



Bulletin: 1st March 2024

Welcome to spring! We are looking forward to seeing you next week at the parent consultation meetings. We apologise for the confusion this week when an email was sent out informing you to book your slot as your previous booking had been cancelled. This was a centrally generated email and we will look to ensure that it doesn't happen for the autumn meetings.

Just a reminder that if your child has an inhaler at home, then we also need one in school. You will need to fill in a health care plan and medicine consent form which can be found on our website by clicking on the link below or you can pick one up from the school office.

<https://www.arnovale.co.uk/medicine-form/>

Stars of the week:

6 Purple: Lewis and Zoe for excellent determination this week and Will W for a really positive week.

6 Blue: Jacob and Henry for showing curiosity, enthusiasm and great sportsmanship.

5 Red: Lily E for showing pride and determination in her writing and Matylda for showing determination to create a great mixed media piece of art.

5 Green: James for being honest and respectful and Amen for always showing all of our school values.

4 Orange: Rowan for showing lots of curiosity about the Anglo Saxons and Narai for always making us smile with his curiosity!

4 Yellow: Eliza for being kind and caring towards others and Amelia for always following the school rules and values

3 Grey: Charlie for being ready for all of his learning this week and Patrick, Harry and Stanley for their enthusiasm in PE this week.

3 White: Christy for always showing enthusiasm and curiosity and Charlotte for always showing all of the school values.

Well done to all of our stars!

Birthdays:

Jessica was 10, Edward and Robyn were 11, Patrick and Raife were 8 and Edee was 9! happy Birthday to you all!

Out of school achievements:

Elsie M shared her certificate and trophy for her acrobatic dance. Well done!

Reading challenges:

Well done to Evie, Elizabeth, Annis, Eliza, Sophia, Edith, Adrian, Imogen, Seb, Miami, Tilly, Freya, Olivia, Sum Yau and Matilda who completed the February reading challenge.

Sports achievements:

Well done to all of the children who took part in the tag-rugby and table tennis competitions this week!



A message for parents of children in year 4: As we are approaching parents' evening, we thought it would be helpful to hold a short briefing about the multiplication check and how it works. This will mean your appointment can focus solely on how your child is doing. You are welcome to join us at 3:45 on Monday 4th March for a short meeting. Information will be posted on Dojo after the meeting for those who are unable to attend.

We all know the importance of regular attendance at school and how missing time can impact on a child's learning. We fully understand that children do become poorly and that sometimes, time off is necessary. We monitor attendance closely and have a duty to inform you if your child's attendance drops. We want to work with you to make sure that we are doing all we can to keep your child's attendance high. We ask that non-urgent appointments such as those with a dentist or optician are made either after school hours or during the school holidays. Thank you for your support and co-operation.

On Wednesday, Milana, Maryam, Bea, Heidi, Mia, Georgie, Margaux, Madina went to Paviers Rugby Club to play Tag Rugby! They played 4 games - drew 3 and won 1 - and enjoyed 2 hot dogs each at the end! On Thursday, Henry, Nico, Laila and Elizabeth went to Redhill to play table tennis. They played lots of games with children from other schools. Both teams demonstrated amazing sportsmanship.



It's not too late to submit your 500 word stories for our World Book Day competition - the closing date is on Monday so you still have the weekend to be creative!

The story should be 500 words or less and can be written in any style or about a subject of your choosing. Let your creativity and imagination run wild!

Stories can be handwritten or completed on a computer.

Entries should be submitted to Miss Oates (in person or via Class Dojo) by Monday 4th March. Winners will be judged by a member of the school governing body and will be announced on World Book Day Thursday 7th March. Prizes will be awarded, including a 2023/24 Chelsea home shirt signed by England international Connor Gallagher.

For inspiration and ideas on what 500 words looks like visit:

<https://www.bbc.co.uk/teach/500-words/stories-collection/z4fhvj6>

We would like to remind you that if your child has guitar lessons in school, payment is now due for this term and is on your ParentPay account.

We would also like to thank you for your interest in ukulele lessons; the lessons will be going ahead in the summer term. Unfortunately, we cannot accept any more applications for ukulele lessons as we are now full.

Information for Parents and Carers about reading at Arno Vale.

In 2023, The National Literacy Trust published the findings of their annual survey. Just 2 in 5 (43.4%) children and young people aged 8 to 18 said that they enjoy reading in their spare time. This is the lowest level since they first asked the question in 2005.

