



All Saints C of E Primary School

Relationships, Sex and Health Education Policy

*'In God's hands,
we place ourselves
and with the strength He gives us,
we love, live and learn together.'*

*"We can do all things through Christ
who strengthens us"
Philippians 4:13*

Purpose

This policy contains information on how our school will meet its statutory duties, when teaching Relationships, Sex and Health Education.

Statutory Guidance

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools except independent schools. Whilst the guidance on Sex Education remains unchanged, in that primary schools can decide whether to teach beyond national curriculum science; the DfE recommends that primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.

Process for Policy Development

This policy has been developed in consultation with all stakeholders, including governors, staff, pupils and parents/carers. Policy development involved the following steps:

- 1 Review – the PSHE coordinator gathered all relevant information including national, diocesan and local guidance.
- 2 Staff consultation – all staff were given the opportunity to look at the policy and make recommendations.
- 3 Parent/stakeholder consultation – parents and any interested parties were asked to view and respond to the policy on the school website.
- 4 Pupil consultation – pupils in years 5 and 6 will be asked what they want to learn in RSHE lessons.
- 5 Ratification – once amendments were made the policy was presented to the governors and ratified.

Definition of Relationships, Sex and Health Education in a Church School

RSHE is about the emotional, social and physical aspects of growing up; healthy relationships; sex and human sexuality and keeping healthy.

As a church school we base our RSHE on the following two commandments: 'You shall love the Lord your God with all your heart, with all your soul and with all your mind.'

'You shall love your neighbour as yourself.'

Through RSHE at All Saints CE Primary school, pupils will have the opportunity to learn how to ensure that they treat themselves and others with respect, based on Christian principles. We use our specific school Christian values to underpin teaching of RSHE. (See appendix 1)

Relationships Education

The focus of our teaching is based on the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other children and with adults. It includes respect for others and staying safe. (See appendix 2 which indicates what pupils should know by the end of primary school.)

Health Education

Health Education is a programme of teaching about physical health and fitness, healthy eating, mental wellbeing, drugs, alcohol and tobacco, basic first aid, internet safety and harms, the changing adolescent body and menstruation. This content is mandatory. (See appendix 3 for full content)

Sex Education

Sex Education in primary schools is not mandatory; however content from the Science Curriculum about human body parts, growth, puberty and animal reproduction is. As a school; in consultation with staff, governors, the county adviser for PSHE, parents and children, we have decided that it is important to include other aspects of sex education to protect and prepare the children in their physical, emotional and moral development. These non-science elements are not statutory. (See appendix 4 for our full sex education curriculum content).

Parental Right to withdraw their child from sex education

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of RSHE lessons.

Requests for withdrawal should be put in writing and addressed to the head teacher, who will arrange a meeting to discuss the request and take appropriate action.

Parents cannot withdraw their child from any part of the science curriculum, Relationships or Health education, which are now statutory.

Curriculum Delivery of RSHE

We deliver our RSHE teaching in the Biblical context that all human beings are created in the image of God (Genesis 1:26-7). All content is adapted and delivered in an inclusive way to meet the needs of pupils, including those with special education needs or disabilities. In addition staff deliver RSHE with an understanding that our pupils may have differing familial relationships, including single parent families, LGBTQ families, families headed by grandparents, adoptive or foster parents, carers/young carers etc. RSHE is taught as part of the broader PSHE curriculum, the Primary Science Curriculum, IT/Computing and RE.

Teaching is delivered by class teachers and may on occasion be supported by trained health professionals. The school uses a range of resources to deliver effective RSHE, including online and written material, anatomically correct infant dolls, videos and visitors to school. We anticipate that most RSHE lessons will be delivered to mixed groups of boys and girls. If we do separate older children, it is important to note that boys and girls will receive the same information. Appendices 2, 3 and 4 outline the curriculum content for the school in relation to RSHE, showing which topics are taught in each year group or key stage.

Dealing with difficult questions and sensitive issues

Teachers should be able to deal honestly and sensitively with children's questions including those about sexual orientation and gender. If a teacher is asked a question that they deem inappropriate for the age of the class, they would refer the child back to their parent and speak to the parent as soon as possible after the lesson. During training, staff will have discussed the range of questions they are likely to encounter and will have thought about their responses to them.

Child Protection / Confidentiality

Staff are aware that in teaching RSHE, children may make disclosures of a child protection issue. In this instance the staff member will inform the Head teacher/Designated Child Protection person in line with LA procedures for child protection. Staff members cannot promise a child confidentiality if concerns exist.

Monitoring and Evaluation

Evaluation of RSHE is vital to assess what has been learnt, how children felt about lessons and how future work can be made more effective. The PSHE coordinator and Head teacher use a range of methods to ensure that provision meets the needs of pupils including:

- Observing lessons
- Discussions with pupils, parents, teachers and governors
- Sampling children’s work
- Professional dialogue with colleagues from other schools and outside agencies

This policy is placed on the school website for reference and forms part of the induction programme for all new members of staff.

