PSHE at All Saints CE Primary School Appley Bridge

INTENT

It is our intention that when children leave All Saints CE, they will do so with the knowledge, understanding and emotional intelligence to be able to play an active, positive and valuable role in today’s society. We want our children to believe in themselves, have high aspirations, and go forward in the knowledge that, with perseverance and determination, they can achieve whatever they set out to do. We want them to be aware of factors which may affect their mental health and have coping strategies to deal with adversity and trials. We aim to equip our children with the knowledge and understanding to look after their own well-being with regards to healthy eating and sleep habits, mental health, recreation and the importance of exercise.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences of later life. Our Relationships and Sex Education curriculum enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Implementation

EYFS - In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from ‘Development Matters in the EYFS’ and the PSED Early Learning Goals.

Key Stage 1 and Key Stage 2 - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We follow a thematic approach to our learning with a spiral curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World learning opportunities set out in the PSHE Association’s Programme of Study.

Staff have received Inset training in Mindfulness which allows children to enhance their emotional awareness, concentration and focus.

We teach a full programme of Sex and Relationships Education; in addition to work that is covered in our Science Curriculum. We celebrate diversity by recognising that there are many forms of relationships, family units, gender identities and race. We ensure that our resources, such as class and library books reflect this diversity for today’s world.

**Impact**

On leaving All Saints CE we feel our children will be better placed to:

* have a positive self esteem
* understand and manage their emotions
* be able to look after their mental health and well-being
* be able to develop positive, healthy relationship with their peers both now and in the future.
* have respect for themselves and others
* be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
* appreciate difference and diversity
* recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
* understand the physical and emotional aspects involved in RSE, at an age appropriate level