AVJS Bulletin: 24th September 2021

As another week draws to a close, I have been able to look back and reflect on the challenges that have been presented to us all. You will have seen earlier in the week that I wrote to you about the increasing number of positive cases of Covid 19 that we are experiencing amongst the children and the staff, as are many other schools across the country. This places a strain on everyone; you, as you try to look after your families and go about your normal routines and us in supporting the children in the best ways we can with less staff. We always put the children first at Arno Vale and hope that the inevitable changes in staff that some have experienced does not detract from their learning and enjoyment of school. We also feel that the number of positive cases of Covid in school will increase over the term. If you do have a case in your family, it is advised that the close contacts of that person go for a PCR test even if they test negative on a lateral flow test.

We will be holding our first FOAV meeting of the year on Tuesday, 28th September at 6pm in the school hall. If you would like to attend, you will be most welcome. Your involvement in the Friends Of Arno Vale can be as big or as small as you like, so please do not worry that you will be tasked with jobs that take you out or your comfort zone or time constraints.

Well done to Harry, Eddie, Gabriel, Arron, Emmett and Freddie who attended a Boccia festival at The Carlton Academy this week. They impressed the staff with their determination and sportsmanship and were a pleasure to take. For some, it was the first time that they had represented the school and we are all very proud of them.

The staff at Woodthorpe Library would like to thank the children from Arno Vale who joined in the Summer Reading Wild World Heroes Challenge during the summer holiday. The children enjoyed selecting library books, reading and telling the library staff about them to gain their stickers, gifts, medal and certificate.

If you use Club Vale, I would like to remind you to book your breakfast and / or after school sessions by midnight on a Thursday for the following week. You can book as many weeks in advance as you like, providing there is enough money credited to your account.

I have been really pleased with the number of children who are having a

cooked school meal. The quality of the meals is excellent and Mrs Tait, our catering manager, spends lots of time ensuring that the food is of the best quality it can be and is what the children like whilst adhering to school catering guidelines. If you would like your child to have a school meal, you will have to book for the whole week (we are unable to do part weeks) and bookings must be made by midnight on a Sunday. There are two choices of main course and an option to have a jacket potato. I have attached copies of the menus for this term at the end of this bulletin.

I would like to remind you that at drop off and pick up times, the trim trail, large play equipment and grass bank at the rear of the school are not to be used by anyone. This is for safety reasons. Thank you.

From National Online Safety:

Most smartphones allow parents and carers to choose which apps and features appear on their child's device and which ones don't – also preventing young people from buying and downloading anything that's unsuitable for their age. Our #WakeUpWednesday guides to parental controls for managing apps on Androids will help you to reduce the chance of your child using a game or app that might not be appropriate for their age. In the guide, you'll find tips on a number of tips such as how to block app downloads, how to stop auto-updates and how to restrict apps.

For Android apps:
https://primarysite-prod-sorted.s3.amazonaws.com/arnovale/UploadedDocument/c0d39c83-5c1b-4658-9dd4-70bce458ba7b/parental-controls-for-android-apps.pdf

For iphone apps:
https://primarysite-prod-sorted.s3.amazonaws.com/arnovale/UploadedDocument/e88f96da-7125-4f57-adfd-4c9a305f727a/parental-controls-for-iphone-apps.pdf

Community News

Mr Ward and Mr Lindley have asked me to let you know that there are still places available for their privately run multi sports camp in October half term. The dates available are:

Tuesday, 19th October
Wednesday, 20th October
Monday, 25th October
Tuesday, 26th October.

Thank you.

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Café Vale

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 30/08/21 20/09/21 11/10/21 15/11/21 6/12/21	Pizza with potato wedges or Pasta bake with seasonal vegetables	Chicken curry or Quorn curry with rice and naan and seasonal vegetables Jacket potato	Spaghetti Bolognese and garlic bread with Seasonal vegetables	Sausages or Quorn sausage and mash with Yorkshire pudding and seasonal vegetables	Fish dippers or Cheese and onion roll with chips and seasonal vegetables
	Homemade flapjack	Homemade marble sponge and custard	Raspberry ripple ice cream cake	Crispy jam tart and custard	Mrs.Flints chocolate squares
	Available everyday: yogurt and fresh fruit.				
Allergies	Gluten, milk	Gluten, egg milk	Gluten, egg milk	Gluten, milk,	Fish, gluten, milk, egg

Feelin' Fresh

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Café Vale

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 06/09/21 27/09/21 04/11/21 22/11/21 13/12/21	Vegan sausage roll or 3 bean cheese topped enchilada with diced potatoes and seasonal vegetables	Homemade lasagne or Vegetable lasagne with garlic bread and seasonal vegetables	Roast chicken Or Roast quorn With stuffing roast potatoes vegetables and gravy	Beef taco or Mixed bean taco with potato wedges and seasonal vegetables	Battered fish fillet with chips and mushy peas or Jacket potato with seasonal vegetables
	Homemade chocolate sponge and chocolate sauce	Fruit yogurt	Homemade butterscotch tart	Homemade jam and coconut sponge and custard	Fruit in jelly
	Available everyday: yogurt and fresh fruit.				
Allergies	Milk, gluten, egg	Milk, gluten	Gluten, milk	Milk, gluten	Gluten, fish, milk

Feelin' Fresh

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Café Vale

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 13/09/21 14/10/21 08/11/21 29/11/21	Macaroni cheese and garlic bread or Vegetable nuggets and potato wedges with seasonal vegetables	Maloney's sausages or Vegetable sausages with Yorkshire pudding and mashed potatoes seasonal vegetables	Roast gammon Roast potatoes Seasonal vegetables or Quorn roast	Meatballs in tomato sauce in a sub roll or Vegetarian meatballs in tomato sauce in a sub roll Jacket potato	Fish fingers and chips with mushy peas or Vegetarian curry with rice and naan bread
	Apple crumble and custard	Fruit salad	Honey cake	Cornflake tart and custard	Fruit ice cream tub
	Available everyday: yogurt and fresh fruit.				
Allergies	Gluten, Milk	Milk, Gluten, egg	Milk, Gluten	Milk, Gluten	Gluten, fish

Feelin' Fresh