Weekly - CAREERS BULLETIN

Welcome to this week's Careers Bulletin!

W/c 23rd November 2026!

Each week, I'll share a selection of careers opportunities, events, webinars, workshops, work experience and other activities to help pupils explore different career pathways, develop their skills and discover opportunities they may not have considered. You don't need to know what you want to do in the future — explore what's available, see what interests you and discover where an opportunity might lead!

At the beginning of each month, a **Careers Newsletter** will also be shared, providing a broader overview of careers opportunities, including employer activities, work experience, apprenticeships, university and college information, competitions and useful resources. The newsletter will also **highlight Unifrog resources, guidance, free webinars and online events**, as well as useful information for pupils and parents/carers.

Together, the weekly updates and monthly newsletter will help pupils and families stay informed, explore different pathways and make the most of the career's opportunities available.

What happening this week in School?

What's Happening in School This Week?
There is plenty happening across school this week to help our pupils explore careers, discover new opportunities and start thinking about their future! From careers activities and employer encounters to talks, workshops and opportunities to find out more about different pathways, there are lots of ways to get involved.

Whether you already have a clear idea of your future career or are still exploring your options, every experience can help you learn something new. Keep an eye out for careers activities taking place this week and make the most of the opportunities available to you.

- Yr.11 Mock Exams
- Year 10 one-to-one careers appointments

Year 11 – Mock Exams and Your Future!

Over the next two weeks, many of you will be focusing on your Year 11 mock exams. This is an important opportunity to show what you know, practise your exam skills and identify areas where you may need a little extra support.

Although exams are taking centre stage right now, it is also worth remembering that your future plans are just around the corner! Whether you are considering sixth form, college, an apprenticeship or another exciting pathway, there is plenty of time to explore your options and think about what comes next. A few reminders during this busy time:

- Stay organised and make time for revision, but remember to take regular breaks.
- Get plenty of sleep and look after your wellbeing.
- Don't put too much pressure on yourself – mocks are a chance to learn, not a final judgement of your abilities.
- Remember that your careers team is here to support you with your next steps.

Good luck, Year 11! Give your mocks your best effort, believe in yourself and remember that every step you take is helping you prepare for the exciting opportunities ahead. You've got this!

Year 11 Thinking Ahead Day: Friday 11th December 2026 - Preparing for Your Future!

An exciting opportunity is coming up for our Year 11 pupils as we host our Thinking Ahead Day – a day dedicated to exploring future pathways, discovering opportunities and developing the skills needed for life beyond Year 11.



The day will be packed with valuable experiences designed to help pupils start thinking about their next steps and the many options available to them.

Morning: Explore Your Options

During the morning, pupils will take part in a series of sessions delivered by representatives from local colleges, our local university and the Department for Work and Pensions (DWP). These sessions will provide an insight into different post-16 and future pathways, helping pupils understand the opportunities available and make more informed decisions about their futures.

Afternoon: Put Your Skills to the Test!



In the afternoon, pupils will have the opportunity to take part in mock interviews with local employers. This is a fantastic chance to experience what an interview might be like, practise answering questions, build confidence and receive valuable feedback from people working in the world of work.



Interviews can feel daunting, but practising in a supportive environment is a great way to develop communication skills and prepare for future college, apprenticeship and employment applications.

Why is Thinking Ahead Day Important?

Year 11 is an important time for making decisions about the future, and this day is all about helping pupils feel more confident, informed and prepared. Whether you already have a clear idea of what you want to do or are still exploring your options, there will be something for everyone.

Watch this space! Further details about the day, including the sessions, timings and arrangements, will be shared over the next couple of weeks, so keep an eye out for updates. In the meantime, start thinking about your future aspirations and any questions you might like to ask our visiting guests.

A huge thank you to all the colleges, university representatives, DWP colleagues and local employers who are giving up their time to support our pupils.

Remember: Your future starts with the opportunities you explore today. Make the most of it!

Explore More with Unifrog

Do not forget to check out **Unifrog**, our online careers and destinations platform, where you can explore careers, courses, apprenticeships, universities and much more. Unifrog also provides access to a range of **free webinars and online events** covering different careers and future pathways.

Your next great career idea could start with one online session.

Unifrog Virtual Webinars – w/c 23rd November 2026

Take a look at the webinars happening this month below these are completely FREE! There are opportunities covering a range of subjects, careers and industries, so **choose something that interests you, register where required and give it a go!**

Date	Time	Event Details	Webinar Link
Tuesday 24th November 2026	**4.30pm (45 minutes Webinar)**	**You're hired! How to land an apprenticeship** *Want your application to give you the best chances of getting hired? Applying for apprenticeships can feel competitive, but a few smart moves can make your application stand out! In this session, discover how to identify the right roles for you and manage multiple applications without falling into common traps. We'll cover essential dos and don'ts to ensure your applications get noticed by top employers.*	https://www.unifrog.org/events/upcoming/2057-youre-hired-how-to-land-an-apprenticeship
Tuesday 24th November 2026	**5.30pm (45 minutes Webinar)**	**Medicine taster: treating patients and discovering cures** *Do you want to become a doctor, while also shaping the future of medicine? Join Vita-Salute San Raffaele University to discover the world of physician-scientists. Learn how doctors bridge clinical medicine and cutting-edge research to solve complex medical mysteries. Explore how the choices you'll make during medical school, research training, and international placements can launch your high-impact global career in healthcare.*	https://www.unifrog.org/events/upcoming/2086-medicine-taster-treating-patients-and-discovering-cures
Thursday 26th November 2026	**4.30pm (45 minutes Webinar)**	**Routes into Law: exploring different pathways** *Considering a career in law, but not sure which route is right for you? Join representatives from A&O Shearman, Ashurst Perkins Coie, and Cilex for an inside look at the legal profession. Learn more about different pathways into a legal career, from apprenticeships to university, and get top tips to help your applications stand out. Book your place today!*	https://www.unifrog.org/events/upcoming/2095-routes-into-law-exploring-different-pathways
Thursday 26th November 2026	**6.30pm (45 minutes Webinar**	**Business taster: how do you deal with the risk of cyber-attacks, extreme weather and disrupted supply chains?** *Join Lincoln Bishop University to discover how businesses spot and deal with trouble every time the world changes. From extreme weather and disrupted supply chains to cyber-attacks and social media backlash, risk is everywhere, and employers want people who understand it. We'll cover what risk is (and why it isn't always bad news), four practical ways to deal with them, and how to build a risk map to decide what to tackle first.*	https://www.unifrog.org/events/upcoming/2088-business-taster-how-do-you-deal-with-the-risk-of-cyber-attacks-extreme-weather-and-disrupted-supply-chains