Date Issued	September 2020
Written By	DK Glover - PSHE Coordinator August 2020
Next Review	September 2021

Approved By:

Head Teacher: Janet Dunn

Date 12 November 2020.

Chair of Governors : Debbie Leyland

Date 12 November 2020

Appendix 1 All Saints CE Primary school Christian and British Values

Term	First Year	Second Year 2
Autumn 1	Generosity Individual Liberty	Thankfulness Respect and tolerance
Autumn 2	Trust Rule of law	Compassion Respect and tolerance
Spring 1	Perseverance Individual Liberty	Courage Individual Liberty
Spring 2	Justice Rule of law, democracy	Forgiveness Individual liberty
Summer 1	Service Respect and tolerance	Friendship Democracy
Summer 2	Truthfulness Rule of law	Respect Respect and tolerance

Appendix 2

All Saints CE School

Relationships Education Curriculum Content

Reception

Develop a positive sense of themselves and others; form positive relationships and develop respect for others

Develop social skills and learn how to manage their feelings

Understand appropriate behaviour in groups and have confidence in their own abilities.

Year 1

Roles of different people; families; feeling cared for

Recognising privacy; staying safe; seeking permission

How behaviour affects others; being polite and respectful

Year 2

Making friends; feeling lonely and getting help

Managing secrets; resisting pressure and getting help; recognising hurtful behaviour

Recognising things in common and differences; playing and working cooperatively; sharing opinions

Year 3

What makes a family; features of family life

Personal boundaries; safely responding to others; the impact of hurtful behaviour

Recognising things in common and differences; playing and working cooperatively; sharing opinions

Year 4

Positive friendships, including online

Responding to hurtful behaviour; managing confidentiality; recognising risks online

Respecting differences and similarities; discussing difference sensitively

Year 5

Manage friendships and peer influence

Physical contact and feeling safe

Responding respectfully to a wide range of people; recognising prejudice and discrimination

Year 6

Attraction to others; romantic relationships; civil partnerships and marriage

Recognising and managing pressure; consent in different situations

Expressing opinions and respecting other points of view, including discussing topical issues

For more detail about this curriculum content please see Statutory Early Years Framework for Reception; and PSHE Association 'Sex and Relationships Education for the 21st Century' for Years 1 – 6.

All our SRE teaching is underpinned by Blackburn Diocesan Board of Education's 'Primary School Guidance relating to Relationship and Sex Education' (September 2019)

Appendix 3 All Saints CE School

Health Education Curriculum Content

Reception

Healthy eating, fruits and vegetables

Hygiene handwashing, learning about germs, coughs and sneezes

What makes us feel happy/sad/worried?

Year 1

Keeping healthy; food and exercise, hygiene routines; sun safety

Recognising what makes them unique and special; feelings; managing when things go wrong

How rules and age restrictions help us; keeping safe online

Year 2

Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help

Growing older; naming body parts; moving class or year

Safety in different environments; risk and safety at home; emergencies

Year 3

Health choices and habits; what affects feelings; expressing feelings

Personal strengths and achievements; managing and reframing setbacks

Risks and hazards; safety in the local environment and unfamiliar places

Year 4

Maintaining a balanced lifestyle; oral hygiene and dental care

Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty

Medicines and household products; drugs common to everyday life

Year 5

Healthy sleep; sun safety; medicines, vaccinations, immunisations and allergies

Personal identity; recognising individuality and different qualities; mental wellbeing

Keeping safe in different situations, including responding in emergencies, first aid

Year 6

What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online

Human reproduction and birth (non statutory/PSHE Association); increasing independence; managing transition

Keeping personal information safe; regulations and choices; drug use and the law

Appendix 4 All Saints CE School

Sex Education Curriculum Content

Reception

Link to science and me, myself topic

Online safety

Year 1

Recognising myself

What does my body look like?

What words do I use for my body (correct anatomical or doctors' words)

Sorting animals.... Parents and offspring

Online safety

Year 2

Looking after my body

The difference between boys and girls

Good touches/ bad touches

Good secrets/ bad secrets

Video - Differences

Online safety

Year 3

Babies and their needs

Life cycles

Video - How Did I get here?

Online safety

Year 4

Keeping safe, who to tell and how to tell

Different rates of development

My life from birth onwards

Video – Growing Up

Online safety

Year 5

Physical and emotional changes at puberty

Sexual behaviours and the law (sexting)

Differing rates of development

Video – Changes (Possibly girl Talk, if teacher deems it necessary)

Online safety

Year 6

Puberty continued

Sexual reproduction (Non statutory)

Attraction to others

Online safety

Video – Girls talk, Boys talk