



# PSHE at Appley Bridge All Saints'

## Reception

Autumn: Families and Friends. Staying Safe at Home. Good Manners

Spring: Looking after our classroom and belongings. Using the internet. People who help us.

Summer: Hand Washing and Eating and Balanced Diet. Saying Sorry and Sharing Nicely. Our Different Emotions. Keeping Safe When Playing Outside. Keeping Safe Online. Making an Emergency Call.

Year 6 also complete the Archbishop of York Young Leaders Award

## Year 1 to Year 6

### Autumn Term:

#### Relationships

- Families and Friendships
- Safe Relationships
- Respecting Ourselves and Others

### Spring Term:

#### Living in the Wider World

- Belonging to a Community
- Media Literacy and Digital Resilience
- Money and Work

### Summer Term:

#### Health and Wellbeing

- Physical Health and Mental Wellbeing
- Growing and Changing
- Keeping Safe