Your next great career idea could start with one online session.

National Grid : Online Engineering Event – Monday 23rd November 2026 : 5pm to 6pm

For the first time this year, National Grid are opening their virtual doors to students, inviting you behind the scenes to see what it's really like to work at one of the UK's most important businesses.

If you like solving problems and enjoy projects that need logical thinking, this opportunity is for you. The event is for any student thinking about a career in engineering, with a big focus on **electrical engineering** and **renewable energy**.

National Grid, the FTSE 100 energy company employing over 30,000 people, are opening their virtual doors to students. We are running a free, one-hour online event for Year 10 to Year 13 students interested in engineering, on Monday 23 November, 5pm–6pm, after school, so students can join from home

Students will go behind the scenes to see what engineers do day to day and meet senior professionals, with a big focus on electrical engineering and renewable energy. No previous experience is needed. All the details to the online event is: **mailchi.mp/young-professionals/national-grid-are-opening-their-doors-free-engineering-event-mon-23-nov**

Apprenticeships:

Apprenticeships: Learn, Earn & Progress

Apprenticeships are for everyone. Whether you're leaving school, already working and looking to upskill, or ready for a new career, an Apprenticeship lets you gain real-world experience, earn a salary and work towards a recognised qualification.

Why choose an Apprenticeship?

- Earn while you learn – you'll be paid while training.
- Gain practical skills – learn the skills employers are looking for.
- Get industry experience – train in your chosen sector and job role.
- Build your future – progress from entry-level training through to a degree.

Your future starts here - Whatever your age or career goal, there's an Apprenticeship pathway to help you get there.



Discover the amazing world of apprenticeships
Read on to be informed and inspired with careers resources, webinars, vacancies, and more...
https://www.amazingapprenticeships.com/

Find an apprenticeship:



Use the following websites to search for apprenticeships:

- https://www.gov.uk/apply-apprenticeship
- https://www.preston.ac.uk/apprenticeships/
- https://www.nltg.co.uk/apprenticeships-in-preston/
- https://www.healthcareers.nhs.uk/career-planning/study-and-training/nhs-apprenticeships
- https://runshaw.ac.uk/study-at-runshaw/apprenticeships/
- https://www.training2000.co.uk/apprenticeships

Upcoming Webinars – Autum Term

2nd December 2026 | 18:30 – 19:15

NavigATE: How to stand out in the apprenticeship application process



When it comes to applying for apprenticeships, it's not just about ticking boxes – it's about showing who you are and what you can bring to your future employer and their organisation. In this webinar we hear what employers say makes people stand out and share practical ideas on how to stand out for the right reasons.

Book now:
https://www.amazingapprenticeships.com/events/navigate-how-to-stand-out-in-the-apprenticeship-application-process/?utm_source=nov&utm_medium=nav+dec&utm_campaign=sun+mailing

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Upcoming Open Events



Below you will find a list of local colleges and sixth forms, along with their upcoming open days and evenings. Take a look, make a note of any events that interest you and, where possible, register in advance. **Your next step starts with finding out what's out there!**

Cardinal Newman College	• **Saturday 6th February 2027 : 10am - 1pm** **https://www.cardinalnewman.ac.uk/apply-now/open-events**
Runshaw College	• **Wednesday 3RD March 2027, 4pm – 8pm** **https://runshaw.ac.uk/events/category/open-events/list/**
Preston College	• **Thursday 4 March 2027 : 4pm – 7pm** **https://www.preston.ac.uk/news-and-events/college-calendar/**
Myerscough College	**Saturday Course Advice Mornings** • **Saturday 6th February 2027** • **Saturday 17th April 2027** **https://www.myerscough.ac.uk/schools-liaison/open-mornings-and-events/**
Lancaster Royal Grammar	• **Thursday 24 September 2026 : 5.30pm-7.30pm** **https://www.lrgs.org.uk/sixthform/admissions**
Lancaster Girls Grammer Sixth Form	• **Wednesday 4th November 2026 : 5.30pm - 7.30pm** **https://www.lggs.org.uk/sixth-form/applying-to-our-sixth-form#**
Hutton Sixth Form Grammar	• **Thursday 22nd October 2026 : 6pm-8pm** **https://www.huttongrammar.org/sixth-form/**
Training 2000	• **Wednesday 27 January 2027 : 4.30pm – 7.30pm** • **Thursday 28 January 2027 : 4.30pm – 7.30pm** **https://www.training2000.co.uk/events/**

That's all for this week's Careers Bulletin!

Remember: you do not have to know exactly what you want to do yet — every opportunity to explore, learn and ask questions brings you one step closer to discovering what could be right for you



If you prefer, please feel free to reach out to schedule a meeting or to raise any initial questions regarding career planning and available opportunities by emailing: **s.khan@archbishoptemple.com**

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