



**Armathwaite School**  
**ARMATHWAITE**  
**Cumbria**  
**CA4 9PW**

**016974 72296**  
**head@armathwaite.cumbria.sch.uk**

**Headteacher: Mrs Helen Hepworth**

12-6-19

Dear Parents,  
Residential Visit to Whithaugh

Count down has commenced and great excitement abounds!!! Last few details below.

The coach will leave on Wednesday morning after wake up, shake up for arrival before lunch. We will take a packed lunch with us so all children need to bring this with them on Wednesday morning please. Your child will also need a named drink bottle (not precious in case they lose it). We will return to school for the end of the day, 3.30pm, on Friday.

Mrs Dowes needs all final payments by Friday please.

On Wednesday morning we will provide parents of children going on the residential with a phone number they can use to contact Mrs Anderson out of school hours, in case of an emergency ONLY. All your emergency contact numbers will be taken with us on the visit in case we need to contact you, so if you have recently changed your number please make sure school has been informed.

Mrs Gill, Mrs Dowes and I will be accompanying the children to Whithaugh. We have three log cabins to sleep in and 1 member of staff will be in each cabin. The fourth log cabin will be our day room. We will have self-service breakfast and lunch, with an evening meal also provided. On Friday we will be provided with a packed lunch before we leave. Mrs Anderson and all other staff will remain in school with the Year Reception, 1, 2 and 3.

#### Kit List

We have attached the kit list from Whithaugh for you again. It outlines everything your child will need during the visit. Please make sure your child has a good set of waterproof clothing, coat, trousers and shoes. Warm clothes make such a difference. A little tip ~ if you put a spare plastic bag in your child's case they can bring their dirty clothes home in it! Please write our child's name on everything you can. Girls with long hair need several bobbles so they can tie their hair back.

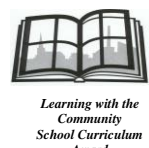
#### Bags

Your child will need to bring their luggage in 1 sturdy bag with their name on. Please find a luggage tag to use for this. Bedding is provided.

#### Itinerary

Activities will include zip wire, open canoe, raft building, problem solving, bushcraft, scavenger hunt, games in the sports hall, low ropes and swimming. What exciting adventures we are going to have!

This letter is also available on the website



## Food

With the exception of the packed lunch we take with us all food will be provided by the centre. To avoid difficulties which may arise **NO FOOD or SWEETS** must be brought by children. It really does cause problems. I will make sure we have plenty of treats and snacks we can ALL share should we need them. There is plenty of great food available at mealtimes.

## Medicines

Please make sure that you see us about any medication your child may need during the visit. Mrs Dowes has medicine administration consent forms in school which must be completed. I will be in responsible for medicines whilst we are away.

## Spending Money

Children do NOT need any money. Also, no phones, cameras or other mobile devices. However a favourite teddy, books and cards to play are fine to bring along.

Let the adventures begin!

Yours Sincerely,

### **Kit List**

#### **Clothing**

- Old trainers for watersports
  - Indoor shoes
  - Suitable nightwear
  - Sun hat, sun cream
  - Swimming costume
- Trainers for dry activities
- Trousers/ shorts (below the knee) for activities
  - T shirts
  - Underwear
  - Jumper
- Waterproof jacket and trousers
  - Wellies

#### **Other items**

- Bag for muddy kit
  - Torch
- Towel for showering & swimming
- Wash bag ( soap, shampoo, toothpaste and brush etc)-

This letter is also available on the website

