



ARMFIELD PRIMARY

PSHE CURRICULUM MAP 2025-2026

	AUTUMN	SPRING	SUMMER
	KS1		
Y1	<p style="text-align: center;"><u>Relationships</u></p> <p>Pupils learn about families and caring people in their lives, the importance of privacy and permission, and how kindness and respect affect others.</p>	<p style="text-align: center;"><u>Living in the Wider World</u></p> <p>Pupils study why rules matter, ways to look after the environment and how to use the internet and digital services.</p>	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p>Pupils learn about healthy routines including food, exercise, hygiene and sun safety. Pupils discuss feelings, growing older, and simple online safety.</p>
Y2	<p style="text-align: center;"><u>Relationships</u></p> <p>Pupils learn about making and keeping friends, managing secrets safely, recognising hurtful behaviour, and valuing similarities and differences.</p>	<p style="text-align: center;"><u>Living in the Wider World</u></p> <p>Pupils study belonging to groups, taking on responsibilities, celebrating diversity in communities, using the internet, and understanding money as needs versus wants.</p>	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p>Pupils learn about sleep, medicine, dental care, and managing feelings. Pupils study growing older, naming body parts, moving class, and staying safe at home or outside.</p>
	KS2		
Y3	<p style="text-align: center;"><u>Relationships</u></p> <p>Pupils learn about different types of families, personal boundaries, bullying (including online), and showing respect and courtesy.</p>	<p style="text-align: center;"><u>Living in the Wider World</u></p> <p>Pupils study the value of rules and laws, rights and responsibilities, how to assess online information, and different jobs and skills.</p>	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p>Pupils learn about health choices, managing feelings, recognising achievements, and reframing setbacks. Pupils study safety and risks and hazards in local and unfamiliar places.</p>
Y4	<p style="text-align: center;"><u>Relationships</u></p> <p>Pupils learn about positive friendships, including online, responding to hurtful behaviour, respecting differences, and discussing diversity sensitively.</p>	<p style="text-align: center;"><u>Living in the Wider World</u></p> <p>Pupils study what makes a community, shared responsibilities, how data is shared online, and making decisions about money.</p>	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p>Pupils learn about maintaining a balanced lifestyle, oral hygiene, and dental care. Pupils study physical and emotional changes in puberty, and medicines and everyday drugs.</p>
Y5	<p style="text-align: center;"><u>Relationships</u></p> <p>Pupils learn about managing friendships and peer influence, staying safe with physical contact, and recognising prejudice and discrimination.</p>	<p style="text-align: center;"><u>Living in the Wider World</u></p> <p>Pupils study protecting the environment, showing compassion, understanding how information online is targeted and job interests and aspirations.</p>	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p>Pupils learn about healthy sleep, sun safety, medicines, and allergies. Pupils study personal identity, individuality and mental wellbeing and keeping safe with first aid and emergencies.</p>
Y6	<p style="text-align: center;"><u>Relationships</u></p> <p>Pupils learn about attraction, romantic relationships, marriage, managing pressure, consent, and expressing opinions respectfully.</p>	<p style="text-align: center;"><u>Living in the Wider World</u></p> <p>Pupils study valuing diversity, challenging discrimination, evaluating media sources, sharing safely online, and managing financial choices and risks.</p>	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p>Pupils learn about mental health, managing change, loss and bereavement. Pupils study human reproduction, growing independence, transition to secondary school, and keeping safe with personal information, drugs, and the law.</p>