

## Archbishop Temple High School: LONG-TERM OVERVIEW — THEMATIC MODEL

	Autumn 1 Health & wellbeing	Autumn 2 Health and wellbeing	Spring 1 Relationships	Spring 2 Relationships	Summer 1 Living in the wider world	Summer 2 Living in the wider world
Year 7	<b>Transition and safety</b> Transition to secondary school, managing new challenge and emotions and personal safety in and outside school, including first aid	<b>Health and puberty</b> Healthy routines (with particular focus on dental health), puberty, unwanted contact, and FGM	<b>Diversity</b> Exploring diversity, the impact of prejudice, discrimination and stereotyping, and bullying including online and strategies to respond	<b>Building relationships</b> Self-worth, healthy relationships (including online) and relationship boundaries, including consent and the impact of media	<b>Developing skills and aspirations</b> Careers, teamwork and enterprise skills, and raising aspirations	<b>Financial decision making</b> Making sound financial choices, ethical business choices and managing risk
Year 8	<b>Drugs and alcohol</b> Alcohol and drug misuse and pressures relating to drug use, laws and impact of energy drinks and vaping	<b>Emotional wellbeing</b> Mental health and emotional wellbeing, learning to manage emotions, including body image and impact on self harm, eating disorders and coping strategies	<b>Discrimination</b> Discrimination and the law in all its forms, including: racism, religious discrimination, disability, and the development of self worth	<b>Identity and relationships</b> Nurturing positive behaviours, consent, 'sexting', and an introduction to contraception	<b>Community and careers</b> Equality of opportunity in careers and life choices, and different types and patterns of work	<b>Digital literacy</b> Online safety including grooming, digital literacy, media reliability, dangers of fake news and gambling hooks
Year 9	<b>Peer influence, substance use and gangs</b> Healthy and unhealthy friendships, assertiveness, aggressive, and passive aggressive behaviour, impact of alcohol and drugs, and gang exploitation	<b>Healthy lifestyle</b> Diet, exercise, lifestyle balance and healthy choices, the impact of these on mental health and body image and self examination practices	<b>Respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes including impact of separation and divorce	<b>Intimate relationships</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	<b>Setting goals</b> Learning strengths, career options and goal setting as part of the GCSE options process	<b>Employability skills</b> Employability and online presence, employment rights, developing your 'personal brand'

Year 10	<p><b>Mental health</b></p> <p>Mental health and ill health, stigma, safeguarding health including access to support and treatment, including during periods of transition or change and dangers of media misinformation</p>	<p><b>Exploring influence</b></p> <p>The influence and impact of drugs on decision making, role models and the media and impact of peers and exploitation on decision making</p>	<p><b>Healthy relationships</b></p> <p>Relationships and sex expectations, myths, manipulation and coercion including the impact of the media and pornography</p>	<p><b>Addressing extremism and radicalisation</b></p> <p>Importance of belonging in Communities, Equality Act and its impact, media misinterpretation and its dangers and challenging extremism</p>	<p><b>Work experience</b></p> <p>Preparation for and evaluation of work experience and readiness for work</p>	<p><b>Financial decision making</b></p> <p>The impact of financial decisions, debt, gambling and illegal financial actions including cyber crime</p>
	Year 11	<p><b>Building for the future</b></p> <p>Self-efficacy, stress management, balancing of time and importance of healthy sleep routines and future opportunities</p>	<p><b>Independence</b></p> <p>Responsible health choices, and access to medical health care, risk of cosmetic surgery and lifestyle and cancer links</p>	<p><b>Communication in relationships</b></p> <p>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse, including unwanted attention, abuse and support</p>	<p><b>Families</b></p> <p>Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships, including loss and bereavement</p>	<p><b>Next steps</b></p> <p>Skills for further education and to manage work/life balance and creating an safe and effective online presence</p>

