



Armathwaite School
ARMATHWAITE
Cumbria
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Headteacher: Mrs Helen Hepworth

26-11-18

Dear Parents,

Please find attached a draft copy of our school's food policy which our governing body approved at our meeting on Monday night. The aim of the policy is to capture our vision to prepare all our students for life in the fast moving 21st century. This includes developing lifelong healthy eating habits and behaviours. It links closely with our PE and School Sports work (physical health) and recognises the importance of positive mental health and well-being which are a priority at Armathwaite School. We strive to support our children to learn about healthy eating and in developing a healthy relationship with food.

I have consulted the children and staff about the policy and would now like to share it with you. If you have any comments or suggestions please let us know by completing the slip below or catching us for a chat.

Yours sincerely,

Helen Hepworth
Headteacher

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Armathwaite School Food Policy 2018

Name.....

Comments:

