



PE at Appley Bridge All Saints'

Reception:

Moving and
Handling

Health and
Self Care

KS1:

Topics include:

- Fundamental Movement Skills
- Dance
- Gymnastics
- OAA

Lower KS2:

Topics include:

- Fundamental Movement Skills
- Dance
- Gymnastics
- OAA
- Invasion
- Athletics
- Health and Wellbeing

Upper KS2:

Topics include:

- Dance
- Gymnastics
- OAA
- Invasion
- Athletics
- Health and Wellbeing