



THE



LANCASHIRE

School
FOOD
Plan





No Such Thing as a Free Lunch?

We beg to differ.....

If your child is currently in Reception, Year 1 or Year 2 they are entitled to a FREE school lunch

To take advantage of this hot, nutritious and best of all FREE offer please speak to your school

Visit www.servinglancashire.org.uk to see what we have planned...

Lancashire

County
Council





Feeding THE FUTURE

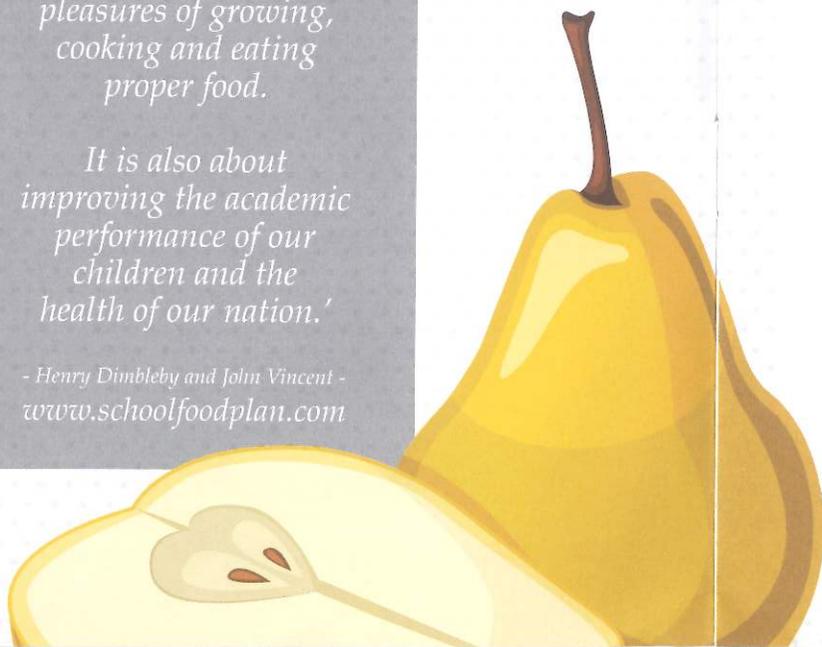
OF
LANCASHIRE

*'This plan is about
good food
and happiness.*

*It is about the
pleasures of growing,
cooking and eating
proper food.*

*It is also about
improving the academic
performance of our
children and the
health of our nation.'*

*- Henry Dimbleby and John Vincent -
www.schoolfoodplan.com*



Free Meals

Free school meals for all children in reception, year 1 and 2 from September 2014 – claim yours now and save your household up to £418 a year per child.

From September 2014 all children in primary reception and years 1 and 2 are entitled to free meals as part of the government's new initiative for Universal Infant Free School Meals. Please talk to your child's school for more details of how to take up your entitlement. There has never been a better time to make savings in your household!

The Pupil Premium

For children of any age, if you receive certain benefits or have a household income below the government's threshold it is really important that you register your entitlement with your area education office (details on the back page) so that your child's school can receive extra school funding called the 'Pupil Premium'. This is worth £1,300 per pupil and applies equally to those starting in reception or in years 1 and 2.

Can I claim free school meals for my older children?

Yes you can. To find out, contact your local education office with your name, date of birth and National Insurance number. Again, this will ensure your school benefits from the 'Pupil Premium'.

Why choose school meals?

It's the healthy option.

The School Food Plan and the new food based standards for lunches aim to improve the academic performance of our children and the health of our nation. Good food provision in schools has shown to lead not only to healthier children but also to improved achievement.

In Lancashire, the catering service has always planned menus to be compliant with the standards for school food and will continue to do so.

We aim to positively influence the diet of our children and young people by always thinking about where the food we put on their plates comes from and how it was produced. We care about the food your child eats at lunchtime and are always looking to improve the quality of ingredients and the content of our menus.

In the majority of schools freshly baked bread is served daily and there is always a variety of salads on offer to compliment the main choice. A variety of fruit is also offered daily from the fruit bar.

Whilst we are always seeking to introduce new dishes, we recognise that the traditional roast dinner remains a favourite with children and this is served at least once a week, for example farm assured roast beef, Yorkshire pudding, roast and creamed potatoes, fresh seasonal vegetables and a rich gravy sauce.

