



"An Academy to be Proud of"

Headteacher | Dr J. Hutchinson, PhD, NPQH
Lytham Road | Blackpool | Lancashire | FY4 1TL
t: 01253 207702 | e: admin@armfield.fcat.org.uk

Dear Parents/Guardians

At Armfield Academy we are dedicated to supporting the wellbeing of all our students.

We acknowledge that some individuals may need more support than others, especially in difficult times. Some of these students may be supporting family members or friends with their health and wellbeing. These students are known as young carers.

A young carer is a child or young person under 18 who provides, or intends to provide support to another person who;

- Has a long-term health condition
- Has an additional need or disability
- Has a drug or alcohol dependency

They do not necessarily have to be living in the same home as the person needing support.

We want to ensure that young carers at our school are identified and get the recognition and support they deserve, in a way they are comfortable with, to help them to thrive.

We are aware of some young carers in our school already, but we also know there are likely to be many more whom we are not yet aware of.

We are encouraging parents and guardians to let us know if their child is a young carer, and also invite students themselves to come forward and talk to us about their caring role. This will allow us to work together to explore ways in which we can support them. You can let us know by using this link to complete a google form <https://forms.gle/8BsnCLWdGr7M5hsD6> or by contacting myself, **Rachael Spencer (YOUNG CARERS CHAMPION)** via email r.spencer@armfield.fcat.org.uk

Young carers, young adult carers and carers of adults can receive direct support from local charity Blackpool Carers' Centre. Through them, unpaid carers can access free wellbeing activities and access a dedicated support team, as well as information and advice.

You can register with Blackpool Carers' Centre here - <https://blackpoolcarers.org/online-carers-referral-form/> or by asking school to refer on your behalf.

Yours Sincerely
Rachael Spencer

YOUNG CARERS CHAMPION

