Armathwaite School PE and School Sport Fund

Action Plan for 2015-16

Impact Review March 2016

Priorities

- Maintain and further develop physical fitness and well-being during break times.
- Maintain and extend the range of equipment for playtimes.

Bird's Nest Log Clamber Stack

Our bird's nest log clamber stack was chosen during student voice assembly following a lot of research and discussion.

The log clamber stack is in use by children every break time. We specifically chose a low, wide structure which would be challenging but safe for all our children (Year Reception right through to Year 6) and which would allow a large number of



children to access it at the same time. Monitoring shows us that this has been successful and we are pleased to see how from September children are becoming more skilful in using



the equipment and challenging themselves to do more. Using it is helping children to improve balance, coordination, strength and stamina.

It is such good fun and you get a fantastic view from the top of the river Eden winding through the valley too! It is an inspiring place to play!

The log clamber stack is used for lots of different play. We are so lucky that our fantastic PTFA raised the money to pay for the log clamber stack. We used our PE and School Sport Fund money to pay for the grass safety mats and installation.



We asked the most important people to evaluate the impact the log clamber stack has had and this is what they said:

Question 1. Has the log clamber stack made a difference to playtimes? How and why?

Yes because Charlotte, Philippa and I walk across the middle pole and balance. I couldn't do that when we got it but I can now.

Lucy Year 3

It builds people's confidence when climbing on things like that.

Aaron Year 6

It has made a difference because there are lots of different games like 'Last Person Standing' (Lewis H Y6), 'Window Cleaners' (Jonny Y4), 'Who Can Stay on Longest?' (Flynn Y5), 'Hanging on Endurance (Henry Y4) and 'Tag' (Millie Y3).

You can play "Laser Beams." You go underneath and the wood is the laser beams and you can't touch them!

Tyan Year 4

Question 2. Has the log clamber stack been good value for money? Why or why not?

"Yes because it's multipurpose, lots of people use it."

"It is good value for money for the reasons above and it is used every playtime."

Question 3. Does the log clamber stack help physical skill development in the way we hoped it would? It helps balancing It makes you skills. Yes! My muscles get stronger. really fit. Rosie Gargett Y3 Conall Year 2 Daisy Year Reception Helps develop Yes, it helps balancing skills. It helps your brain. balance. Flynn Year 5 Chloe Year Reception Kara Year 4 It helps balance and upper body strength. It supports climbing and team work/collaboration skills. Katie Year 5 Henry Year 4 It develops core stability and strength. It helps to develop thinking skills. Poppy Year 6 Lewis H Year 6 It develops Oh yes, it is great more advanced for doing a roly Stomach and leg and clinging on. poly! Stanton Y2 arm muscles. Aaron Year 6 Tyan Year 4 It's FUN and it makes you feel HAPPY! Mrs H

Question 4. Is the log clamber stack inclusive? Is there any way we could improve the log clamber stack?

"It's good as all ages can go on it and it's good for interacting with other people, as well as climbing.

It provides opportunities for older children to teach younger ones."

Thea Year 6

No-one felt that there was a need to improve anything on the log clamber stack at the moment.