The theme for World Book Day 2024 is *Read Your Way*: to promote reading for pleasure or enjoyment. Their approach is based on 6 key elements to help support a child to read for pleasure:

- Being read to regularly
- Having books at home and at school
- Finding time to read
- Having trusted help to find a book.
- Making reading FUN!

In school, we shall be focusing on reading for pleasure for the whole week, not just on World Book Day itself. We are not asking the children to dress up. Instead, each class will be doing a couple of activities to encourage reading for pleasure. There will also be a competition launched across school to see which class reads the most books before Easter. Miss Oates has already launched the 500 words writing competition. Please take this opportunity to talk to your child about what they have been reading and discussing in school.

How can you help?

1. Encourage your child to read.

Reading helps your child's wellbeing, develops imagination and has educational benefits too – children who read more don't only do better in English, they also do better in science and mathematics too. Reading for just a few minutes per day can have a big impact on children of all ages.

2. Read aloud regularly.

Try to read to your child everyday. Children of all ages love to sit and listen to stories. It can be a special time to snuggle up and enjoy a story. Stories matter and children love re-reading them and poring over the pictures. Try adding funny voices to bring characters to life.

3. Encourage reading choice.

Give children lots of opportunities to read different things in their own time. It doesn't just have to be books, it can be online too. There's fiction, non-fiction, poetry, comics, magazines, recipes and much more. Try leaving interesting reading material around the house and see who picks it up.

4. Read together.

Choose a favourite time to read together as a family and enjoy it. This might be everybody reading the same book together, reading different things at the same time or getting your children to read to each other.

5. Create a comfortable environment.

Make a calm, comfortable place for your family to relax and read independently or together.

6. Make use of our local libraries.

Our local libraries offer a range of services. Alongside borrowing books, you can borrow ebooks, reserve books, and access other online resources. They are free to join.

Woodthorpe	Arnold	Mapperley
Mon: 2PM - 6:30PM	Mon: 9AM - 6PM	Mon: 1PM - 5:30PM
Tue: Closed	Tue: 9AM - 6PM	Tue: 9AM - 1PM
Wed: 2PM - 6:30PM	Wed: 9AM - 6PM	Wed: 2PM - 5PM
Thu: Closed	Thu: 9AM - 6PM	Thu: 9AM - 1PM
Fri: 10AM - 1PM, 2PM - 5PM	Fri: 9AM - 6PM	Fri: 2PM - 5PM
Sat: Closed	Sat: 9AM - 4PM	Sat: 9AM - 1PM
Sun: Closed	Sun: Closed	Sun: Closed

7. Talk about Books.

This is a great way to make connections, develop understanding and make reading even more enjoyable. Start by discussing the front cover and talking about what it reveals and suggests the book could be about. Then talk about what you've been reading and share ideas. You could discuss something that happened that surprised you, or something new that you found out. You could talk about how the book makes you feel and whether it reminds you of anything.

8. Engage your child in reading in a way that suits them.

You know your child best and you'll know the best times for your child to read. If they have special educational needs and disabilities (SEND) then short, creative activities may be the way to get them most interested. If English is an additional language, encourage reading in a child's first language, as well as in English. What matters most is that they enjoy it.

Diary Dates 2023 to 2024 March 1st

Arno Vale Junior School Diary Dates 2023 to 2024	
Tuesday, 5th March 24	Parents' Consultation Meeting – 3.40-6.30pm
Wednesday, 6th March 24	Parents' Consultation Meeting – 3.40-6.30pm
Thursday, 7th March 24	Parents' Consultation Meeting – 3.40-6.30pm
Thursday, 7 th March 24	World Book Day
Friday, 8 th March 24	Book Sale for World Book Day
Tuesday, 12 th March 24	Mothers' Day Afternoon Tea
Wednesday, 13 th March 24	Mothers' Day Afternoon Tea
Friday, 15 th March 24	Comic Relief
Friday, 22 nd March 24	Film night
Thursday, 28th March 24	End of day open session for parents
Thursday, 28 th March 24	Last Day of the Spring Term
Monday, 15 th April 24	First Day of the Summer Term
Wednesday, 24th April 24	Curriculum evening for parents
Monday, 6 th May 24	Bank Holiday
Monday 13 th May 24	Year 6 SATs week
Wednesday, 22 nd May 24	Y3 Trip to Brackenhurst
Thursday, 23 rd May 24	Y3 Trip to Brackenhurst
Friday, 24th May 24	English and maths open morning for parents
27 th May – 31 st May 24	Half Term week
Monday, 3 rd June 24	Inset Day – school closed to pupils
Thursday, 20 th June 24	School Games Afternoon
Tuesday, 25 th June 24	Back up School Games Afternoon
Tuesday, 2 nd July 24	Year 5 INSPIRE day at Arnold Hill
Wednesday, 3rd July 24	Year 6 Arnold Hill Transition Day 1
Thursday, 4th July 24	Transition Day
Thursday, 4th July 24	New Parents Meeting – 6pm
Thursday, 4th July 24	Dukes Barn Meeting for Y3 parents 5.30pm
Thursday, 4th July 24	Year 6 Arnold Hill Transition Day 2
Friday, 12th July 2024	Inset Day – school closed to pupils
Tuesday, 16 th July 24	Y6 Performance
Wednesday, 17 th July 24	Y6 Performance
Friday, 19th July 24 (TBC)	FOAV Summer Fair 3.35-5.00pm
Tuesday, 23 rd July 24	Y6 Leavers' Festival
Friday, 26 th July 24	Last Day of the Summer Term