Menus and a menu week calendar are made available to every parent twice each year. For more information please visit www.servinglancashire.gov.org

Locally Sourced food

We buy local produce to support local businesses and reduce food miles.

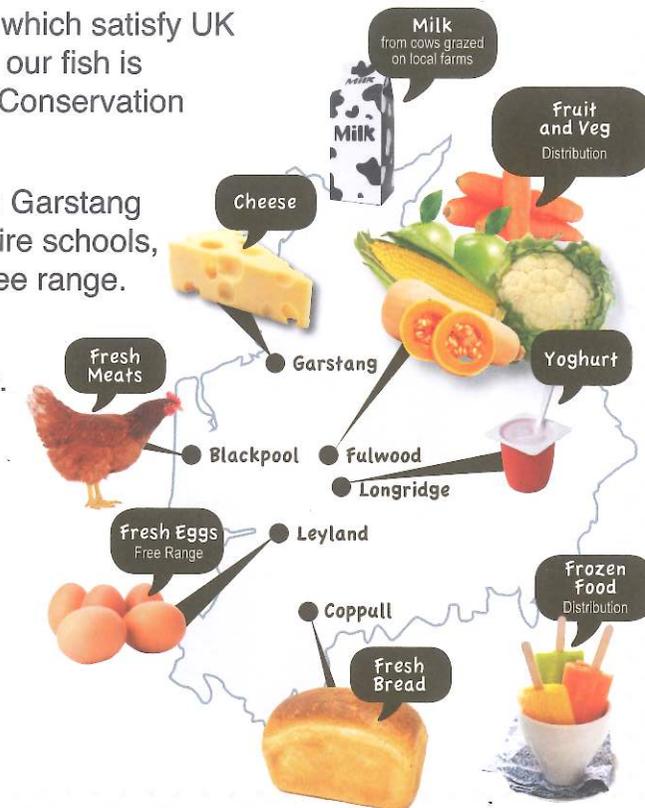
100% of our school food suppliers are classed as local and 75% of our food purchases are produced by local businesses. Our service recognises the value and importance of sustainable and responsible food sourcing.

All meat is from farms which satisfy UK welfare standards and our fish is recognised as Marine Conservation Society 'Fish to eat'.

Our cheese is made in Garstang especially for Lancashire schools, and all our eggs are free range.

High quality yoghurt is produced in Longridge.

When in season; we purchase salads and vegetables grown in Tarleton and Hesketh Bank, and prepared vegetables and potatoes also come from Lancashire.



Putting the fun into food

The Healthy Heroes have been created to help primary age children make healthier food and activity choices. Choosing a school lunch is one of those choices.

We work in partnership with Lancashire Healthy Schools and support the Change 4 Life campaign to provide a menu your child will enjoy and that will prepare them for learning in the afternoon.

In Lancashire there is a planned promotional calendar which brings fun and education to lunch times.

- World Book Day
- Best of British
- Harvest Festival
- Christmas Parties
- Victorian Tea Party
- Football Fever

For example on Football Fever day:

Tangy Mexican chicken wrap, homemade garlic potato wedges, salad bar and fruity ice cream sundae.

All events will be posted on the website, visit www.servinglancashire.org.uk – keep visiting to see what we have planned at your school.



Special diets

We aim to provide a school meal for all pupils, including those with medical diets.

These special diets are for pupils with a medical problem, not just a dislike of certain foods. You will need to tell the school that your child has an allergy and also provide medical evidence, for example a letter from their GP or a consultant paediatrician, together with any information received from their dietician.

Once the school has received this information they will tell the Unit Catering Supervisor. Depending on the nature of the request it may be necessary for a service manager to meet with you and the school to discuss your child's needs in detail.

Be part of our team

The catering service is always looking for people to take up catering assistant and supervisor roles.

As a valued member of the team we offer a full training and induction programme, a minimum hourly rate of £7.65, a term time contract which may fit in with family commitments, a salary which includes up to 31 days holiday pay (pro rata), uniform and entry into the local government pension scheme. For those individuals who want to progress there are opportunities for development and promotion into supervisory positions. The catering service is recruiting now and we have vacancies in schools in your area.

For up to date information on current job opportunities please go to <http://jobs.lancashire.gov.uk/> or call 01772 535355.

