their body, nutrition and the benefits of exercise (well-being and health).

Certain areas of activity are scheduled to facilitate the wider aspects of PE, school sport and physical activity (PESSPA). Tag Rugby for example is sequenced to facilitate competition opportunities as is Hockey, Cricket / Rounders and Athletics. OAA (Outdoor Adventurous Activities) are scheduled early in Year 5 and 6 to facilitate greater cooperation, communication and resilience whilst also preparing pupils for a residential experience. Swimming at present is scheduled for Year 3 and 4 but this is under review as is looking at how we can best ensure ALL pupils are able to meet the minimum requirements of the statutory national curriculum for swimming.