Multi sports camp

@ Arno Vale Junior School

Football, golf,

Basketball, Hockey,

Time: 9-3

Cricket, Dodgeball,

Price: £17 per day

Tag Rugby, Tennis

Age: 5-11

2nd and 3rd April 8th and 9th April

Bookings must be paid on or before Monday 25th March 2024 by Bank transfer to: Sort 77-22-16 Account 00057688 Account name Mr Daniel Ward

BOOK EARLY TO AVOID DISAPPOINTMENT AS SPACES LIMITED.

For more information please contact:

Mr Lindley 07858744626 or Mr Ward 07901967644

Email: multisportscamp@hotmail.com

[Click here for the booking form.](#)

Anxiety Explained

Do you, or your children (especially your teens) suffer from anxiety?
Would you like to know what anxiety is and gain some understanding on how to manage it?



A two-hour online talk delivered by
Jane Keyworth, Lead Facilitator at **FACE**
THURSDAY MARCH 7th. 7-9PM £24
Available to book now facefamilyadvice.co.uk

Looking for professional football sessions for your girl or boy that are fun,
no-pressure and led by experienced coaches?

*New weekly sessions starting soon at
St John the Baptist Primary School
in Colwick!*

Saturdays 9am (ages 4-7)

Saturdays 10am (ages 8-12)

Satutrdays 11am (girls only)

**Plus regular sessions throughout the week
in Arnold, West Bridgford, Hucknall & Basford**



Membership starts at £5/week or pay-as-you-play
We're the best value and the best coaching around!

Contact **07775 687682** for more information

All coaches are
experienced,
fully-trained and
DBS certified





March 2024

Newsletter

FACE it!



Available to book now!

Approved CPD training for anyone who works with children or teenagers.

**National Standards CPD accredited
with certificate**

Thursday
21 March

19:00 - 20:00

FREE



FREE SESSION

Understanding Addictive
Behaviour - Screens, gaming,
drugs and more

Tuesday
19 March

19:00 - 21:00

£24



What is ACT?

An introduction to Acceptance
and Commitment Therapy

Thursday
28 March

19:00 - 21:00

£24



Supporting a child with ADHD
challenging the stereotypes and
giving practical advice

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

NOTTINGHAMSHIRE BASKETBALL ASSOCIATION TRIALS

**U11 BOYS & GIRLS
SCHOOL YEARS 5 AND 6**

**23
MARCH**

Mapperley Sports
Village, Ransom drive
NG3 5LR

**12PM-
2:30PM**

Register
now:
£3 cost.



Tournament:
Sun 9th June
2024

For more information please contact Austin Grant:
Shootclock2003@yahoo.com
07940361961

Are you or your children struggling
to get a decent night's sleep?



Supporting Healthy Sleep

5th March 7-9pm £24

Jane Keyworth, Lead Facilitator at FACE
giving a two hour online talk on what interferes with
healthy sleep and how we can make small changes to
reduce insomnia and sleep disturbances.

Book online at facefamilyadvice.co.uk

FRIENDS OF WOODTHORPE GRANGE PARK



Are you concerned about environmental issues that surround Woodthorpe Park, then why not become a member of the Friends of Woodthorpe Grange Park.



By becoming a member you will have the opportunity to address those concerns. As a member you'll be able to take advantage of the new membership scheme where you will receive a 10% discount in the Plant Shop and adjacent café.

For more information of how you can take advantage of the membership scheme or, should you wish, to take part in the Friends various activities, visit the Friends website at www.woodthorpefriends.co.uk



facebook

Friends of Woodthorpe Grange Park



OfWoodthorpe