

<u>Armfield Academy – PSHE & RSE</u>





Post-Covid RE and PSHE will be during the same hour slot. There will be a half term of RE then a half term of PSHE. This is the plan for the RE elements of the year. Three half terms worth of work.

Week Commencing	Curriculum Overview Setting Goals	Home Learning link Half Term 1
2 nd November	Exploring personal strengths	Google Classroom
9 th November	My strengths	Google Classroom
16 th November	Employment and career pathways	Google Classroom
23 rd November	What do you feel about future employment?	Google Classroom
30 th November	Setting goals for the future	Google Classroom
7 th December	GCSE and post 16 options	Google Classroom
14th December	Skills for decision making	Google Classroom
	Healthy Lifestyle	Home Learning link Half Term 4
22 nd February	The relationship between physical and mental health	Google Classroom
1 st March	Making healthy eating choices	Google Classroom
8 th March	Balancing our lifestyle	Google Classroom
15 th March	What influences body image?	Google Classroom
22 nd March	Physical health responsibility	Google Classroom
	Intimate Relationships	Home Learning link Half Term 6
7 th June	It's your choice- Sexual Activity	Google Classroom
14 th June	Consent	Google Classroom
21 st June	The consequences of unprotected sex, including pregnancy	Google Classroom
28 th June	Safer sex	Google Classroom
5 th July	Sexual images and 'Sexting'	Google Classroom
12 th July	Portrayal of relationships in the media	Google Classroom
19 th July	Assessment	Google Classroom